KAISERSLAUTERN AMERICAN

FEBRUARY 8, 2013 HAVE YOU READ YOUR KA TODAY? VOLUME 37, NUMBER 5

Education: It's your future

Photo by Airman 1st Class Dymekre Allen

by Senior Airman Whitney Stork
86th Airlift Wing Public Affairs

The Ramstein Education Office hosted an education fair for all Department of Defense ID card holders and their families Jan. 31 at the Kaiserslautern Military Community Center on Ramstein.

This event is held annually to inspire people to get started on their education or to further pursue a degree. Sixteen different organizations from around the KMC area attended to inform the community about the educational opportunities available to them.

"These types of events are used to raise awareness. I think a lot of people would be surprised how many are not utilizing the tuition assistance that is available

See EDUCATION, Page 5

Sixteen different organizations from around the KMC attend the education fair to inform about career advancing opportunities Jan. 31 at the Kaiserslautern Military Community Center. The Ramstein Education Office hosted the fair to inspire people to get started on their education or to further pursue a degree.

New IDOC for KMC opens

Story and photo by Senior Airman Caitlin O'Neil-McKeown
86th Airlift Wing Public Affairs

The 569th U.S. Forces Police Squadron on Vogelweh Military Complex celebrated the opening of Kaiserslautern Military Community's new Integrated Defense Operations Center with a ribbon cutting ceremony at their new facility Feb. 1. The IDOC, a $1.2 million project, was established for the purpose of building a new alternate emergency operations center and emergency control center. The ECC combines the dispatch and control functions of fire protection, law enforcement and installation defense for the KMC.

"This move is significant for the community because it brings all our emergency capabilities together," said Senior Master Sgt. Steve Schoen, 569th U.S. Forces Police Squadron acting security forces manager. "It once was that when the fire department went out to a call, we didn't know if it was a routine response or if a patrol was needed. This lets us communicate directly with each other and cut back on the response time."

The renovations were broken up into two parts. Phase one included the relocation, renovation and new construction to the IDOC facility. Phase two is expected to begin this month and entails a renovation of the previous facility, which will be turned into flight operations and flightline security.

The now up-and-running facility combines the efforts of multiple agencies, which enhances communication and cuts down on emergency

See IDOC, Page 5

USAREUR CSM stresses fitness, discipline and training

by Staff Sgt. Alexander A. Burnett
21st TSC Public Affairs

United States Army Europe's top NCO expects all Soldiers to be fit, disciplined and well trained and expects leaders to enforce those standards.

That was the message of Command Sgt. Maj. David S. Davenport Sr., the USAREUR command sergeant major, during an interview immediately following his visit to the 21st Theater Sustainment Command as the guest speaker for the Sergeant Morales Club and Sergeant Audie Murphy Club induction ceremony Feb. 1.

Question: How important are clubs like Sergeant Audie Murphy and Sergeant Morales going to be in

See CSM, Page 6

Photo by Staff Sgt. Alexander Burnett

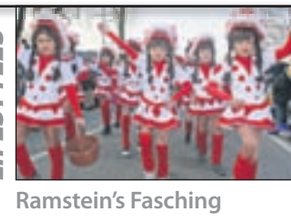
Command Sgt. Maj. David S. Davenport Sr., USAREUR command sergeant major.

Win a great Valentine's present for your loved one!
Check our Special Valentine's pages in this issue. Take a look at pages 24/25 to find out how you can win.

FEATURES

Ramstein youth group brings home national award, Page 8

LIFESTYLES



Ramstein's Fasching parade, Page 20

TEAM RAMSTEIN
WE ENABLE COMBAT POWER
TOTAL DEPLOYED FROM 86TH AW 571
TOTAL DEPLOYED FROM TEAM RAMSTEIN 686
As of Feb. 5

Commentary

Hello USAREUR,

It is wonderful to be back in Europe! Ann and I sincerely appreciate the opportunity to once again join the tremendous team here at U.S. Army Europe.

I'm honored to be afforded the opportunity to serve you — the Soldiers, civilians, families and host nation supporters that shape this dedicated community, and I feel it necessary to thank you all for what you have done and continue to do every day.

USAREUR is in a time of transition. Our headquarters has a new home in Wiesbaden, we are in the process of deactivating two long-storied brigades, and we are reducing our garrison footprint across Europe. This transition makes us leaner, better organized, and more agile. In the end we will be better prepared to face the challenges of the future.

I'm here at an interesting time, as one of those challenges is at our doorstep today. As you all know, our nation as a whole is currently facing fiscal uncertainty and our Army is not immune to that. With this difficult time come tough decisions about how to navigate the road ahead and balance fiscal responsibility with the readiness of our force and the well-being of our families. I am committed to ensuring that our workforce stays informed and understands the measures taken and the reasons for them. As always, I encourage all of you to rely on your chain of command and command information channels for timely and accurate information as we navigate these uncertain times.

One thing is clear, regardless of resources or troop levels, no less will be asked of us. We have made impressive gains with our allies and partners over the last decade, but our challenge will be to maintain and build upon these gains in a postwar era of competing resources.

This means that as an organization we will need to focus on fundamentals and on imperatives like discipline, comprehensive fitness, leader development and teamwork. I expect leaders and Soldiers alike to follow these command imperatives that I have come to trust as a sound formula for developing units into a team of teams that is ready to accomplish any mission. You will soon be seeing AFN spots and other means of communication that reinforce these imperatives.

We must continue to remain focused on accomplishing all missions while always ensuring the resiliency of our families. I expect all leaders to assist me in promoting a positive command climate; instilling trust up and down the chain of command that reinforces and exemplifies our Army Values and the Warrior Ethos of our combat proven force. Together we will continue to make our overseas home and the USAREUR team better every day.

I consider it an honor and privilege to lead this historic team and look forward to seeing you all in your formations and communities around Europe. Strong Soldiers, Strong Teams!

- Lt. Gen. Don Campbell
U.S. Army Europe commanding general

86th VRS keeps responders rolling

by Airman 1st Class Tameara Lupfer-Hamilton
86th Vehicle Readiness Squadron

When you call an emergency number, such as 112 here in Germany, how would you feel if they told you to call back later due to first responder vehicles, such as police cars and ambulances, not being serviceable? Fortunately, there is a robust process in place to make sure that does not happen. Here in the 86th Vehicle Readiness Squadron's general purpose light shop, it is our job to maintain a 1,033-vehicle general purpose fleet with only 34 military and civilian technicians.

Out of more than 1,000 GPL vehicles, 38 are critical first responder vehicles belonging to the 86th Airlift Wing at Ramstein Air Base and the 569th U.S. Forces Police Squadron on Kapaun Air Station. Eight ambulances and 29 police cars comprise our priority workload, which our customers put to use on a daily basis. These vehicles deal with emergencies both on and off base and cover 1,100 square miles to help and protect 57,000 Department of Defense personnel within the KMC. With these vehicles being the priority within our maintenance cycle, we do our best to get them back to their respective squadron in a timely manner with the best quality work possible. There are three primary inspections and services, which we provide to all our vehicle assets — limited technical inspections, preventative maintenance inspections and scheduled lube, oil and filter changes.

During these services, we conduct numerous checks to ensure the vehicles are safe and reliable. When we initially receive a vehicle, we perform an acceptance LTI before we give the vehicle to its respective squadron. It is much like your first doctors visit. However, instead of checking your blood pressure and reflexes, we check the vehicle's mileage, lights and fluids. During the LTI, the vehicle is thoroughly checked to ensure all of the components are working properly, and there are no manufacturer flaws. We also take note of what the vehicle is equipped with so that when it comes in for a yearly inspection or periodic maintenance, we are able to ensure all of the components are intact and still functioning correctly.

The next type of inspection is a preventative maintenance inspection, which is performed at least annually and every time a vehicle is turned in for maintenance. During this inspection, we check that all functions are still working properly to make sure the vehicle operates within its performance parameters. We also inspect everything from the engine to the upholstery, mirrors, paint and lights for damage or misuse.

A SLOF is completed on an 18-month cycle or when mileage dictates. This is a more in-depth service that usually includes a change of fluid and filters, as well as lubricating all moving components underneath the vehicle. Careful attention to detail is necessary to ensure manufacturer requirements and Air Force Instruction guidance are met.

These critical vehicles respond to a wide variety of emergencies both on and off base and are important assets to our U.S. Air Forces in Europe mission. By the nature of the job, these vehicles are put into circumstances where additional wear and tear is a common occurrence. The GPL shop uses all resources available, to include local parts procurement, contract repair, and extended duty days to quickly return these vehicles to their organizations.

In the 86th VRS keeping our standards high and our quality of work even higher, these vehicles are able to perform their mission on a daily basis and help the KMC stay safe and well protected. We strive to have excellence in all we do to keep the mission on track and more than 57,000 DOD personnel safe. Rest assured, the next time you need to call 112 for an emergency, by knowing we have done our job, the police or ambulance you need will be there to help you as quickly as possible.

AdvantiPro

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AdvantiPro staff reserves the right to edit all submitted material.

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- Sports articles and photos – noon Thursday for the following week's edition
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Photo by Mark Heeter

Partnership continues

Lt. Col. Lars Zetterstrom, U.S. Army Garrison Kaiserslautern commander, explains the design of his commander's coin before presenting it to Fritz Hack, mayor of Sembach Jan. 29. Zetterstrom also delivered a commemorative plaque on behalf of the Sembach Veterans' Association, whose members returned to the community last year.

New surcharge on Visa purchases

WASHINGTON (AFNS) — As of Jan. 27, merchants in the United States and U.S. Territories are permitted to impose a surcharge on any credit card transaction that uses a MasterCard or Visa branded card, which includes the Government Travel Charge Card, both for Individually Billed Accounts and Centrally Billed Accounts.

This surcharge is permitted to be charged in all states except California, Colorado, Connecticut, Florida, Kansas, Maine, Massachusetts, New York, Oklahoma and Texas.

While some merchants may elect not to charge this additional fee, those that do are required to notify customers before they make an actual purchase — at the store entrance and at the point of sale — or in an online environment, on the first page that references credit card brands. The surcharge will be included in the total transaction amount and will be listed separately on the sales receipt.

This new surcharge is an authorized a reimbursable expense while on official travel. The Joint Federal Travel Regulations and the Joint Travel Regulations have been updated accordingly, effective 27 January 2013. If a traveler is charged this surcharge, they should add it as a separate expense under the Non-Mileage Expense section of their voucher, ensuring that the additional surcharge is not also included in the total of the related expense. For additional information about this new surcharge, go to: http://usa.visa.com/personal/using_visa/checkout_fees/index.html.

Air Force unit to help improve airfield security in Slovenia

by Airman 1st Class Dymekre Allen
86th Airlift Wing Public Affairs

Airmen from the 435th Contingency Response Group traveled to Cerklje Air Base, Slovenia, to conduct a security familiarization event Jan. 21 through 25.

The 435th CRG is an organizationuniquely suited for building partnership missions. With 42 different career fields, the unit can engage with partner nations in core mission areas across the Air Force spectrum.

Master. Sgt. Jay Peavey, 435th CRG air advisor and security superintendent, led a four-man team to exchange ideas and identify possible improvements in the Cerklje airfield security process.

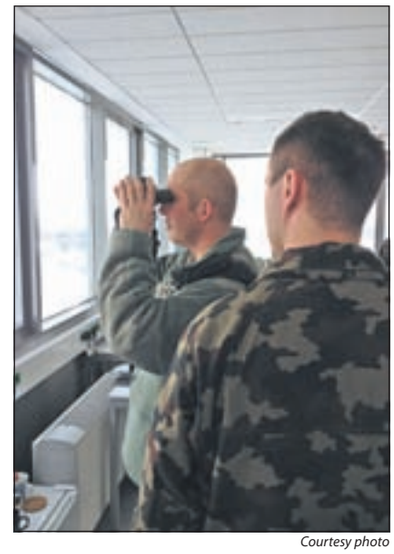
"This airfield security familiarization event was a valuable experience to further the partner relationship with the Slovene military," said Peavey. "Future exchange activities will benefit from this opportunity."

The security familiarization training enabled the Airmen to teach and learn new mission techniques from counterparts of other nations.

"It was a privilege to work with professional peers in pursuit of common airfield security goals," said Staff Sgt. Matthew Meadows, 435th CRG air advisor and security forces instructor. "This was an excellent learning opportunity for all participants."

With these partnerships, the U.S. is able to become familiar with new mission techniques of the Slovenian counterparts and improve partner nation interoperability.

"Security considerations are a cooperative endeavor by nature," said Peavey. "I was very impressed with the talent and capacity of my Slovenian allies and look forward to future engagement opportunities."



Courtesy photo

Master Sgt. Jay Peavey, 435th Contingency Response Group air advisor and security superintendent, views the ramp and runway complex of Cerklje Air Base, Slovenia, from the newly constructed control tower.

KMC BLOTTER

COMPILED BY THE **569TH USFPS**

JAN. 29

8 a.m.: A minor traffic collision occurred on Kapaun due to misjudging turning clearance; minor damages to both vehicles were reported.

8:42 a.m.: A major traffic collision occurred on autobahn A6 in Kaiserslautern. No injuries were reported.

4 p.m.: A major traffic collision occurred on B270 near the Opel circle in Kaiserslautern due to inattentive driving.

7:56 p.m.: A major traffic collision occurred on the L356 traffic circle in Ramstein. No injuries were reported.

JAN. 30

5:24 a.m.: Larceny of private property from a secured motor vehicle was reported in Bexbach.

6:44 a.m.: Larceny of private property and a house break-in was reported in Steinbach.

3:24 p.m.: A minor traffic collision and fleeing of the scene was reported in Kaiserslautern.

4:01 a.m.: An Article 92, failure to obey a lawful order or regulation, was reported at the Ramstein Enlisted Club due to an escort violation.

JAN. 31

7:25 a.m.: Provoking speeches and gestures were reported at the Pulaski Shopette on Vogelweh.

3:02 p.m.: A minor traffic collision and fleeing the scene occurred at Bldg. 163 on Rhine Ordnance Barracks.

4:13 p.m.: USAREUR license plates were stolen in Otterberg.

5:50 p.m.: A minor traffic collision and fleeing the scene was reported at Bldg. 3244 on Kleber Kaserne.

7:40 p.m.: A minor traffic collision and fleeing the scene was reported in Kaiserslautern.

8:40 p.m.: Unauthorized laser shining towards military aircraft was reported.

FEB. 1

6:45 p.m.: A major traffic collision was reported in Katzweiler due to a vehicle following too close. No injuries occurred.

7:45 p.m.: A major traffic collision occurred at the intersection of B270 and Golf-9 access road due to a failure to yield.

FEB. 2

2:08 a.m.: Provoking speeches and gestures and drunken driving occurred at Bldg. 3336 on Ramstein.

2:56 a.m.: An assault was reported at a discotheque in Kaiserslautern, drugs and/or alcohol were involved.

3:39 a.m.: A sexual assault was reported at a pub in Landstuhl.

6 a.m.: Drunken driving was reported in Kaiserslautern by Polizei during a routine traffic stop.

10:45 a.m.: An illegal weapon was reported in the barracks on Landstuhl.

12:31 p.m.: A minor traffic collision and fleeing the scene was reported in Mackenbach.

11:05 p.m: An assault with a deadly weapon was reported at a club in Kaiserslautern.

11:26 p.m.: Larceny of private property was reported at a restaurant in Ramstein-Miesenbach. Three glass beer mugs were taken.

11:43 p.m.: Drunken driving and a major traffic collision with injuries occurred on B270 in Kaiserslautern.

FEB. 3

12:48 a.m.: Drunken driving was reported in Landstuhl during a Polizei routine traffic stop.

1:13 a.m.: Drunken driving was reported in Kaiserslautern during a routine traffic stop.

5:02 a.m.: Domestic assault was reported in Erzenhausen.

9:26 a.m.: A minor traffic collision and fleeing the scene in Kindsbach was reported.

2:15 p.m.: Fleeing the scene of a minor traffic accident was reported at Bldg. 3336 on Ramstein.

3:35 p.m.: A minor traffic collision and fleeing the scene was reported in Hochspeyer.

5:18 p.m.: Damage to private property was reported in Vogelweh Family Houing.

5:39 p.m.: Damage to private property was reported in Ramstein-Miesenbach.

5:55 p.m. Operating a USAREUR-plated vehicle without insurance was reported at Bldg. 135 on Ramstein.

FEB. 4

11:30 p.m.: A major traffic collision was reported on autobahn A95 due to the operator losing control of the vehicle. No injuries occurred.

1:29 p.m.: A major traffic collision was reported in Kaiserslautern due to a vehicle following too closely. The driver was cited by Polizei.

1:50 p.m.: Damage to private property was reported on Vogelweh Family Housing.

5:43 p.m.: Larceny and damage to private property was reported in Martinshöhe.

6:20 p.m.: A major traffic collision was reported due to the operator losing control of the vehicle. No injuries occurred.

Reported Larcenies

JAN. 30

» **Steinbach:** One Navigon GPS, one ABU cap, one knit cap, one pair of leather gloves, one black bag, one black Wilson plastic facemask, two black/blue EMEA baseball caps, one Diamond chest protector, two pairs of black baseball shoes, one pair of shin guards.

FEB. 3

» **Ramstein-Miesenbach:** Three glass beer mugs

FEB. 4

» **Martinshöhe:** One diamond wedding ring, Kuwait necklace set, one ring, one bracelet, one Greek necklace set, Black Hills gold earrings, necklaces and rings; one charm bracelet, loose charms, three sets of yellow gold earrings, white gold ball earrings, crystal earrings.

Take Note

Bulk trash pickup

A bulk trash pickup on Ramstein is scheduled for Monday. Residents should place items such as furniture, grills and mattresses on the sidewalk near the underground dumpsters after 6 p.m. Sunday. Pickup will take place the second and last Monday of the month until May. Then from May to September, they will be every Monday. For more information, call the civil engineer customer service line at 489-7703 or the Ramstein Recycling Center at 480-4191.

Closure

The KMC housing offices will close at 1:30 p.m. Wednesday for training.

Fee for incoming pets

Since February, pet owners have to pay a fee of €55 when importing up to three pets per shipment from a non-European country. Ramstein is considered a first point of entry to the EU for incoming rotators. The Kaiserslautern county veterinarian examines the incoming pets and keeps their health certificates. After the examination, pet owners will receive a receipt for the service as proof to other EU authorities. All official veterinary offices in the EU are connected by a web-based system called "Traces" (Trade and Control Expert Systems). This system enables veterinarians to exchange health certificates and information with other EU veterinarians. If pets are transferred to other Non-EU countries (like Turkey) they are not required to be examined. In this case it suffices when pet owners show their orders to a non-EU country. Pet owners, who have a valid EU Pet Passport (which has been required since 2004 for pets to travel within the EU), are not required to pay the examination fee when returning from a vacation to the states. For more information, call the 86th Airlift Wing Host Nation office at 06371-952655 or 314-480-2094.

Tax assistance

The Ramstein Tax Center is open until June 15 in the Ramstein Legal Office, Bldg. 2137, across from the Southside Gym. Hours are 9 a.m. to 3 p.m. Mondays and Tuesdays, 9 a.m. to 6 p.m. Wednesdays; 9 a.m. to noon Thursdays, and 9 a.m. to 4 p.m. Fridays. Taxes are due April 15. Automatic extension will be until June 15. Walk-in only for military members and dependents; retirees and Department of Defense civilian employees must make an appointment at 06371-47-1040 or 480-1040.The tax centers on Kleber Kaserne and in Bldg. 3701 on Landstuhl are open 9 a.m. to 4 p.m. Mondays through Fridays. For details, call the Kleber Tax Center at 0631-411-7688 or 483-7688, and the Landstuhl Tax Center at 06371-86-6334 or 486-6334.

CCAF graduation

The cut-off date for the Community College of the Air Force April 2013 class is March 1. To be considered for graduation in the April class, CCAF must receive all documentation (i.e. transcripts, CLEP scores, etc) for degree candidate submissions on or before this date. Students must also be enrolled in the degree program by March 1. Contact the Ramstein Education Center at 480-2032 for more information.

IDOC, from Page 1

response time.

"The IDOC is essentially the nucleus of our operations and will be a combined effort between U.S. Air Force law and order," said Schoen. "The KMC fire department, along with Army fire department personnel contribute to this project."

The mission of the U.S. Forces Police Squadron is to provide law and order for all Americans in the KMC. Their patrol area is 1,150 square miles in which they provide full-time security to 16 different installations either by way of entry control, patrol response or anything determined to be security related. This project provides the KMC with critical capabilities to rapidly incorporate additional Air Force, Army and host nation departments into an integrated emergency response team.

Once completed, the IDOC will be the principal law enforcement and base defense operations center for U.S. Air Forces in Europe.

Brig. Gen. C.K. Hyde, 86th Airlift Wing commander, along with base leaders, cuts the ribbon during the opening of the new Integration Defense Operation Center Feb. 1 on Vogelweh Military Complex. The IDOC combines the dispatch and control functions of fire protection, law enforcement and installation defense for the KMC.

EDUCATION, from Page 1

to them," said Keith Davis, chief of education and training. The fair was held in the KMCC in order to reach the largest audience possible. The fair's goal was to educate not only active duty members, but their spouses and children as well.

"It affects everyone, whether they have a degree or not," said Mark Rix, education service specialist. "In today's world, you need to have an education. We are able to help anyone get an education, whether it's a dependent's scholarship, a spouse using the GI Bill or active duty members continuing school while working a full time job."

The Ramstein Education Office has won two major awards in the last two years highlighting their military customer service. In 2011, they were awarded the Government Agency Executive award and last year they were awarded the United States Air Forces in Europe Nathan Altschuler award.

"We are the busiest, most diverse education office in the United States Air Force," said Davis. "There have been a lot of hurdles, but our excellence was still recognized. We want people to know we'll take care of them and make it easy for them to achieve their goals."

The Air Force is the only branch that has its own degree program. The Community College of the Air Force is a federally-chartered degree-granting institution that serves the U.S. Air Force's enlisted total force. CCAF partnered with more than 90 affiliated Air Force schools, 82 education service offices located worldwide and more than 1,500 civilian academic institutions to serve more than 320,000 active, guard and reserve enlisted personnel, making CCAF the world's largest community college system, said Rix.

"There are a lot of things you can do with an education; you can take it into society and your workplace. There are no negatives to having an education," said Rix. "It's like what Nelson Mandela said, 'Education is the most powerful weapon you can use to change the world.'"

For more information contact the education office at 480-2032 or 06371/4802032.

370th Sapper Company cases guidon, prepares for deployment

by 1st Lt. Timothy Conroy
54th Engineer Battalion Public Affairs, 21st TSC

BAMBERG, Germany — The 21st Theater Sustainment Command's 18th Engineer Brigade 370th Sapper Company cased its colors recently here in preparation for their upcoming deployment to Afghanistan.

The 370th Sapper Company previously deployed to Logar Province, Afghanistan from 2010 to 2011. "They know their training and know it well. I can't say how proud I am of them," said Lt. Col. Thomas Austin, commander of the 54th Engineer Battalion and native of Shelby, Mich. "They are going forward into danger, so others don't have to. "As they must leave their families behind, it is now time to turn to their military families as they prepare for combat operations in Afghanistan," said Austin. Capt. Craig Miller has commanded the 370th Sapper Company since June of last year and expressed how all of the back-to-back training events have prepared his company for success in Afghanistan.

"I look forward to standing with you all when we unveil that guidon," said Miller. The 370th Sapper Company will deploy to Afghanistan to continue their route clearance mission while in support of Operation Enduring Freedom. In preparation for this deployment, the company had three field training exercises including a rotation at Joint Multinational Readiness Center, Hohenfels, Germany.

Photo by Spc. Andrew Jacobs

Capt. Craig Miller, commander of the 370th Sapper Company, speaks to his Soldiers and their families during the company's deployment ceremony Jan. 15 at Warner Barracks. The 370th Sapper Company will deploy to Afghanistan to continue their route clearance mission while in support of Operation Enduring Freedom.

Photo by Sgt. 1st Class Matthew Chlosta

Col. Jenifer J. Hug receives the 196th Medical Support Unit, 7th Civil Support Command, guidon from Brig. Gen. Paul M. Benenati, 7th CSC commander, Jan. 13 during the 196th MSU's change of command ceremony.

Four 7th CSC units change command

by Sgt. 1st Class Matthew Chlosta
7th CSC Public Affairs Office, 21st TSC

New leaders assumed command of four 7th Civil Support Command and 21st Theater Sustainment Command units during separate ceremonies in January.

Col. Jenifer Hug assumed command of the 196th Medical Support Unit from Col. Sandra Alvey, Jan. 13. Hug was commissioned into the U.S. Army Reserve in September 1990, after earning a pharmacy degree from the University of Montana-Missoula.

Some of her past assignments include working as a pharmacy/medical logistics officer, Joint Task Force Timberwolf in Jutiapa, Guatemala, and as assistant director of pharmacy, Landstuhl Regional Medical Center. She is currently the supervisor of the Ambulatory Care Pharmacy at LRMC in her civilian job.

Lt. Col. W. Fitzgerald Campbell assumed command of the 7th Warrior Training Brigade from Col. Christine Fiala, Jan. 6. Campbell served as the chief of training for the 7th CSC, prior to taking command of the 7th WTB.

The new 1172nd Movement Control Team's commander is 1st Lt. Matthew Curcio who took the reins from Capt. Daniel Miller, in a ceremony also held Jan. 6. The 1172nd MCT is based at Grafenwoehr Training Area, Germany.

Capt. Christa Clemons is the new commander of the 793rd Movement Control Team after assuming command from Capt. Stephanie Mann on Jan. 23. Mann and the Soldiers of the 793rd MCT just returned from a nine-month deployment to Tarin Kowt, Afghanistan, Jan. 16.

Mann will now move to Texas to join her husband, who is in the Air Force and preparing for his upcoming deployment to Afghanistan.

"Never forget what you represent when you wear this uniform. Always wear it proudly," said Mann in her final remarks.

CSM, from Page 1

the future?

Answer: These clubs are so valuable; you really cannot put a monetary price on it. These clubs are a place where Soldiers can gather together as masters of their craft. They get to know one another, share ideas, network. Those experiences are just invaluable.

Question: Would you comment on the partnership programs in Europe?

Answer: It's funny you should mention partnerships, because our partner countries can now become members of the Sergeant Morales Club as well. We want to recognize their noncommissioned officers who set the standard for their soldiers. They have to go through the same process as our Soldiers, but it is achievable. Morales members are a great example to our partner countries, they show a standard of what a professional noncommissioned officer is and what they can do to prepare and train Soldiers.

Question: What is the way ahead for our forces in the areas of fitness, training and discipline?

Answer: Fit, disciplined and well trained is something I expect U.S. Army Europe Soldiers to be and I expect leaders to enforce. Fitness of course is the foundation. It is the first training event of the day, and I think our Army is going to continue to move on with Physical Readiness Training. I think we will see a new fitness test sometime late this fall.

Discipline is doing the right thing when no one is watching, and if you are a leader, it's holding Soldiers accountable to those standards. Again, this is a fundamental foundation for our Army, so I don't see that going anywhere. I do believe leaders need to do more to enforce standards and hold Soldiers accountable. Also, Soldiers need to understand their responsibility in understanding the standards and being held to those standards.

As for being well trained, the Warrior Leader Course is a great place to get trained here in Germany. We have 324 Soldiers per class, and we are always looking to get one more.

Question: Do you have any more thoughts you would like to convey to U.S. Army Europe and the 21st Theater Sustainment Command?

Answer: I think that our Army needs to have more of these kinds (Sergeant Morales Club and Sergeant Audie Murphy Club) of ceremonies. We need to clearly demonstrate the prestige and importance of becoming a non-commissioned officer and, once you are a non-commissioned officer and you exceed the standard, becoming a member of the Sergeant Morales Club.

USAFE specialists install softphones

U.S. Air Forces in Europe communications specialists are leading Air Force transformation and are currently implementing the latest in telephone service technology: telephone services directly on your computer desktop.

While base communications squadrons have been busy rolling out those familiar Cisco phones to replace the older phones, the next step in telephone system transformation is the installation of software phones or "softphones."

Cisco IP Communicator is the program USAFE is providing to perform softphone functions. Once installed on your computer, the softphone application will provide the same look, feel and service as the Cisco phone that physically sits on your desk.

"Softphones are much less expensive than traditional telephones and significantly easier to field and maintain," said Adam Sowells, the USAFE theater engineering lead. "In a future of constrained resources and a cultural change to adopt application based services, softphones are a necessity. When coupled with virtual private network client software, softphones provide DSN access anywhere to connect to the high-speed internet. Softphones also facilitate telecommuting and continued DSN connectivity while TDY."

The only cost in implementing softphones is the purchase of a headset, normally $30 to $60 each, a bargain when compared to the $700 (or more) cost of a traditional phone. Individual units will be responsible for providing headsets to their personnel.

How do you get the softphone installed? Simply contact the Enterprise Service Desk at 478-HELP (478-4357) to open a trouble ticket. Softphone installation requires local administrator rights. Tell the ESD technician you would like to have Cisco IP Communicator installed on your machine. A local Client Systems Team technician will install the software and ascertain other technical information they will need to complete the process.

Still have questions? Contact the local communications squadron. They have all the information needed to start "going soft."

(Provided by U.S. Air Forces in Europe/ U.S. Air Forces in Africa A6CE Engineering and Architecture Branch)

86TH AIRLIFT WING
PRESENTS THE
2012 ANNUAL
AWARDS BANQUET
HEROES AMONG US
WHO'S YOUR HERO?
RAMSTEIN
OFFICERS' CLUB
FEB. 20
6 P.M.
CONTACT YOUR GROUP POC FOR DETAILS

JMPC returns Eurocorps members to Ramstein

by Senior Airman Whitney Stork
86th Airlift Wing Public Affairs

Ramstein is the focal point for deployment travel for the U.S., North Atlantic Treaty Organization and Eurocorps because of the capabilities of the Joint Mobility Processing Center.

The JMPC processes numerous units to be able to get to and from a deployed location as quickly and efficiently as possible. The most recent unit processed through was Eurcocorps troops after returning from a year-long deployment to Kabul, Afghanistan.

The force deployed troops last January in support of the International Security Assistance Force in Kabul. The Eurocorps is a multinational army corps for the European Union and the Alliance.

"This is a good location with incredible facilities, particularly in the processing capability, and a history of working with United States Air Forces in Europe here at Ramstein," said 2nd Lt. Gregory Souder, deployment division officer in charge.

After their return, the 721st Air Mobility Squadron dropped the baggage off with the JMPC to help coordinate a customs check. Airmen of the 86th Airlift Wing moved the pallets around for the customs agents and, if needed, repalletized the Eurocorps gear.

"One of the 86th logistics planners is lead for the whole mission and coordinates a bus to get the Eurocorps members off the plane and to the JMPC, customs check, USO support and the overall directing of the members working with the highest ranking members," said Souder.

A lead logistics planner preps for a mission as soon as the International Development Research Center is notified of a movement.

"Our sharp Airmen accomplish the prep work nearly right away and just keep tabs on the mission for changes," said Souder. "After the respective Eurocorps transportation arrives and customs is through with their mission, the support is through."

The 86th AW supports countless large-scale missions a year, requiring 12 military affiliates to coordinate and execute their arrival or departure for more than an hour each time.

"Support like this has high visibility and is a great show of support and unity among allies," said Souder. "A good relationship between Eurocorps and NATO is vital to operations in USAFE."

Ramstein youth group brings home innovation award

by Airman 1st Class Nate Gettleman
86th Airlift Wing Public Affairs

Photo by Airman 1st Class Nate Gettleman

Youths learn about the real-world application of robotics technologies Oct. 10, 2012 on Ramstein. The 4-H club sponsors an annual national youth science day.

Every year 4-H Club sponsors a national youth science day which allows 4-H'ers all throughout the world to conduct similar experiments. This year was the eco-robot project.

"The kids used vibrating motors from cell phones, toothbrushes and lithium batteries to create a miniature robot.

They then used these robots to clean simulated oil spills and environmental contaminates," said Mona Hamilton, Ramstein Youth Programs Director. "They used double-sided tape to tape the batteries and the motors onto toothbrushes and when they completed the circuit, the toothbrushes would vibrate."

The children, most between the ages of 9 and 12, were given a map that showed various geographical features and used materials such as rice and sand to simulate a contaminant.

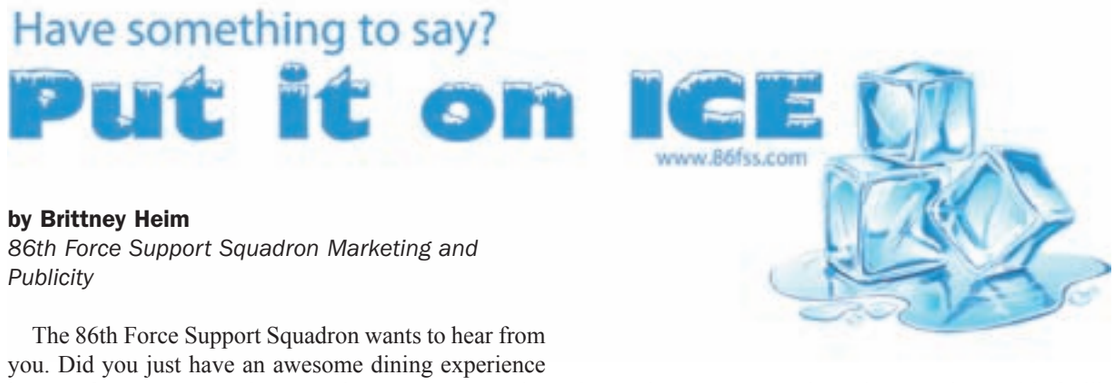
They set their toothbrush robots loose on the map to see how much of the contaminant they could clean without direct human guidance. They could, however, use items such as cones to try to direct their creations in a particular direction, Hamilton said.

To help demonstrate the experiment's practical application, Ramstein Youth Programs brought in members of the 86th Civil Engineer Squadron to explain how science and technology help them overcome the challenges they face on a daily basis and successfully accomplish the mission. Airmen from explosive ordnance disposal also came to give a demonstration of the technology that keeps them safe.

"All of the programs that participated in national science day were able to submit their projects to the national 4-H office," said Hamilton. "We won one of the innovation awards."

Ramstein Youth Services has a variety of after school programs for children of all ages to participate in.

For more information, call 480-6444 or visit www.86fss.com.



by Brittney Heim
86th Force Support Squadron Marketing and Publicity

The 86th Force Support Squadron wants to hear from you. Did you just have an awesome dining experience in one of our restaurants? Do you have a recommendation for one of our facilities? Have something to say? Put it on ICE.

The Interactive Customer Evaluation system, or ICE system, is an online resource that allows customers throughout the Department of Defense to give feedback online. Here in the KMC, ICE enables FSS customers to submit online comment cards that ultimately help us improve our service to you.

Not sure how to put it on ICE? It's easy. Just visit www.86fss.com and click on the ICE link. Can't wait until you get home to share your feedback with us? No problem. Just pull out your smart phone and scan the QR codes on posters throughout various FSS facilities. Submitting a comment will not only help us serve you better, but it will also enter you for chances to win prizes from FSS.

Check our website and Facebook page (search "Ramstein FSS") often to learn about each month's ICE incentives.

The 86th FSS is here to support you, and we enjoy hearing from you. So, remember … have something to say? Put it on ICE.

For more information about the 86th FSS or ICE contact the marketing department at 480-9983 or 06371-47-9983.

21st TSC wins five Army legal service awards

by Staff Sgt. Warren W. Wright, Jr.
21st TSC Public Affairs

Four 21st Theater Sustainment Command legal service centers won five Army-level awards for excellence in claims and legal assistance for fiscal year 2011.

Maj. Gen. Aundre F. Piggee, the commanding general of the 21st TSC, presented plaques to representatives of the centers during a ceremony on Kleber Kaserne Feb. 1.

This marks the 11th year straight a 21st TSC law center has been recognized for distinction in legal assistance.

The 21st TSC won three of five legal assistance awards and two of four claims awards in Europe, marking the sixth consecutive year the 21st TSC has won a majority of the Army-level client-services awards in Europe.

Each year, Army legal offices compete for the Army Chief of Staff Award for Excellence in Legal Assistance and the Judge Advocate General of the U.S. Army Award for Excellence in Claims.

"This is an enormous command, and the challenges of supporting a footprint as large as ours is a big challenge. Our people work very hard at taking care of our Soldiers and our families," said Stephen W. Smith, the senior civilian attorney for the 21st TSC, and a native of Hershey, Pa. "When the Chief of Staff of the Army and the Judge Advocate General recognize them as being among the best in their field, we thought it was important to give our own commanding general the opportunity to echo that sentiment here today and to pass on his own congratulations."

The Kaiserslautern Legal Services Center was awarded both the Judge Advocate General award for excellence in claims as well as the Army Chief of Staff award for excellence in legal assistance, while the Stuttgart Law Center earned an award for excellence in claims.

"Our ability to do well each year means we have great employees dedicated to the mission of Army Legal Assistance," said Mark Christensen, the chief of client services at the Kaiserslautern Legal Services Center and a native of Cadott, Wisc.

"I enjoy working with these folks who agree that our clients are the most deserving in the world, the U.S. Soldiers and their family members who sacrifice and suffer more than most non-military citizens will know."

Also earning awards were the Netherlands Law Center and the Belgium-based Northern Law Center for excellence in legal assistance.

"Taking care of Soldiers is what we're all about. We do that on a daily basis," said Smith. "We get so involved in the day-to-day rendering of legal services that sometimes it's easy to lose sight of the remarkable work that our folks do. These ceremonies provide an opportunity to take a pause from our daily activity and put it all in perspective."

"We take enormous pride in the accomplishments of our claims and legal assistance personnel, not only here in Kaiserslautern, but also in our outlying offices," said Smith. "They're the best in the business."

"Each one of us is prepared to go as far as we need to insure that each client gets the attention and time necessary to address and hopefully resolve their legal situation," added Christensen. "Every work day is another challenge, and to keep doing it so well requires that everyone enjoy the job, mission and focus and bring that attitude to each new person who walks in the door."

Photo by Staff Sgt. Warren W. Wright Jr.

Maj. Gen. Aundre F. Piggee (top center), the commanding general of the 21st Theater Sustainment Command, stands with the 21st TSC's award winners for legal services and claims during an award ceremony at Kleber Kaserne Feb. 1. The 21st TSC's legal services centers won five Army-level awards for their work in the claims process and legal services during fiscal 2011 and marks the 11th year straight an award has been given to a 21st TSC legal assistance center.

21st TSC hosts Sergeant Audie Murphy, Sergeant Morales Club induction ceremony

by Staff Sgt. Alexander A. Burnett
21st Theater Substainment Command Public Affairs

Soldiers from throughout the Kaiserslautern Military Community were inducted into the Sergeant Audie Murphy Club and Sergeant Morales Club during a ceremony hosted by the 21st Theater Sustainment Command at the Galaxy Theater on the Vogelweh Military Complex, Feb. 1.

The ceremony began with several Soldiers standing up in the audience to recite the Soldiers Creed and a presentation of the history of Army NCOs.

Several NCOs stood on the stage dressed in Army uniforms from World War I through the global war on terror.

The guest speaker was Command Sgt. Maj. David Davenport Sr., the U.S. Army Europe command sergeant major. After giving a few words on the importance of becoming a member of both the Sergeant Morales and Audie Murphy Clubs, Davenport presented each of the nine inductees with medals, lifetime membership scrolls and an award.

Inducted into the Sergeant Morales Club were: Staff Sgt. Donmonic Simpson and Sgt. 1st Class Jesus Arellano, both from the 10th Army Air and Missile Defense Command; Staff Sgt. Matthew Defreo and Sgt. 1st Class Mallory Niese-Morrow, both from the 95th Military Police Battalion; Staff Sgt. Carlos Molinares from the 230th Military Police Company; and 1st Sgt. Phillip Griffiths from the 18th Combat Service Support Battalion.

Inducted into the Sergeant Audie Murphy Club were: Sgts. Robert Shortsleeves, Keith Howse and Christopher Slone, all from the 515th Transportation Company. "I am very excited. I have been in the Army a long time and getting my medal today reaffirms my dedication," said Griffiths, who was inducted into the Sergeant Morales Club in 2004, but did not get is medal until this ceremony due to his many deployments. "I am proud to be a part of this club, and I hope this sets the example for other Soldiers."

The Sergeant Morales Club was established in 1973 by Lt. Gen. George S. Blanchard to promote the highest ideals of integrity, professionalism and leadership for the enlisted force serving in Europe. Members exemplify a special kind of leadership characterized by a personal concern for the needs, training, development and welfare of Soldiers.

The Sergeant Audie Murphy Club is a private U.S. Army organization for noncommissioned officers. According to the Forces Command regulation for the club, members must exemplify leadership characterized by personal concern for the needs, training, development, and welfare of Soldiers and concern for families of Soldiers.

"These Soldiers are setting the example of being fit, disciplined and well trained and this ceremony showed them a standard of what right looks like," said Davenport. "These clubs are so valuable; you cannot put a price on it."

Photo by Staff Sgt. Alexander Burnett

U.S. Army Europe Command Sgt. Maj. David Davenport Sr., center, discusses the importance of the Sergeant Morales Club with two new inductees before a Sergeant Morales Club and Sergeant Audie Murphy Club induction ceremony at the Galaxy Theater on the Vogelweh Military Complex, Feb. 1. Six NCOs were inducted into the Sergeant Morales Club and three into the Sergeant Audie Murphy Club.

USAG Kaiserslautern Family and MWR HAPPENINGS

February 8, 2013

U.S. ARMY MWR

Kazabra Club

Zumba Tues & Thu, 6-7 p.m.
K-Town Coverall Bingo & Twin-10 Bingo Wednesdays, 7 p.m., Fridays, 8 p.m., and Sundays, 3 p.m. Play progressive bingo to win a $5,000 jackpot, or $1,000 prizes!
Latin Night Thursdays, 7-10 p.m. Free Salsa lessons, 7- 8:30 p.m.
Open Dart Night Thursdays, 7 p.m.-midnight.
Top 40 Fridays, 9 p.m.-1 a.m.
Country Nights Saturdays, 8 p.m.-4 a.m. Germany's largest country party.

Landstuhl Community Club:

Super Saturday Texas Hold 'Em Saturdays, registration 6 p.m., first deal 7 p.m.
Bruno's Pasta & Sandwich Bar Open Daily! Lunch is open Mon. - Fri., 11 a.m.-2 p.m. Dinner is available Mon.-Sat., 5-10 p.m. For carry out, call 486-6107 or 06371-86-6107.
Valentine Special Feb 14, 5 -10 p.m. Enjoy a choice of 2 dinner specials with your favorite person. Call 486-6107 or 06371-86-6107

Kaiserslautern Arts & Cultural Center

The new Arts & Cultural Center will open in Kaiserslautern on Mar. 1, 2013. The Center will close its activities in Heidelberg to move to the Kaiserslautern Community Activity Center (KCAC) on Daenner Kaserne, Building 3109. The Grand Opening celebration will be **March 15 & 16.**

Sembach Community Activity Center

Looking for a place to relax on Sembach Kaserne? Need a venue for your celebration? SCAC has you covered! Come in and enjoy a beverage at the Manhattan Lounge or relax in the Warrior Zone. Restaurant, catering, and One Stop Shop with VAT services also available. **Call: 496-5180 or 06302-67-5180 for more information.**

President's Day

Ski & Snowboard Weekend
Feb. 15-18

-Transportation, lodging, and discounted rentals.
-Europe's highest peak
-Interlaken's famous trio

To sign up for trip, contact Army Outdoor Recreation
Call: 493-4117 or
0631-3406-4117

SPRING BAZAAR

STROLLERS WELCOME!
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SAT: 10 AM - 7 PM
SUN: 10 AM - 5 PM
MAR. 1 - 3
RHINE ORDNANCE BARRACKS
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Edelweiss Weekend

Hosted By: USAG Kaiserslautern BOSS

March 15-17, $150
Includes:
-Round trip transportation to Garmisch
-Two nights lodging
-Breakfast and Dinner

Registration Deadline is FEB. 14
Act fast, space is limited!

BOSS Trips are open to Military ID Card Holders that are Single or Geographical Bachelors.

REGISTER HERE:
Army Outdoor Recreation, Pulaski Barracks, Bldg. 2905
493-4117 or 0631-3406-4117

Armstrong's Club

Valentine Wine Tasting

Latin Night Feb 16, 9 p.m. Live DJ and loud Latin music!
Karaoke Night Feb 15, 9 p.m - 2 a.m.
House Party Feb 22, 9 p.m.-2 a.m., Live DJ, no cover charge!
Valentine Wine Tasting: Feb 14, 7 p.m. Enjoy a relaxing evening out at the 2nd annual Valentine's Day wine tasting. Learn and sample European wines and enjoy light refreshments served in the romantic Armstrong's Club ballroom. $20/ Person
Must be 18 or older to participate.
For reservations and more information, call:
0631-354-9986

Feb 14
7 pm

This Valentine's Day, do something sophisticated.

Vogelweh Housing, Bldg. 1036

Sembach Community Activity Center Presents:

HOT FRIDAY

A FIERY AFFAIR

FEB 15 8 PM - 2 AM
FEATURING VJ CRAZY T
KARAOKE · MUSIC · DANCING
MANHATTAN LOUNGE
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SEMBACH KASERNE, BLDG. 220

kaiserslautern.armyMWR.com

FOR SOLDIERS | FOR FAMILIES | FOR RETIREES | FOR CIVILIANS

Photo by Staff Sgt. Alexander Burnett

21st TSC Family Readiness Group Chili Cook-Off

Sgt. Maj. Michael Clauss, the 21st Theater Sustainment Command's intelligence section sergeant major and a native of Waukegan, Ill., pours a cup of his holiday-inspired chili during the 21st TSC Family Readiness Group Super Bowl Chili Cook-Off on Panzer Kaserne Feb. 1. Even though Clauss' chili was described by one taster as "If the southwest and Christmas had a baby," Jamie Akin, spouse of Spc. Jon-Richard Scott Akin, 21st TSC G6 help desk technician, was judged the first-place winner. Second place went to Sgt. Juan Diazfuentes, 21st TSC Support Operations, with Sgt. 1st Class Troy Fondaw, host nation support NCO, claiming third place.

Photo by Senior Airman Whitney Stork

Dental health

Airmen from the 86th Dental Squadron inform members of the KMC about National Children's Dental Health Month Feb. 1 in the Kaiserslautern Military Community Center on Ramstein. All month, volunteers from the 86th DS go around to the different schools on Ramstein to teach children about preventive dentistry.

At the barber shop

Capt. Brandon Sanders, 86th Force Support Squadron flight commander, gets his hair cut Feb. 1 at the barber shop in the Kaiserslautern Military Community Center on Ramstein. According to regulations, military members need to maintain a professional appearance right down to their haircut.

Photo by Senior Airman Caitlin O'Neil-McKeown

AROUND THE KMC

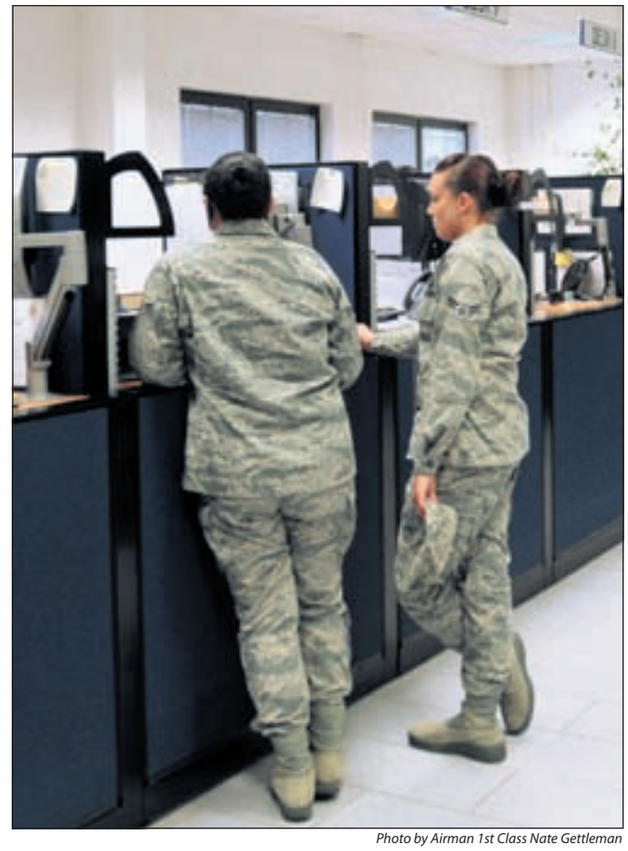


Photo by Airman 1st Class Nate Gettleman

Vehicle registration

The Kapaun Air Station Vehicle Registration office is the only place in the KMC for Americans here on official orders to register privately owned vehicles.

Photo by Airman 1st Class Dymekre Allen

Full service for vehicles

Senior Airman Gustavo Remirez, 86th Vehicle Readiness Squadron vehicle and vehicular maintenance journeyman, installs a turbo pipe intake to on Ford F350 Jan. 29 on Ramstein. The members of 86th VRS provide full-service vehicle operations and management support to members of Team Ramstein and associate units across Europe and Africa.

NCOA instructors visit VRS under shadow program

by Airman 1st Class Jordan Castelan
86th Airlift Wing Public Affairs

Instructors from the NCO academy visited the 86th Vehicle Readiness Squadron on Ramstein Jan. 30 to further expand teaching expertise.

The Kissling NCOA, located on Kapaun Air Station, continuously engages their instructors in activities to enhance their teaching corps.

"The NCOA shadowing program started as a professional development opportunity for the instructors," said Chief Master Sgt. Christopher Moore, U.S. Air Forces in Europe Headquarters commandant of Kissling NCOA. "We realized that we could take the opportunity to partner with host units locally to gain a better understanding of Airmen from any particular unit. Just as the students gain from the interaction with other Airmen in different Air Force Specialty Codes, the instructors now have a better understanding of all different AFSCs."

The shadowing program aims to improve class dynamics and bolster instructor-to-student relations.

"After each shadowing opportunity we meet in a core group atmosphere," said Moore.

"The instructors share what they experienced and discuss how that can be applied to teaching and communicating the curriculum more efficiently for each student.

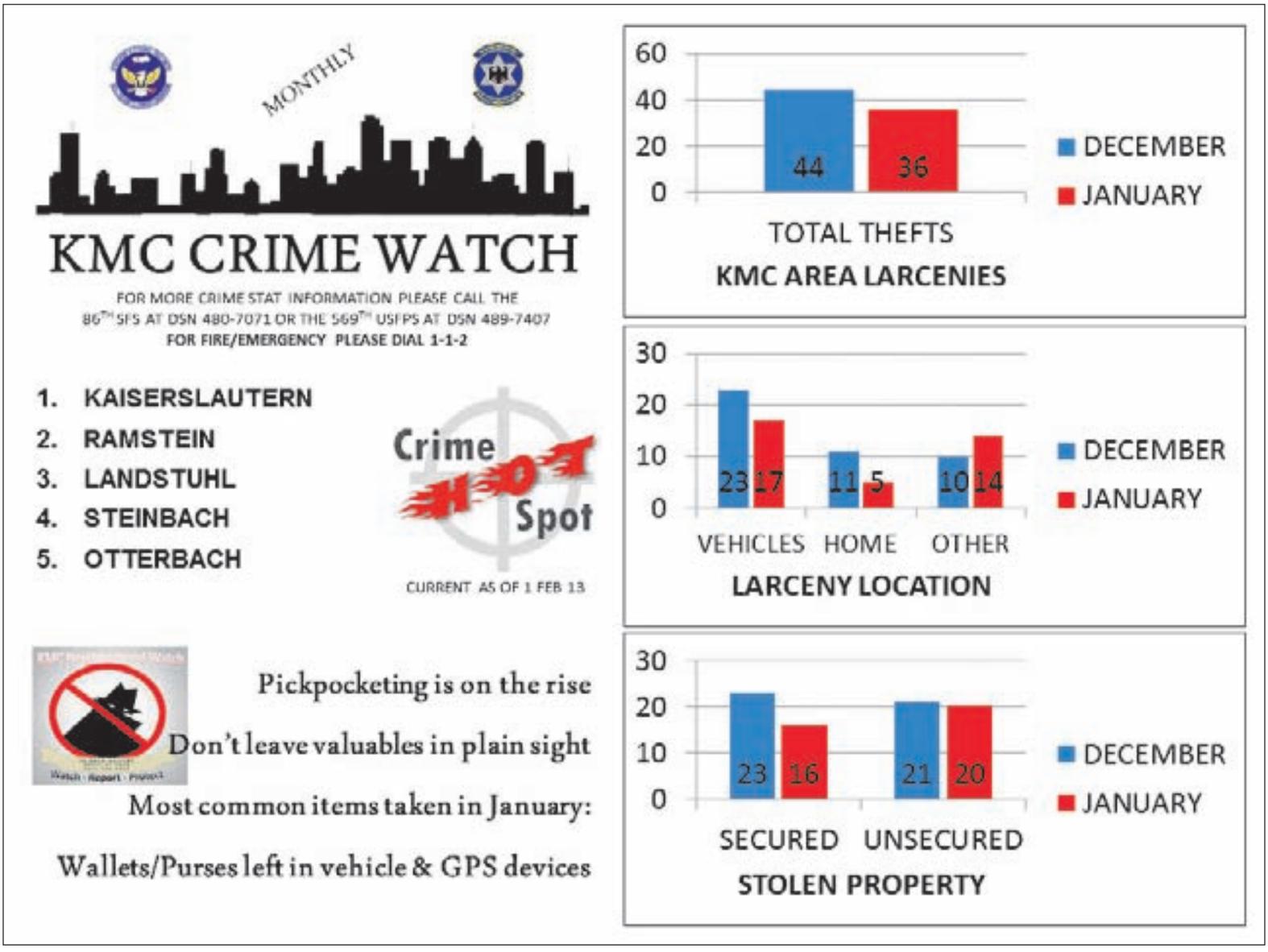
We have already started to receive students who recalled the instructors coming out to their workplaces, which has helped to foster rapport in the classrooms."

Leadership from the VRS viewed the shadowing program as a way to improve the quality of NCOA instructor capabilities, said Moore.

"Having the instructors come out here is a worthwhile experience," said Senior Master Sgt. Richard Albeck, 86th VRS vehicle fleet manager. "It's important for instructors to get out in the field and have a boots-on-ground approach to see what daily challenges different Airmen go through."

Moore believes possessing the highest quality of leadership possible is necessary for the most advanced Air Force in the world.

"It is absolutely pertinent for the Air Force that we develop our NCOs to have critical thinking skills and solid leadership principles through professional military education," said Moore.



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What to do if you have the flu

by Chuck Roberts
LRMC Public Affairs

Peak flu season in Europe hasn't arrived yet (that usually occurs in February through March) but that doesn't mean people aren't getting the flu. But how do you know if that sick and achy feeling is just a bad cold or the flu, and once you determine your particular type of illness, what should you do to minimize the discomfort and get better?

Army medical officials offer the following guidance on what to do if you think you or your children have seasonal flu or flu-like illness.

"There are several steps you can take to prevent you and your family from getting ill such as getting your flu shot, washing your hands and covering your cough. If you do get ill it is important to stay at home to decrease the risk of spreading the flu to others," said Lt. Col. Kathi Hill, Chief of Preventive Medicine at Landstuhl Regional Medical Center, and the Europe Regional Medical Center Command Consultant for Public Health Nursing.

Some common questions may be:
What are the symptoms to look for?

If you wake up not feeling well, the following are common flu symptoms: fever (typically greater than 100 F or 37.8 C). It is important to know that you can still have the flu without a fever, headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose or body aches. Stomach symptoms such as nausea, vomiting and diarrhea may also occur, but are more common in children that adults. Some people infected with the flu may have respiratory symptoms without a fever.

Should I contact my healthcare provider or go the Emergency Room if I think I have the flu?

If you get sick with flu symptoms and are at high risk of flu complications, or you are concerned about your illness, call your healthcare provider for advice. High risk individuals should seek care early if they develop flu symptoms. Their providers will determine whether flu testing or treatment is needed.

The following individuals are at higher risk for severe illness or complications from flu:

- Children younger than 2 years old
- People 65 and older
- Pregnant women
- People who have:
  - Cancer
  - Blood disorders (including sickle cell disease)
  - Chronic lung disease [including asthma or chronic obstructive pulmonary disease (COPD)]
  - Diabetes, heart disease, kidney disorders, liver disorders
  - Neurological disorders (including nervous system, brain or spinal cord)
  - Neuromuscular disorders (including muscular dystrophy and multiple sclerosis)
  - Weakened immune systems (including people with AIDS)

Should I go to the emergency room?

The emergency room should be used for people who are very sick. You should not go to the emergency room if you are only mildly ill. If you go to the emergency room and you are not sick with the flu, you may catch it from people who do have it. An emergency room visit should be made if you or your child experience chest pain, shortness of breath, wheezing, fever with a rash, unable to take in water, sudden dizziness, or confusion. If you are unsure, you should call your health care provider.

Fortunately, most healthy people with mild flu illness do not need medical care or antiviral drugs. Over-the-counter cold and flu medications can help lessen symptoms such as fever, cough and congestion.

How should I treat myself or my child while sick at home?

- Stay home for at least 24 hours after your fever has gone (temperature is below 100 F or 37.8 C) except to get medical care or for other necessities. Your fever should be gone without the use of fever-reducing medicine, or when all your symptoms have resolved.
- If you must leave your home or barracks for healthcare or food procurement, wear a surgical/face mask. Try to arrange for a family member, friend or neighbor to obtain food and other items for you.
- Keep away from others as much as possible. This is very important to help reduce the spread of the virus!

Healthcare workers may return to work after a 24-hour fever free period but cannot care for immune-compromised patients for seven days from symptom onset and until 24 hours without fever, whichever is longer.

All home, isolation and exclusion periods apply regardless of whether antiviral medications are taken.

- Drink clear fluids (such as water, broth, sports drinks, electrolyte beverages for infants) to keep from being dehydrated, get plenty of rest and follow good hand, respiratory and cough hygiene measures.
- Do not share dishes and eating utensils. These can be washed in the dishwasher or with hot soapy water.
- Have everyone in the household wash hands often with soap and water, especially after coughing or sneezing. Alcohol-based hand cleaners are also effective. Restrict visitors to the home!
- Cover your cough and wash your hands often, even when taking antiviral medications, to prevent spreading influenza to others. Avoid close contact (within six feet) with others and do not go to school or work while ill.
- Call your clinic if you (or your child) experience any side effects; i.e. nausea, vomiting, rash, or unusual behavior.
- If you or your child is prescribed antiviral medications, please take all of it as directed.
- Take over-the-counter medications for symptom relief as needed for fever, pain and cough. These include medicines such as acetaminophen (Tylenol), ibuprofen (Advil, Motrin, Nuprin), and/or cough and cold medicines. These medicines do not need to be taken regularly if your symptoms improve.
- Do not give aspirin (acetylsalicylic acid) or products that contain aspirin (e.g. bismuth subsalicylate - Pepto Bismol) to children or teenagers 18 years old or younger.
- Children younger than 4 years of age should not be given over-the-counter cold medications without first speaking with a healthcare provider. Call your medical provider or clinic for guidance.
- Throw away tissues and other disposable items used by the sick person in the trash. Wash your hands after touching used tissues and similar waste.
- Keep surfaces (especially bedside tables, surfaces in the bathroom, and toys for children) clean by wiping them down with a household disinfectant according to directions on the product label. If using individual moistened cloths change them frequently and discard.
- Linens, eating utensils and dishes belonging to those who are sick do not need to be cleaned separately, but importantly these items should not be shared without washing thoroughly first.
- Wash linens (such as bed sheets and towels) by using household laundry soap and tumble dry on a hot setting.
- Avoid "hugging" laundry prior to washing it to prevent contaminating yourself.
- Wash your hands well after handling dirty laundry
- Designate one person as the ill person's caregiver, if possible. Try to identify a person as the primary caretaker who is not at high risk of flu associated complications.
- When holding small children who are sick, place their chin on your shoulder so that they will not cough in your face.
- Monitor yourself and household members for flu symptoms and contact your local health care clinic if you have questions.
- Minimize close face-to-face contact (less than about 6 feet away) with the sick person. If close contact is unavoidable, consider wearing a facemask (surgical mask) if available and tolerable.
- Used facemasks should be taken off and placed immediately in the regular trash; avoid reusing if possible. Wash your hands immediately afterwards.

In Germany, beneficiaries can call the Nurse Advice Line 24 hours a day at 00800-4759-2330 from most countries in Europe.

- Belgium: 0800-17920
- Italy: 800-877660
- Greece: 008-001-1815-3044
- From U.S.: 1-888-475-9233
- Turkey: 00-800-13815-9042

No one in my family has gotten the flu yet. Should I still receive the flu vaccine?

Yes. Seasonal flu vaccinations are available at your local health clinic. The Center for Disease Control recommends that even if you have had the flu you should receive the influenza vaccine. The vaccine covers three strains of flu so being vaccinated protects you from other strains. Health officials advise everyone to get their flu vaccine.

Black History Month luncheon takes place Feb. 19

The 86th Airlift Wing will sponsor a Black History Month Luncheon 11 a.m. Feb. 19 at the Ramstein Officers' Club. Guest speaker will be Chief Master Sgt. Jack Johnson Jr., Command Senior Enlisted Leader, U.S. Africa Command. Tickets are $12 for club members and $15 for non-club members. For more information contact MSgt Tracey Brumfield at 479-4239 or 06371-46-4239.

The story of Black History Month begins in 1915, half a century after the Thirteenth Amendment abolished slavery in the U.S. That September, the Harvard-trained historian Carter G. Woodson and the prominent minister Jesse E. Moorland founded the Association for the Study of Negro Life and History, an organization dedicated to researching and promoting achievements by black Americans and other peoples of African descent.

Known today as the Association for the Study of African American Life and History, the group sponsored a national Negro History week in 1926, choosing the second week of February to coincide with the birthdays of Abraham Lincoln and Frederick Douglass.

The event inspired schools and communities nationwide to organize local celebrations, establish history clubs and host performances and lectures.

In the decades that followed, mayors of cities across the country began issuing yearly proclamations recognizing Negro History Week. By the late 1960s, thanks in part to the Civil Rights Movement, Negro History Week had evolved into Black History Month on many college campuses.

President Gerald R. Ford officially recognized Black History Month in 1976, calling upon the public to "seize the opportunity to honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history." Since then, every American president has designated February as Black History Month and endorsed a specific theme. The 2013 theme, "At the Crossroad of Freedom and Equality: The Emancipation Proclamation and The March on Washington," pays tribute to the anniversary of two important African American turning points — the 1863 Emancipation Proclamation and the 1963 March on Washington.

(Provided by Master Sgt. Tracey Brumfield, 86th AW Black History Month chairperson)

Source: Davenport University online Library: http://libguides.davenport.edu/contentphp?pid=303298&sid=2495766

The History Channel online: www.history.com/topics/black-history-month

Going to extremes to save money

by Airman 1st Class Holly Cook
86th Airlift Wing Public Affairs

When people first hear the words extreme couponing, they might think of people walking around the commissary with piles of coupons and buying every sale item off the shelf; they imagine the extremes.

Well that's not always the case. Using organization and group support, families in the KMC are saving money the quick and easy way.

"One day I was flipping through channels and came across this show called 'Extreme Couponing,'" said Tricia Beverly, wife of Army Staff Sgt. Wesley Beverly, 21st Theater Sustainment Command Headquarters material control and accountant supervisor. "So one day, some friends and I were talking and one of them brought up the show. From there we said, "Hey, let's give it a try." So we went out that Sunday morning and purchased about two papers and went home and clipped."

Here in the KMC, couponing has become bigger than ever with the help of this group's Facebook page and informative classes.

"Now there are 550 members and the group is still growing," said Beverly.

The members of the couponing group spread their knowledge to the public through educational classes where members of the KMC can learn techniques to couponing.

"There are also classes for beginners or anyone who just wants to come out and learn more techniques on couponing in Germany," said Beverly. "These classes are called 'Coupons and Coupons.' They are usually held at the Java Café on Rhine Ordnance Barracks."

By attending these classes or joining the club, anyone in the KMC can learn how to save money the easy way. A KMC member's grocery bill will decline with each coupon using these techniques.

"By couponing, I've cut my monthly grocery bill in half," said Beverly. "In a month, I can save anywhere from $200 to $500 with coupons."

Instead of going to the extremes to save on your next purchase, keep it quick and simple by clipping money-saving coupons. Who knows how much you can save on your next shopping trip?

Photo by Airman 1st Class Holly Cook

Tricia Beverly, wife of Army Staff Sgt. Wesley Beverly, 21st Theater Sustainment Command Headquarters material control and accountant supervisor, clips coupons at her home Feb. 1 in Schwedelbach. Beverly is a member of the couponing club for the KMC, where she helps families learn how to save money by clipping coupons.

Movement control unit conducts mission readiness exercise

by 1st Lt. Chaz Deering
39th Movement Control Battalion Public Affairs, 21s TSC

Soldiers of the 21st Theater Sustainment Command's 39th Transportation Battalion Movement Control conducted a mission readiness exercise on Panzer Kaserne, Jan. 14 to18, to prepare for their upcoming deployment in support of Operation Enduring Freedom.

Once the MRE commenced, the battalion virtually disembarked Germany and was operating in full gear in Bagram, Afghanistan.

"The intent of the training was to emulate the current movement control battalion's mission in Afghanistan to provide a realistic training event for our Soldiers and leaders in the battalion," said Maj. Jessica Salgado, operations officer for the 39th Trans. Bn.

Soldiers and leaders completed scenarios that employed critical thinking skills that included planning strategic projects to briefing the battalion commander and diverse Soldier issues often encountered downrange.

Decisions made, good or bad, had a range of consequences that would affect the outcome of the scenarios and test the battalion's processes and procedures.

Although movement control battalion Soldiers are typically movement control specialists, Soldiers with different military occupational specialties cross trained to meet the battalion's objectives. "My (military occupation) specialty is a heavy equipment operator, but I learned skills that a movement control specialist uses, so I was constantly busy learning the job," said Spc. Michael Boswell, with 39th Trans. Bn. "I enjoyed the authenticity of the training event; it seemed like we were actually downrange."

The MRE was planned by Salgado and the Kaiserslautern Mission Command Training Center, and involved support from the 39th Trans. Bn., the 21st TSC and the 49th Joint Movement Control Battalion.

"The KMCTC support during the planning process was phenomenal," said Salgado. "Their guidance and expertise made the computerized training event a reality."

To assist with the training exercise, the 39th Trans. Bn. flew in two members from the 49th JMCB; the unit that they will be replacing in Afghanistan.

During the past five months, the two units developed a working relationship including a visit to Bagram in November to better prepare for their transfer of authority.

Overall, the unit's relationship and ability to effectively communicate led to a successful training event preparing the 39th Trans. Bn. with the ability to provide movement control for United States and coalition forces in support of their upcoming deployment, added Salgado.

Human resources has new location, services consolidate

Story and photos by Ignacio "Iggy" Rubalcava
U.S. Army Garrison Baumholder
Public Affairs Office

A concept to consolidate all Baumholder newcomers functions has been in the planning for five years and on Jan. 23 the first phase of this plan became a reality when the Directorate of Human Resources opened for business in its new facility in Bldg. 8660.

If you need a new ID card, passport, retiree assistance, casualty assistance or any other personal service, the new facility now offers one-stop assistance for all these services and more.

The DHR began its move Jan. 14 into Bldg. 8660, across from the Postal Service Center. The move provides a more central location for services critical to the community. Some of the DHR services were limited or closed during the move but now all services have resumed at their new location in Bldg. 8660.

"In this building we find such services as ID cards, passports, finance and in-processing as well as the military personnel division.

This makes it a one-stop shop for our new Soldiers arriving. It makes it easy for the community to get the services they need in one specific location," said Chris Macri, director of human resources.

"This is truly a great opportunity to provide services for the Garrison, for the community and the folks that live here and work here and play here," he said.

Here's a complete list of services now available in Bldg. 8660.

- Military Personnel Services
- Ration Cards
- Survivor Outreach Services
- Civilian Misconduct Actions
- In-processing (1)
- ITC (In-processing Training Center) (1)
- MilPay Finance Customer Service
- ID Cards/IACS/Passports

The Community Information Center has also moved to Bldg. 8660.

Additionally, Army Community Service now offers a new service, a satellite lending closet, in Bldg. 8670. The lending closet at ACS will remain in service at its current location.

Macri talks briefly about the new facility in a video posted on the USAG Baumholder Facebook page at: http://www.facebook.com/USAGBaumholder. The direct link to the video is available at: http://www.youtube.com/watch?v=dF-JGdKT2dc.

Karin Blessmann, an employee for the Directorate of Human Resources, settles in at her new work station and gets ready to assist customers. DHR has consolidated its services in Bldg. 8660.

Bldg. 8660, the old site of the Division Artillery, is now the home for the U.S. Army Garrison Baumholder Directorate of Human Resources and the home for customer service.

"We were very happy with our passport service yesterday," said Cheryl Dines Patterson, a DHR customer who posted her appreciation for the new facility on Facebook.

Photo by Agnes Gonzales

Terra Nova

Vogelweh Elementary School counselors Nicole Flores and Jason Greve talk with Chris and Adriana Williams, parents of fifth-Grader Zahra Williams, about the Terra Nova Assessment. Third through 11th grade students in all KMC area schools will be taking the Terra Nova from March 11 to 15.

Courtesy photo

Reflections program

First place winners of the Landstuhl Elementary-Middle School annual reflections program in January pose for a photo. These winning entries will go on to compete in the European PTA level. Front row: Ariana Beverly, Randy Howard, Megan Maldonado, Sennett Goodwin, Larissa Hanson, Noella Barron, Contessa Barron. Back row: Taylor Swope, Lucy Powell, Hailey Braddock, Tatianna Ford, Martha Grace Evans

SCHOOLS AROUND THE KMC

Photo by Lori Escobar

Building roller coasters

Fourth, fifth and sixth graders at Wetzel Elementary School in Baumholder create a roller coaster prototype in their STEM class at the school. The students followed the engineering design process: define the problem, research, create solutions, choose the best solution, develop, build and prototype, test and redesign. While working on the design, students problem solved while seeing many forces at work, including friction, centrifugal force, gravity and speed. They experimented with potential and kinetic energy in order to engineer the best roller coaster prototype.

The drive behind the force

Story and photos by
Airman 1st Class Hailey Haux
86th Airlift Wing Public Affairs

Supporting more than 30,000 missions, moving more than 147,000 passengers and 17 million pounds of cargo in the past year, the 86th Vehicle Readiness Squadron supports all units in the Kaiserslautern Military Community.

"We have a wide range of vehicles to help support just about anything," said Master Sgt. Brian Hoggard, 86th VRS vehicle operations supervisor. "It can range from driving a smaller sedan to a huge wrecker or bus."

One asset available here are shuttle buses driven by civilian and military members of the 86th VRS.

"Our people operate the base shuttle system to support all of Ramstein and help others get from point A to point B," said Hoggard. "We had more than 6,000 people utilizing our shuttle service last year."

The base shuttle runs from 6 a.m. to 6 p.m. to allow members of Team Ramstein to get to appointments or across base during the day.

"I had to finish up in-processing and get a few things at the (The Exchange) and it was a bit of a walk to the dorms in the rain," said Airman 1st Class Katrina Alvarez, 721st Aerial Port Squadron. "I like to use the shuttle because it's a faster way to get around and it helps me get things done a lot quicker."

From sunny one day to snowing the next, the weather here can pose a challenge for the shuttle drivers on base.

"When the weather gets difficult, our drivers drive slower and watch out for other vehicles and people," said Tech. Sgt. Joshua Brown, 86th VRS chief dispatcher.

"The vehicles that we drive are a lot bigger, and they can't stop on a dime, so we have to be very observant with what is going on around us."

The shuttle drivers also transport aircrew to and from aircraft on the flightline and, occasionally, off base.

"We received new Euro-spec buses to conduct off-base missions," said Hoggard. "It's a lot easier to blend in now." With a variety of missions to support, the 86th VRS shuttle drivers provide Team Ramstein members from around the KMC the opportunity to get to the places they need to be in a timely manner to keep the mission going.

LEFT: Gerhard Ruegger, 86th Vehicle Readiness Squadron bus driver, drives the base shuttle Jan. 30 on Ramstein. The base shuttle runs from 6 a.m. to 6 p.m. to allow Airmen and family members to get to appointments or across base during the day.

RIGHT: Bus stop where military members and their families can catch the base shuttle from 6 a.m. to 6 p.m. daily on Ramstein.

Sports Drinks & Tooth Decay

by Capt. Wah-Yung Tsang
86th Dental Squadron dentist

Have you ever wondered how beneficial sports drinks are? Sports drinks have high sugar content and acid levels that contribute to tooth decay. In the British Journal of Sports Medicine, Dr. Alex Milosevic of the University of Liverpool in England reported the case of a 23-year-old cross-country and marathon runner whose upper teeth had eroded from drinking sports drinks regularly for the past year. What does this mean for you — skip the sports drinks. As Kurt Butler said in A Consumers' Guide to Alternative Medicine, "they do efficiently replenish body fluids after a marathon or near-marathon. But they provide no competitive edge over those drinking less costly fluids." Water is still your best choice for fluid replacement.

Read labels carefully; know that one teaspoon of sugar is equal to about 4.2 grams in weight. If your bottle of sports drink says 44 grams of sugar, you would divide 44 by 4.2 which is equal to 10 teaspoons of sugar. The World Health Organization recommends limiting sugar intake to 45 grams (~11 teaspoons) a day or less. Getting more will slow absorption and may cause stomach cramps. Also, when drinking sports drinks, don't sip or swish. The longer they stay in your mouth, the more damage they can do to your teeth. So next time you reach for your favorite sports drink take a moment to remember the dental consequences.

Please stay tuned all month as we celebrate National Children's Dental Health Month with information you and your child should know about taking care of your teeth. For questions or concerns contact the 86th Dental Squadron at 479-2210 or 06371-46-2210.

Mentorship program pairs local Army unit with DOD schools

by Sgt. 1st Class Matthew Chlosta
7th CSC Public Affairs Office, 21st TSC

Chemicals, formulas and flames were the focus of 18 Soldiers from the 7th Civil Support Command's 773rd Civil Support Team and more than a dozen Kaiserslautern High School freshmen who met as part of the ongoing 21st Theater Sustainment Command's mentorship program, Jan. 28-29 and Jan. 31. The mentorship program began within the 21st TSC in 2010, and offers Soldiers an opportunity to share their life experiences with high school students. With the 773rd CST being the 7th CSC's chemical, biological, radiological and nuclear specialists, meeting with the chemistry students was a perfect mix.

"It was a great opportunity for us to get out in the local community and interact with the high school students and for them to ask us questions about how chemistry relates to our job in the military," said Sgt. Brandon Taylor, 773rd CST and Chicago native. "It was a good learning experience for them and now they know what they learn in chemistry class can help them achieve future career goals and opportunities."

The Soldiers and students worked on chemical equations during the first two days in the classroom. On the third day, they conducted a flame test that involved teams of two Soldiers and three students identifying elements (compounds) by their color using a blue flame in the KHS chemistry lab.

"It was fun working with the Soldiers, getting to know them," said Robert Brown, KHS freshman and Chicago native. "It was fun to try to teach them balanced equations. I want to teach math and science in the future."

"I think the experience was very fun and interesting," said Zarrian Fields, KHS freshman and Killeen, Texas, native. "I learned that different elements can turn and change into different colors when burned by propane."

This was an opportunity for the students to talk to the Soldiers about career opportunities in the CBRN field, said Cynthia Jackson, class instructor and Houston, Texas native, who has a doctorate in education. "It gives them an outlook of what the future can be." Jackson said her students often ask why do they need to learn how to balance equations and mix chemicals?

"Well, there's a job in the real world that relates to this," said Jackson. "We get to mentor each other." Lt. Col. Leslie Dillard, the 773rd CST commander and Huntsville, Ala., native, echoed the informational cross-exchange between the students and Soldiers. "This is the first time that the 773rd CST has been involved in the mentorship program," said Dillard. "Mentorship programs are important to the development of not only the students but also to the Soldiers. Sharing life's experiences with our future keeps them engaged."

The 773rd CST has planned a field trip to Rhine Ordnance Barrack in April when students will spend a day with the Soldiers to experience a day in the life of a CBRN and hazardous material technician. "It's nice to have people around me that know what they're doing," said Abbi Charpentier, KHS freshman and Houma, La., native. "We'd like them to come back.

Photo by Sgt. 1st Class Matthew Chlosta

Left, Robert Brown, Kaiserslautern High School freshman; Maj. Melissa Frauendorfer, nurse practitioner, 773rd Civil Support Team of the 21st Theater Sustainment Command's 7th Civil Support Command; Sgt. Brandon Taylor, 773rd CST; Zarrian Fields, KHS freshman; and Abbi Charpentier, KHS freshman, test different elements [compounds] during a flame test at KHS during 773rd CST partnership/mentorship activity, Jan. 31.

School Notes

RMS PTSA meeting

The Ramstein Middle School PTSA holds its monthly meeting at 3:15 p.m. Thursday in the school's information center/library. Current and new members are welcome to attend. For more information, contact the PTSA at rams.ptsa@google.mail.

Valentine's dance

Ramstein Middle School's PTSA will be hosting a Valentine's Day Dance from 6 to 9 p.m. Thursday at the school. The PTSA is seeking volunteers to help out with serving food and chaperoning. Tickets cost $5 in advance and $9 at the door. Entrance will include chips and drink or any two combination of snacks. Tickets can be purchased during your lunch periods. For details, contact Guy Moore at guy.moore@eu.dodea.edu.

Youth after school program

The CYS Services Landstuhl Youth Center offers a free after school program for youth in sixth to 12th grades. The program features food, homework assistance and tutoring, special events, and more. For more information or to register, visit a One Stop Shop or Parent Central Services.

KMC Teen Shuttle

Child, Youth & School Services have resumed its KMC Teen Shuttle service. Pick-up/drop-off points are located throughout Vogelweh, Vogelweh Housing, Ramstein, Landstuhl and the Melkerei in Landstuhl city. ID card, shuttle card and permissions slips are required to ride the shuttle. Apply for your Shuttle Card at Central Enrollment & Registration located on Pulaski Barracks, Bldg. 2898 (call 493-4516/4122 or 0631-3406-4516/4122) and on Landstuhl Post, Bldg. 3810 (486-8943/8991 or 06371-86-8943/8991). Visit www.kaiserslautern.armymwr.com for more information or to download the schedule.

Music lessons

SKIESUnlimited music lessons are designed to teach all levels and abilities. Voice, piano, music and violin lessons are being offered for children and youth ages 18 months to 18 years. Children and youth will participate in recitals. For further information, contact Parent Central Services Pulaski Barracks, Bldg. 2898, at 493-4516/4122 or 0631-3406-4516/4122, or the Landstuhl One Stop Shop, Bldg. 3810, at 486-8943 or 06371-86-8943.

February 2013

Mark Your Calendar

» To close out the annual Fasching season on Ash Wednesday, the Deutsches Haus restaurant will offer the traditional herrings special starting 9 a.m. Wednesday. Cost is €4.90. The restaurant is located in Bldg. 544. For details, visit www.deutscheshaus-ramstein.de.

» Road construction: The intersection of county roads L363 and L470 (exit Landstuhl toward Bann, traffic lights) will be under construction starting Feb. 18. L470 will be totally closed for several months. Motorists, who live in Landstuhl-Melkerei, Bann, Queidersbach, or who work at the Landstuhl Regional Medical Center, or who want to go on autobahn A62, might experience traffic impacts.

» The German American and International Women's Club Kaiserslautern will collect donations for the next Pfennig Bazaar scheduled to take place March 1 and 2. Donations will be taken 9 a.m. to noon Feb. 15 and 16 at the Pfennig Bazaar warehouse, Hackstrasse 4 to 6 in 67657 Kaiserslautern. Clothes, household items, electrical appliances, toys and books will be needed. Furniture, mattresses, shoes, suitcases and other big items will not be accepted. For details or to volunteer contact Martina Anctil at martina-daifc@anctionline.net or call 0631-41239031, or visit www.gaiwc.com.

» Black History Month events: The 86th Airlift Wing will host a Black History Month luncheon at 11 a.m. Feb. 19 at the Ramstein Officers' Club. For more information, call Master Sgt. Tracey Brumfield at 478-4239.

» KMC Onstage is holding open auditions for the play, "I Remember Mama," at 7 p.m. Tuesday and Wednesday in Bldg. 3232 on Kleber Kaserne. Auditions will consist of cold reads. Open to ages 8 and up. This show will be a "Topper" entry. For more information, call 483-6626 or 0631-411-6626.

» Stop by Kleber Kaserne's Java Cafe Feb. 15 to prove you are "Smarter Than A Barista!" Trivia questions will be displayed. Answer one correctly to win a drink on the house. Trivia questions will change every 30 minutes. One free drink (up to $4) per customer. Java Cafe is located in Bldg. 3232 (inside KMC Onstage). For details, call 483-8063 or 0613-411-8063.

» KMC Onstage presents "A Streetcar Named Desire." Performances will take place Feb. 22 to 24 and March 1 to 3. Show times are at 7:30 p.m. Fridays and Saturdays, and 3 p.m. Sundays. Tickets cost $14 for adults and $12 for students and seniors. KMC Onstage is located in Bldg. 3232 on Kleber Kaserne. For details, call 483-6626 or 0631-411-6626.

» Bruno's Pasta Bar, located inside of the Landstuhl Community Club, is now closed on Sundays. The Landstuhl Community Club will open on Sunday if a reservation is made. Call 486-6107 to coordinate events. The Landstuhl Community Club is located in Bldg. 3780. For more information, call 486-7244 or 01371-86-7244.

» During the month of February, collect your check-out receipts from U.S. Army Garrison Kaiserslautern libraries. Patrons with the most check-outs can enter to win a $200 Outdoor Recreation trip! Stop by your local USAGK library for more information. The Kaiserslautern Main Library is located in Bldg. 3810 on Landstuhl (call 486-7322 or 06371-86-7322). The Kleber Branch Library is located in Bldg. 3205 (call 483-1740 or 0631-411-1740).

» Come boot, shoot and boogie with everyone else at Kazabra Club's Country Nights from 8 p.m. to 4 a.m. every Saturday in Bldg. 2057 on Vogelweh. Call 489-7261 for details.

» Command the stage by displaying your talent at Tuesday Night Expressions, from 7 to 10 p.m. every Tuesday at the Landstuhl Community Club, Bldg. 3780 on Landstuhl Post. Children can participate until 8 p.m. with parental supervision. Bring your own props, instruments and equipment. It's free for performers. Open to U.S. ID cardholders.

» Dance the night away at Armstrong's Club's R&B Night from 9 p.m. to 2 a.m. every Saturday in Bldg. 1036 on Vogelweh. For details, call 0631-354-9986.

Valentine's Day Events

» Put you and your loved one's teamwork to the test at the Sweetheart Tournament at 6 p.m. Thursday at Strikers Bowling Center, Bldg. 8105 on Smith Barracks in Baumholder. Couples will bowl three games of "Scotch Doubles" and compete for cash prizes. Entrance fee is $20, and couples must sign up by Monday. This tournament is for anyone 18 and over. For details, call 485-6569 or 06783-6-6569.

» Celebrate the season of love with breathtaking views of the Pfalz landscape from the Sembach Community Activity Center's Manhattan Lounge, located in Bldg. 220 on Sembach Kaserne. Enjoy the cozy enclosed patio and fireplace lounge on "Hot Friday: A Fiery Affair," from 8 p.m. to 2 a.m. Feb. 15. Candle light and Valentine's Day inspired drink specials will set the mood for a sizzling night out! Featuring VJ Crazy T, Karaoke, music and dancing. For details, call 06302-67-5170.

» Join us for an evening of desirable flavors at the Valentine's Wine Tasting, at 7 p.m. Thursday at Armstrong's Club, Bldg. 1036 on Vogelweh. Sample some of the best wines, cheese and chocolates that Europe has to offer. Finger food buffet included. Cost is $10. Must be 18 or older. For tickets, call 0631-354-9986.

» Take advantage of the two-for-one sweet deal the Rhine Ordnance Barracks Java Cafe is offering on Thursday. On this special day, enjoy a two-for-one special on brewed coffee. Share with that special person. One discount per person.

» The Sembach Community Activity Center will hold a Valentine's Brunch from 10 a.m. to 3 p.m. Feb. 17 in Bldg. 220 on Sembach. Enjoy a complete German/American breakfast buffet, complete with a carving station with assorted meats and an omelette station. Costs is $24 for adults and $12 for children up to 12 years old. For reservations, call 496-5178 or 06302-67-5178.

» Bruno's Pasta Bar in the Landstuhl Community Center, Bldg. 3780, is offering a Valentine Day special from 5 to 10 p.m. Thursday. Enjoy a choice of two dinner specials with your favorite person. For reservations, call 486-6107 or 06371-86-6107.

Meetings

» The Rheinland-Pfalz International Choir is getting set to begin its second half program and new members are needed. If you love music and love to sing, consider visiting to see if RPIC is a good fit for you. The choir meets Tuesday evenings in Kaiserslautern-Erzhuetten, and new members are welcome through February. For details, visit www.sing-rpic.de (available in both German and English). There you will find directions, performance samples, music repertoire, photos and contact information.

» Rheinland Pfalz Quilt Guild meetings are held the third Thursday of each month. Night meetings are held the fourth Thursday of each month. Visit www.rpqg.eu for the meeting location.

» The Rhineland Breast Cancer Coalition, a group of breast cancer survivors in the KMC, are celebrating life and supporting and encouraging other breast cancer patients and survivors in the area. This group meets at 6:30 p.m. the second Tuesday of each month at Bambus Garden, outside Pulaski Gate by Vogelweh. For details, email RBCCgroup@yahoo.com.

» The Kaiserslautern chapter of the Sergeant Morales Club meets from 11:30 a.m. to 12:30 p.m. the first Monday of every month at the Rhine Ordnance Barracks DFAC. This meeting is open to all Sergeant Morales members, Sergeant Audie Murphy members and to any NCO who would like to join.

» HUGS playgroup meets at the Vogelweh Community Center every 1st and 3rd Friday of the month, 10 to 11:30 a.m. and is for parents and children ages 0-4. Playgroups offer benefits for both parents and their children. Parents can make new friends and enjoy some grown up conversation while their children develop socialization skills and enjoy educational activities. This is especially valuable for moms that worked full time prior to the baby's birth and are feeling isolated at home alone all day long. For more information, contact Army Community Service at 493-4203 or. 0631-3406-4203.

» Couples Communication is a new 2 part series course being offered through Family Advocacy. In this class learn the keys to better communication, effective listening and understanding taught in a fun learning atmosphere. Take the stress out of your relationship by enrolling today. Classes take place every 1st and 2nd Thursday of the month from 5:30-7:30 p.m. in Bldg. 2917 on Pulaski Barracks. To register call 0631-3406-4203.

Three Spouses to receive emergency medical technology certification course

The Air Force Aid Society in partnership with the Ramstein Airman & Family Readiness Center is providing a Spouse Employment Training Grant for three Air Force spouses to receive Emergency Medical Technology training and certification. The EMT program offers training in prehospital emergency care and provides the training needed for certification testing through the National Registry of EMTs. All necessary requirements will be addressed to uphold an EMT license. The Spouse Employment Training Grant program seeks to address the employment challenges Air Force spouses face each time they PCS. A career in medical technology can be a viable and portable option for those interested in the medical industry, providing greater opportunities for employment and professional growth.

To qualify:

• Need to be a spouse of an Air Force active duty/E-5 and below

• Have a DEROS of December 2013 or later

• Complete a 500 word essay on why and how you will us this certification in your future

• Memorandum of Agreement to complete the course and take exam if selected

The deadline for applications is March 1, 2013. For more information on how to apply for this grant, please contact Jamie Albers at the A&FRC at 480-5100 or 06371-47-5100.

(Courtesy of Ramstein Airman & Family Readiness Center)

German kamikaze pilots in World War II?

by Andy Rhude
U.S. Air Forces in Europe Warrior Preparation Center exercise planner

Editor's note: This is part two of a two-part story on Germany's kamikaze pilots.

As was discussed last week, Germany did recruit pilots for a kamikaze-like mission toward the end of World War II in the Sonderkommando Elbe Luftwaffe task force. The aircraft used was the ubiquitous Bf 109. It was a stripped down version with armor and all guns removed except one that was loaded with only 60 rounds of ammo. This allowed the aircraft to climb rapidly, get above the bomber formations and their fighter escorts, and attack with speed. The targeted part of the bomber (and the most survivable by the attacking pilot) was the delicate tail section, with the wing behind the engine nacelles and the cockpit the backup points of impact. The only mission flown by the Sonderkommando Elbe was on April 7, 1945. As a massive force of 1,300 American bombers and 800 escort fighters with the 8th AF headed toward central Germany, 180 ELBE Bf 109s launched to intercept them.

The most visible and famous encounter during this attack was that of Uffz Heinrich Rosner against the lead formation of 389th Bomb Group "Sky Scorpions" (with 31 B-24 Liberators, the most produced four-engine heavy bomber of World War II).

He managed to fly his 109 through the entire formation, slice through the cockpit of the lead B-24 "Palace of Dallas" and then careen into the deputy lead B-24, taking them both out (the 389th completed its mission successfully despite this loss). Amazingly, Rosner bailed out and survived with minor injuries. A total of 15 Allied bombers were attacked this way and eight were destroyed.

Luftwaffe records claim that at least 22 to 24 American bombers were victims of the Sonderkommando Elbe. An estimated 47 to 53 Elbe aircraft were shot down that day by escorting American fighters, with the death of 30 to 40 Elbe pilots. Sixty of the 180 Bf 109s launched that day returned with mechanical problems. The rammings were played down by American authorities and had little effect on the bombing campaign.

Prior to this effort, in 1944 there was a precedent set by the Luftwaffe to use ramming tactics against bombers. This Sturm-Jagdgruppe used heavily armed (30 mm cannons) and armored Fw 190s, nicknamed "Sturmbock," or battering ram. This tactic though was only used as a last resort if they were unable to destroy their targeted bomber with cannon fire. The tactic was effective, but the heavily laden fighters proved vulnerable to escorting American fighters.

Additionally, there was a unit more similar to the true Kamikaze. As Germany began losing the war, fanatical Nazi officers like Hanna Reitsch proposed attacks using suicide pilots. These proposed attacks, which had roots in German mythology, took advantage of the fanatical Nazi spirit and were glorified by Nazi propaganda. Hitler was reluctant but eventually agreed and the Leonidas Squadron was formed, formally known as 5th Staffel of Kampfgeschwander 200.

This unit was formed to fly a manned version of the V-1 flying bomb, the Fieseler Fi 103R (Reichenberg), and more than 70 volunteers, mostly young pilot recruits, began training to fly. Although

A Ju 88 Mistel with shaped penetration charge and a piloted Bf 109 attached piggy-back.

likely to be killed, the pilot was still expected to attempt to bail out at the last second and survive.

The position of the cockpit directly in front of the intake of the pulsejet engine made this a dubious proposition. The KG 200 commander and his superiors thought this tactic a waste of life and resources so the Reichenberg was never used in combat. They instead used a Mistel (German for mistletoe) guided bomb, where a converted Ju 88 bomber airframe with explosive-laden nose was remotely guided to its target from a fighter that was joined to its top prior to release. These proved generally ineffective though.

Finally, from April 17 to 20 during the Battle for Berlin, it is reported that as a last ditch effort, pilots from the 5th Staffel used any aircraft that were available to destroy bridges with suicide attacks to thwart the advancing Soviets. Their effectiveness is debated by historians and generally considered a high price to pay for a temporary delay to the Soviets.

Classes And Training

» Ramstein Family Advocacy offers the following winter classes: How to Avoid Falling in Love with a Jerk/Jerkette, 11:30 a.m. to 1 p.m. Monday at the Ramstein Health and Wellness Center; Active Parenting of Teens, 11:30 a.m. to 1 p.m. Tuesday and Feb. 19 and 26 at Family Advocacy, Bldg. 2121, third floor; and Stress Management, 11:30 a.m. to 1 p.m. March 5, 12, 19 and 26 at Family Advocacy. For details and to register, call 479-2370 or 06371-46-2370.

» The following free music workshops for children with two to three years of experience will be offered: a pop, rock and jazz workshop for piano and keyboard, 11 a.m. Feb. 16; a classical workshop for piano players, 11 a.m. Feb. 23; and a workshop for brass instruments (trumpet, baritone, trombone), 11 a.m. March 9. Classes will take place at Erfurter Strasse 95, Kaiserslautern. For more information and to register, call Karl Graef at 0157-74236887.

» Couples Communication is a two-part series course being offered through Family Advocacy. In this class, learn the keys to better communication, effective listening and understanding taught in a fun learning atmosphere. Take the stress out of your relationship by enrolling today. Classes take place from 5:30 to 7:30 p.m. every first and second Thursday of the month in Bldg. 2917 on Pulaski Barracks. To register or for more information, call 0631-3406-4203.

» Did you know that anger is directly related to symptoms associated with survival instincts? Learn about how anger is triggered, ways to monitor and associate patterns of anger with thought processes and, most importantly, how to control anger in Anger Management Class, a three-part educational learning experience. Join the ACS Anger Management Class by registering for a session, offered from 11:30 a.m. to 12:30 p.m. every Wednesday in Bldg. 2917 on Pulaski Barracks. For more information about this class, call 493-4062 or 0631-3406-4062.

Chapel News

» The Ramstein Chapel is accepting bids for the contract position of Ramstein contemporary service religious education director. This person serves as the director, coordinator, resource person, teacher, facilitator and organizer of the RCS religious education program for ages 1 through adult. The director consults and coordinates with and is monitored by the RCS chaplain. The program is multifaceted and requires a high degree of coordination and cooperation with military and civilian activities and authorities. Bidder is subject to criminal history background checks and must complete a Child Care National Agency Check and Inquiries and installation records check. The chapel will be accepting bids until 4 p.m. today. The statement of work and bid documents can be picked up from the Ramstein North Chapel, Monday through Friday. Bidders are invited to attend the bid opening at 9 a.m. Monday at the Ramstein North Chapel, Bldg. 1201. If required, bidders will have to participate in a qualifying interview. For more information, call Petra Rausch at 480-2499 or 06371-47-2499.

» Join other young, single adults (ages 18 and up) from bases across Europe in the Austrian Alps! Take part in Austrian Adventure 2013 from Saturday to Feb. 15 in Millstatt, Austria. We'll be staying at Schloss Heroldeck, skiing/snowboarding Badkleinkirchheim, touring the surrounding villages, sledding along the trails and being encouraged each evening with messages and worship. For details and registration information, email Rick or Kathy Deppe at deppemilitarynav@gmail.com.

» St. Alban's Episcopal Congregation will hold its annual Shrove Tuesday Pancake Supper Feb. 12 from 6 to 7p.m. at Ramstein's Northside Chapel. This event is open to everyone in the KMC. At this "Mardi Gras" meal, which represents the last feast before Lent, you can have all the pancakes (and more!) you can eat. Admission is free. For more information, please contact Tonya Parham at 06375-5579.

A&FRC programs

The Ramstein Airman & Family Readiness Center offers the following programs:

» MONDAY «

Ramstein Spouses Orientation, 8:30 a.m. to 2:30 p.m., A&FRC

» TUESDAY «

Reintegration Briefing, 9 a.m. to 1 p.m., IDRC

Pre-Deployment Briefing, 1 to 4 p.m., IDRC

» WEDNESDAY «

Base Intro, 7:30 a.m. to 12:45 p.m., Bldg. 2402

» THURSDAY «

ABC's of PCS'ing, 9 a.m. to noon, A&FRC

Pre-Separation Briefing9 a.m. to noon, A&FRC

What is What? 9 a.m. to 1 p.m., A&FRC

» FEB. 15 «

No classes

Monday to Feb. 15, Transition Assistance Program, 8 a.m. to 4 p.m., Bldg. 2118

Fasching parade routes through Ramstein Tuesday

Towns offer special outdoor events, continue celebrations

by Petra Lessoing
86th Airlift Wing Public Affairs

Fasching, Germany's "crazy season" will continue through Tuesday with masquerade balls, dances, children's parties, funny sessions and colorful parades. Ramstein-Miesenbach's carnival association Bruchkatze will sponsor its parade on Fat Tuesday, whereas most other towns will have theirs as a highlight on Rose Monday.

The most famous Fasching parades are those in the main Fasching cities of Mainz, Köln and Düsseldorf. Spectators from Germany and throughout Europe come to these cities to watch the annual spectacle with decorated floats, bands, dancing and marching groups. Participants in vehicles throw candy or hand out drinks to the crowds along the streets. It is traditional for revelers to sing, sway and dance during the five-hour parades which all start at 11:11 a.m.

The official Fasching greeting in Köln is "Alaaf," and in Mainz and Düsseldorf, it's "Helau."

In Ramstein-Miesenbach, Fasching participants shout "Ralau." The almost 2-hour long parade will start 2 p.m. Tuesday. It will lead from Bahnhofstrasse to Landstuhler Strasse, on to Jahn-, Siedlungs-, Lilien-, Spesbacher- and Miesenbacherstrasse back to Bahnhofstrasse and then August-Suessdorfstrasse, where it will end.

"More than 1,600 persons from 39 clubs registered to participate," said Hartmut Schäffner, chief of the parade committee. "We also have about 460 Americans from 15 groups who like to join our traditional event."

As in recent years, the U. S. Air Forces in Europe marching band will perform in the streets. Other groups will be the Ramstein Girls Scouts with 12 troops, the Ramstein High School Step Team with 12 people, the Sembach Girl Scouts with about 200 girls and adults, and the Roller Girls of the Apocalypse with 25 participants.

Twenty-seven decorated floats and 80 walking groups will present different themes such as "Star Wars", "Indians" and "Beneath the Sea."

Photo by Stefan Layes

Traditionally, the U.S. Air Forces in Europe Band entertains the audience in the Ramstein Fasching parade.

More than 48,000 promotion items to include candies will be tossed to 30,000 to 50,000 spectators. Food and beverage booths will be placed throughout the 2.4 kilometer route. Residents along the route are asked to decorate their houses to support the celebration.

"We kindly ask parents to watch their kids, and for safety reasons, spectators shouldn't get too close to the floats," said Schäffner.

There will be vendors again selling parade buttons for €2 to spectators," Schäffner added. "This helps to finance the event."

Photo by Stefan Layes

Regional carnival associations send their youth groups to participate in Ramstein-Miesenbach's parade, which starts 2 p.m. Tuesday.

After the parade, the party continues at the Haus des Bürgers. Spectators will have free admission to the Fasching party with their buttons.

"Polizei, the volunteer fire brigade, German Red Cross, office of public order and military police support us each year and help to make the event a success," said Schäffner.

A Fasching carnival with a merry-go-round and activity booths will be set up from Sunday through Tuesday on Marktplatz. The center of Ramstein-Miesenbach is closed Tuesday to motorized vehicles from noon to 8 p.m.

"Fasching Princess Nadine I. and all Bruchkatze members are happy to welcome spectators from all over to join the fun," said Schäffner.

Other parades in the Pfalz are held Sunday at 1:30 p.m. in Linden, and at 2 p.m. in Trippstadt, Dahn and Rodalben.

Many towns offer outdoor Fasching events on Shrove Tuesday.

In Kaiserslautern, a Fasching party with performances and disc jockeys will start 11:11 a.m. Rose Monday between Schillerplatz and Stiftskirche. On Shrove Tuesday, a stage will be set up near the Rathaus (city hall). The local Fasching association, KVK, will present its Fasching princess, dancing groups and other members. The official shout in Kaiserslautern is "Kalau."

A Fasching carnival with rides, a Ferris wheel, food and candy booths will take place Saturday through Tuesday around Stiftskirche.

In most German states, children don't have school Shrove Tuesday. And usually, people who work take off in the early afternoon. In most cases, employers allow them to do so, and stores, banks and official institutions close at 1 or 2 p.m. Tuesday.

Ash Wednesday will end the crazy season. Carnival association members and party-goers meet one more time for their traditional "Heringsessen," the eating of herring. The herring is supposed to help ease hangovers. Also on Ash Wednesday, Lent, a 40-day fasting period for Roman Catholics starts.

English calendar of events 2013 now available

The 2013 issue of the English calendar of events for the Ramstein and Kaiserslautern area is now available at the "Window to Rheinland-Pfalz" information counter at the KMCC, the German-American Community Office in Kaiserslautern and the tourist information centers in the city and county of Kaiserslautern.

The calendar provides a monthly overview of city and village festivals, fairs, markets, concerts, shows and other events in the Ramstein and Kaiserslautern area including a short description of the respective event. It depicts a choice of offers that the local tourism representatives consider particularly interesting for English speaking visitors.

The English calendar was first published in 2011 and the contents keep growing year by year. The 2013 issue lists 160 events from early January until end of December.

For the first time it includes information about happenings in the close-by holiday region Lake Ohmbach/ Glan Valley, e.g. the popular Lake Festival in July, and the Donnersberg region with the medieval market at Falkenstein castle in August. The booklet that is distributed free of charge provides dates and details about the Ramstein Carnival Parade, the Sickingen May Market in Landstuhl, the horse show and show jumping in Miesau as well as the Kaiserslautern Altstadtfest or the bike day "Carfree Lauter Valley" and various other events in the local area.

People interested in cultural events and friends of classical music will find something to awaken their interest as well as sports enthusiasts or families with children.

Please check the website www.ramstein-gateway.com to find online information about local events and festivals. The "Window to Rheinland-Pfalz – Ramstein Gateway" information center located in the KMCC will be happy to assist you with information about the region. Just stop by at the counter during your next visit at the KMCC.

(Courtesy of Infocenter Ramstein)

military IN GERMANY

Fun things to do with your family

Fri, Feb 8 – Fri, Feb 22

EVENTS

Kaiserslautern on Ice

Fri, Feb 8 – Sun, Feb 10
Gartenschau, Kaiserslautern
Don't miss out on your last chance to visit the ice-skating rink this year. This wonderful winter fun for adults and children ends on Sunday. Skaters can enjoy the 800 sqm big surface. Grab your skates and head on over.

Children's Festival/Fasching Parade

Sat, Feb 9
Wiesbaden
The children's festival in Wiesbaden starts at 10:33 a.m. Saturday, Feb. 9 in front the pedestrian area downtown. The children's parade starts at 3:33 p.m. at Luisen Platz and ends at the Rathaus.

Vampires' Ball

Sat, Feb 9
Heidelberg
The Heidelberg Convention Center will host its annual Ball of the Vampires (Ball der Vampire) on February 9th, which is one of the biggest parties in the area. Bands will perform on multiple stages and you can dance all night with vampires and other frightening characters. Come out and take a bite out of Germany's Fasching season! Get your costume and tickets to the ball and don't forget to leave the garlic and wooden stakes at home! Event starts at 8:30 p.m. For tickets: www.ticketonline.de

Fasching Markt

Sat, Feb 9 – Tue, Feb 12
Kaiserslautern
The traditional fasching market will open this weekend. This event opens at 10:00 until 23:00. Bumper cars, children's carousel and many more attractions for big and small. So many events your children will not know where to look.

Parade and Street Carnival

Sun, Feb 10
Rodalben
Visit Rodalben on February 10th at 2 P.M. for a Fasching parade and street carnival!
This small city is a short 30 minute drive from Ramstein Air Force Base and the KMC (towards Pirmasens). Marching bands, crazy costumes and decorated parade floats will be the highlight of the day, with candy being passed to children watching the parade from the participants. Location: Zweibruecker Strasse 5

Model Railroad & Toy Exhibition

Sun, Feb 10
Eulenbis
The Eulenbis committee will host a model railroad and toy exhibition at the Bürgerhaus. Around 20 exhibitors will be presenting various items for sale or exchange on 330sqm. If you are into model trains and toys, you won't want to miss out. Many trains and dolls and other toys will be offered. Event starts at 10 a.m and will end at 4 p.m.

Street Carnival on Rose Monday

Mon, Feb 11
Kaiserslautern
Rosenmontag means 'Carnival Monday' and is a great day to celebrate Fasching in Germany. Check out the Schillerplatz in Kaiserslautern at 14:11 for the kickoff of the events. Costumes, food, and music will entertain you!

Carnival Parade

Tue, Feb 12
Ramstein
The big Mardi Gras Parade is the biggest highlight of the annual carnival season in the region. Thousands of visitors line the streets watching the colorful floats and marching bands including the USAFE Band parade through the center of Ramstein. This event starts at 14:11.

Torch Hike

Sat, Feb 16
Olsbrücken village square
This 1km long torchlight night walk leads towards a forest hut where the fire department has prepared a big pile of old Christmas trees to burn. Enjoy the nice evening while watching the bonfire in the woods. Starting at 7 p.m.

Guided Tour of Frankurt

Mon, Feb 18
Frankfurt
Frankfurt city will hold guided tours, costing just 12 Euro. Learn how much Frankfurt has in common with the U.S. and our American political and cultural icons while you explore the city's streets with a guide. There will even be a cookie treat along the way to keep your strength up! For information: www.frankfurter-stadtevents.de

Night of the Musicals

Fri, Feb 22
Idar-Oberstein
Enjoy a night of music from musicals at this concert in Idar Oberstein. "Sister Act", "Tarzan", "The Lion King" and "Mama Mia" among many other musicals will be tapped for this entertaining concert! This event starts at 8 p.m. and tickets are available at www.ticketonline.de

CONCERTS

Phantom of the Opera

Tue, Feb 12
Jahrhunderthalle, Frankfurt
Are you a fan of the Phantom of the Opera? Get your tickets early to delight in this show and to avoid disappointment. This event will sell out quickly! This event starts at 20:00. To get your tickets go to www.eventim.de

Symphony concert

Fri, Feb 22
Fruchthalle, Kaiserslautern
The Titanen, German Radio Philharmonie Saarbrücken, will be performing at 19:15 at the Fruchthalle. For more information and tickets call: 0631-365-3450

SPORTS

Soccer

Fri, Sat 8
Kaiserslautern
The Kaiserslautern Red Devils are playing against Dynamo Dresden. Kick-off is at 20:30. Get your tickets in advance. For more information: www.fck.de

Winter Biking

Sat, Feb 9
St. Johanner Markt, Saarbrücken
For those of you who like biking and love the outdoors, this is for you. Every Sat a group of bikers meet up at the St. Johanner Markt. The bike tour is usually from 60km to 80km long. If you would like to join, gear up and get on the next train to Saarbrücken. For more information see: www.saarbrücken.de

Hockey

Sun, Feb 17
Mannheim
The Mannheim Adler and Kölner Haie will be playing against each other. For more information and tickets see www.adler-mannheim.de

UPCOMING EVENTS

Motor Bike Show

Sat, Feb 23 & Sun, Feb 24
Bad Dürkheim
If you are a Harley fan or just a motorcycle fan in general, you will not want to miss out on this awesome show. All kinds of motor cycles will be presented as well as other fun filled activites. Children under that age of 14 are free, kids age 15-18 cost €5 and adults cost €8. Motorcyclists arriving on bike pay €6.

Schlachtfest (butcher fest)

Sat, Feb 23
Martinshöhe, Dorfgemeinschaftshaus
During this country feast the male choir serves fresh pork. Taste Palatinate specialties like bratwurst, saumagen and liver dumplings and get to know the locals.

Johann Strauss Gala

Sat, Feb 23
Landstuhl, Stadthalle
The Johann-Strauss Ensemble will be conducted by Markus Elsner and will be playing the most beautiful Strauss pieces. Enjoy an evening with walzes and polkas as well as duets from popular operettas.

Nelly Furtado

Tue, Mar 5 & Mar 11
Cologne, Frankfurt
This Canadian singer/songwriter is best known for her songs "I'm like a bird", "Turn off the light", her cover of "Maneater". Tickets for concerts go quickly in Germany, so be sure to get yours early! For ticket information go to www.nellyfurtado.com/tickets

Harlem Globetrotters

Fri, Mar 15
Stuttgart
Get tickets for the Harlem Globetrotters in Stuttgart on March 15, 2013.
Tickets are available at www.eventim.de

Thursday, lovers observe Valentine's Day

by Petra Lessoing
86th Airlift Wing Public Affairs

Red hearts in department stores, flower shops, candy stores, bakeries and window displays signal Valentine's Day is just around the corner. Thursday is the day for lovers and a day of friendship.

Customarily, husbands and wives, girlfriends and boyfriends have romantic dinners, give gifts, candy, cards and flowers on Valentine's Day.

The custom of giving flowers goes back to ancient Rome, where a friendly priest called Valentine gave advice to young people, in particular regarding marriage. He did this despite Emperor Claudius' prohibition. Claudius did not want his legionaries get — according to Christian customs — tied to wives and houses. But Valentine was looking for lovers, found them and married them. He passed out flowers to young couples who were walking by the garden of his monastery and asked the men to rather stay at home than going into the battle.

One day Emperor Claudius wanted to meet Valentine to find out about his wisdom. A council member asked Valentine what he thought of the Roman gods. Valentine answered that they are demons. The council immediately requested the blasphemer's death.

During a delay Valentine asked for, he impressed the emperor with the truth of Christian belief. Claudius was deeply touched, but when Rome's governor said Valentine was a magician, Claudius feared a revolt by his people and passed the priest on to Asterius, a judge, to decide on his fate. While standing in front of the judge, Valentine performed a miracle.

He made the judge's blind daughter see again by praying and laying on of hands. Asterius and his family got baptized after that. But since their new Christian belief was counter to Roman religion, they were tortured and killed. Rome's governor also decided to torture Valentine and behead him Feb. 14, 269. Before he was killed, many young people visited him in jail. Also, one jail guard's daughter came to see him several times. She helped him to keep his spirits up and told him that he did the right thing by ignoring the emperor and going ahead with the secret messages.

On the day he was to die, he left a note thanking the girl for her friendship and loyalty. He signed it with "Love from your Valentine." That might have started the custom of exchanging love messages Feb. 14.

In the 18th century, people in love started to send romantic greeting cards. In Germany, recognition of Valentine's Day started in the 1950's when American Soldiers brought the British tradition to Germany. The Greeting Card Association estimates that world-wide one billion Valentine's Day cards are sent each year, making it the second largest card-sending day behind Christmas.

Since Valentine's martyr death, Feb. 14 is observed as the day of love. In former times, the night before Feb. 14, women tied laurel leaves to the four tips of their pillows. This was supposed to be a guarantee for dreaming of their true love.

People also believed that a woman would marry the man she would see first in front of her house on Valentine's Day. This was enough reason for a young man to be out early in the morning, and to reassure the feeling of his beloved one with a bouquet of flowers.

Bat Boy sighting in Baumholder

by Cheryl Navo
Theater Volunteer

In 1992, a Weekly World News tabloid story reported that a half-boy, half-bat was found living in a cave. More recently, multiple Bat Boy sightings have been reported in the Baumholder Military Community.

The Hilltop Theater is preparing for its production of Bat Boy: The Musical. The cast and crew from both Baumholder and Kaiserslautern military communities are rehearsing long hours in preparation for opening night. "Bat Boy: The Musical" is a wacky Appalachian Gothic comic tragedy packed with hilarious song and dance numbers," says Director, Eric Danzeiser.

"Issues of hatred, revenge, hypocrisy, and racism are dealt with in a wickedly hilarious way, and the overall message is one of acceptance and forgiveness."

The story: teenage spelunkers discover a feral Bat Boy living in a cave. During the capture, Bat Boy attacks one of the teenagers and is handed over to the town veterinarian to be put down. Bat Boy's life is spared and he tries to gain acceptance with the town people, only to face hatred and violence, and the secret of Bat Boy's history is revealed during a climactic moment. The humor is dark, the songs are dripping with sarcasm and wit, and the thread of social commentary running through Bat Boy will make you think long after the final notes fade away.

Dominic Sparks takes 'Bat Boy' from a hissing caged animal to a charming, well-educated young man. The Parker family is the central focus of the story as Tim Ekola embodies conflicted insanity as veterinarian Thomas Parker.

Cheryl Navo is the maternal Meredith, and Juliana Knaup plays flouncy but sincere daughter Shelley. A talented ensemble includes Tom Navo, Nicholas Perez, Christopher Craven, Sarah Holliday, Kristen Holliday, Shelby Gibbins, Stacy Meltz, Chris Senkbeil, Rachel Holliday, Kara Craven, and Melanie Robinson playing a multitude of roles, from townsfolk to teens to religious revivalists.

Bat Boy: The Musical, by Keythe Farley and Brian Flemming with music and lyrics by Laurence O'Keefe premiered in 1997 and has since been produced off-Broadway, in London's West End, and scores of venues throughout the world. The Baumholder Hilltop Theater's performance is through special arrangement with Dramatist's Play Service, Inc.

Bat Boy: The Musical opens at the Baumholder Hilltop Theater the weekend of Feb. 15 and 16 and continues through the following two weekends, Feb. 22 and 23 and March 1 and 2, with six total performances. Parental guidance is suggested due to adult themes. The Hilltop Theater is located beside Burger King on Smith Barracks. Show tickets are $8 for adults, $5 for students, and there is a family rate of $25 for families of four or more. Tickets may also be obtained by calling 485-7244 or through the FB page "The Hilltop Theater."

Photo by Cheryl Navo

From left: Kristin Holliday, Nicholas Perez, Rachel Holliday, and Shelby Gibbins rehearse a scene from "Bat Boy: The Musical."

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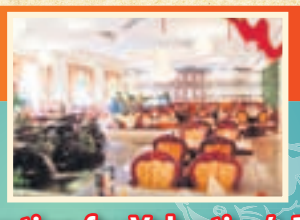

Make your reservation for Valentine's Day!
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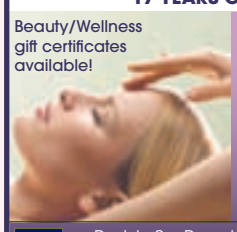

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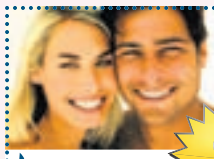

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Send us your VACATION photos

Your submission must include the name of the photographer, the date of the photo, first and last names of those in the photo and location. Make sure all photos are high resolution; only high resolution photos will be considered. Write "Destinations" in the email subject line. Email your vacation photo to the editor at editor@kaiserslauternamerican.com.

Photo by Adrian Cabrera

Maribel and John Cabrera share a gelato Dec. 25, 2012 while on vacation in Rome, Italy.

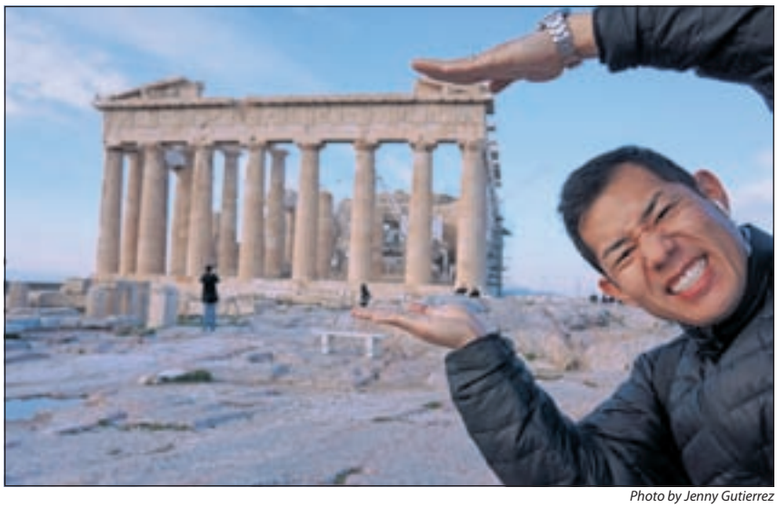

Photo by Jenny Gutierrez

Andrew Gutierrez poses for a photo in front of the Parthenon Jan. 5 in Athens, Greece.

Photo by Anita Stokes

Jarvis Stokes poses for a photo with the Taj Mahal Jan. 4 while on vacation in Agra, India.

Photo by Soila Delgado-Hoover

Willie T. Hoover IV poses for a photo Sept. 15, 2012, while climbing a tower at Burg Rheinstein in Trechtingshausen, Germany.

Photo by Jill Lindberg

Patrick and Stella Lindberg enjoy a Mediterranean beach Aug. 24, 2012, while vacationing in Spain.

Was ist Los?

KMC Cultural Highlights

by Petra Lessoing
86th Airlift Wing Public Affairs

The following is a list of performances and events happening in the KMC and nearby. Dates are subject to change.

Performing arts:

Pfalztheater Kaiserslautern:

• "Nabucco," an opera by Guiseppe Verdi, 7:30 p.m. today, Feb. 19 and 22.

• "Im weissen Rössl," an operetta by Ralph Benatzky, in German, 7:30 p.m. Saturday and Feb. 15.

• "The Black Rider: The Casting of the Magic Bullets," a rock musical by Tom Waits, William S. Burroughs and Robert Wilson, in German, 7:30 p.m. Wednesday, Feb. 16, 20 and 23.

• "Dornröschen," Sleeping Beauty, a ballet by Stefano Giannetti, 7:30 p.m. Feb. 17.

• "Engelslieder," ballets by Stefano Giannetti, 8 p.m. Feb. 24.

For details, call 0631-3675-209 or visit www.pfalztheater.de.

Kammgarn Kaiserslautern:

• No Music in Ktown features the bands Snapshot performing rock, Stand Aside! with Indie and pop rock, and The Rough Edges presenting rock to hard rock, 8 p.m. Saturday.

Courtesy photo

Chamber concert

Concert Highlight International features pianist Anna Gourari 8 p.m. Thursday. Gourari performs works by Johann Sebastian Bach, Paul Hindemith, Sofia Asgatowna Gubaidulina and Frédéric Chopin. Tickets cost €14 to €24. For details, visit www.fruchthalle.de or call the office of arts at 0631-465-1410.

• Cult fun 'n' soul show with Fred Kellner und die Famosen Soul Sisters, 8 p.m. Monday. Tickets cost €22.

• Moop Mama, a marching band, presents urban brass and rap, 8 p.m. Feb. 16. Tickets cost €14.

• The Hamburg Blues Band meets Maggie Bell and Miller Anderson presenting blues, 8 p.m. Feb. 21. Tickets cost €22.

• Corvus Corax performs medieval music, 8 p.m. Feb. 22. Tickets cost €18.

• Alexander Marcus presents electrolore, 8 p.m. Feb. 23. Tickets cost €25.

Visit www. kammgarn.de or call 0631-365-2607 for details.

Fruchthalle, Kaiserslautern:

• "Concert Highlight International," Anna Gourari, piano, presents music by Johann Sebastian Bach, Paul Hindemith, Frédéric Chopin, 8 p.m. Thursday. Tickets cost €14 to €24.

• The German State Philharmonics Rheinland-Pfalz and talented musicians of the young classical scene perform 5 p.m. Feb. 17. Tickets cost €12 to €25.

For details, visit www.fruchthalle.de or call the office of arts at 0631-365-1410.

JUZ (Youth Center), Steinstrasse 47, Kaiserslautern:

• Zumba party to be followed by salsa disco, 8 p.m. Feb. 15. Tickets cost €3.50. For details, visit www. juz-kl.de.

Volksbank, Casino, Fischerstrasse 49, Kaiserslautern:

• Birke Falkenroth, harp player, and Eva-Maria Vischi, violinist, present works by Leclair, Saint-Saëns, Mendelssohn-Bartholdy and Skrjabin, 8 p.m. Feb. 15. Tickets cost €5.

Haus des Bürgers, Ramstein-Miesenbach:

• Chamber concert with Roman Giessing and Frank Kersting presenting works by Mendelssohn Bartholdy, Beethoven and Brahms, 5 p.m. Feb. 24. Tickets cost €12. For details, visit www.hausdesbuergers.de.

Stadthalle Landstuhl:

• Orchestra and soloists present "The Big Johann Strauss Gala" featuring polka, waltz and Vienna charme, 8 p.m. Feb. 23. Tickets cost €19.50 to €28. For details, visit www.stadthalle-landstuhl.de.

English Theatre, Gallusanlage 7, Frankfurt:

• "Sweet Charity," a musical by Cy Coleman, Dorothy Fields and Neil Simon, through Feb. 17. Performances are 7:30 p.m. Tuesdays to Saturdays, and 6 p.m. Sundays. Visit www.english-theatre.org for details.

Saarbrücken, Saarländisches Staatstheater, Schillerplatz 1:

• "Love in Black-White," a ballet night by Marguerite Donlon, 7:30 p.m. today, Sunday, Tuesday, Feb. 16, 19, 26 and 6 p.m. Feb. 24. For details, visit www. theater-saarbruecken.de or call 0681-3092-486.

Courtesy photo

Street Fasching in Kaiserslautern

Local carnival clubs sponsor a street Fasching party starting 11:11 a.m. Monday at Schillerplatz in Kaiserslautern. Performers entertain the audience from Schillerplatz to Stiftskirche. Disc jockeys provide the musical entertainment. Visitors should dress up in costumes.

Miscellaneous:

• Kaiserslautern, event hall on Gartenschau area, ice skating rink, still open through Sunday. Hours are 9 a.m. to noon, 1 to 3, 4 to 6, 7 to 10 p.m. (Sunday open until 9 p.m.). Tickets cost €3.50 for adults and €2.50 for children. For details, visit www.kl-on-ice.de.

• Kaiserslautern, Wadgasser Hof museum, Steinstrasse 48, photo display presenting Kaiserslautern's sister city Guimaraes, Portugal, through Feb. 24.

• Eulenbis, Bürgerhaus, model train swap meet, Saturday.

Fasching events:

• Kaiserslautern, around Stiftskirche, Fasching carnival with merry-go-round, Ferris wheel, food and candy booths, Saturday to Tuesday.

• Kaiserslautern, Schillerplatz, Rose Monday party starts 1:11 p.m. Monday.

• Kaiserslautern, next to Stiftskirche, Fasching party with performances on stage, 2 p.m. Tuesday.

• Landstuhl, in front of Stadthalle, Rose Monday party starts 11:11 a.m. Monday.

• Ramstein, Fasching parade, 2 p.m. Tuesday followed by Fasching party in Haus des Bürgers.

• Reichenbach-Steegen, Bürgerhaus, children's Fasching party, 2 p.m. Rose Monday.

• Otterberg, Stadthalle, children's Fasching party, 2 p.m. Sunday.

• Erfenbach, Kreuzsteinhalle, masquerade ball, 8 p.m. Saturday.

• Mackenbach, Bürgerhaus, Schulstrasse 10, children's Fasching party, 2:11 p.m. Sunday, and party with band Transonic, 8:11 p.m. Rose Monday.

Flea markets:

• Kaiserslautern, Pfalzcenter (across from Daenner Kaserne), Saturdays.

• Saarbrücken, Franz-Josef-Röder-Strasse, Saturday.

• Bad Dürkheim, Saline (saltworks), 9 a.m. to 4 p.m. Saturday.

• Ludwigshafen, Hauptbahnhof (train station, behind pavilion), Saturday.

• Viernheim, Rhein-Neckar-Zentrum, Sunday.

For more information, visit www.troedlerundsammeln.de.

86th FORCE SUPPORT SQUADRON

SPOTLIGHT

06371-47-9983 February 8, 2013 www.86fss.com

FAMILY

Vogelweh Youth Center · Bldg. 1057 · 0631-536-7806

- Valentine Be Mine Dance: Friday, 15 Feb. from 1830-2130. Cost is $20 for ages 9-12, sign up by 13 Feb. For more information, contact the Vogelweh Youth Center.

Vogelweh Bowling Center · Bldg. 2060 · 0631-536-6543

- Win your Valentine a Sweetheart Basket. Enter to win by putting your name and phone number on the back of your Vogelweh Bowling receipt. Drawing takes place 14 Feb.

FOOD

Ramstein Officers' Club · Bldg 302 · 06371-47-7621

- A Night to Remember: 5-course Valentine's Day dinner. 15 February, seating begins at 1830. Dinner includes complimentary bottle of champagne.

Woodlawn Golf Course · Bldg 553 · 06371-47-6240

- Valentine's Day Steak Dinner: 14 February, 1800-2000. Call to make your reservation today!

ENTERTAINMENT!

Ramstein Officers' Club· Bldg 302 · 06371-47-7621

- Ali Dee live in concert! 9 February. Doors open at 1700, show starts at 1900. Free for ID card holders.

Ramstein Bowling Center · Bldg 2140 · 06371-802-0400

- Valentine's Day Bowling Special: Bowl 2 games for the price of 1. Shoe rental not included. 14 Feb, open to close.

FITNESS

Southside Fitness Center · Bldg. 2117 · 06371-47-0295

- FREE Cycling for Your Heart Clinic: 14 Feb. from 1630-1900 Open to all eligible patrons. "Ride with your soul. Do it for your heart!"
- Cupid Shuffle 5K Run: 14 February starting at 1400 at the SSFC. Open to all ID cardholders, military affiliated attire is prohibited. Donations of the following items are greatly appreciated: notebooks, DVDs, gloves & winter hats, travel-sized toiletries and more!

TRAVEL AND ADVENTURE

86FSS Presents: The Adventure Zone! Join us at the KMCC (right above lodging) for drawings, games, contests and more! 15 February, 1000-1800.

Outdoor Recreation · KMCC Bldg. · 06371-47-5705

- Ski Trip to Austria: 15-18 Feb
- Slacklining: 18 Feb, 1600-1930

RTT · KMCC Bldg. · 06371-46360

- Prague & KV: 15 Feb
- Cochem Castle and Dinner: 16 Feb

OTHER FSS NEWS!

- ATTENTION Single Airmen! Did you know there is a FREE Internet Café on base? Check out the Cyber Center in Bldg. 411, located adjacent to the Ramstein Community Center. They have Plasma TV's, Xbox 360, Play Station, Wii and FREE WiFi.

5 Tips for Healthy Hearts through Healthy Eating

February is Heart Month, and one of the best ways to take care of your heart is to eat a healthy, well-balanced diet. Use the following five tips to make sure you're eating for heart health:

Eat a wide variety of fruits and vegetables: At least five servings of fruits and vegetables per day are recommended for most people. Fruits and vegetables are generally high in vitamins, minerals, and fiber and low in fat and calories. Try adding fresh fruit and vegetables as snacks. Keep washed and cut vegetables easily accessible in your refrigerator. Baby carrots, mandarin oranges, apples, and cut up bell peppers make easy and healthy snacks on the go. Incorporate chopped vegetables into store-bought pasta sauce or in meatloaf.

1. Include healthy fats from fish and vegetable sources: Monounsaturated and polyunsaturated fats are less damaging to your heart and blood vessels, and may actually have some heart protecting effects.

Vegetable and fish oils are good sources of these "essential" fatty acids. These are fats that our bodies require and we must get from food sources. Research indicates that consumption of Omega-3 fatty acids may decrease the risk of arrhythmias (irregular heartbeat) and may help slow the progression of atherosclerosis, or the hardening plaque in arteries that increases risk for heart attack and stroke.

The American Heart Association recommends that individuals get at least two (3.5 ounce) servings of fish, such as salmon, mackerel, and sardines, per week.

Vegetable sources of Omega-3's include walnuts, flaxseed, vegetable oils such as canola and olive, and soy products such as tofu.

2. Make at least half of your grains whole (and more if you can). Whole grains naturally contain B vitamins, minerals and are a great source of fiber. Fiber is important for heart health in several ways.

Soluble fiber (found in oat bran, oatmeal, whole grain rice, and the pulp of fruits and vegetables) can reduce LDL cholesterol more than a low fat and low saturated fat diet alone. Insoluble fiber (found in whole wheat cereals and breads, whole grain rice, most other whole grains and vegetables) is associated with decreased cardiovascular disease risk and slowed progression of heart disease in those at high risk.

Consumption of whole grains rather than refined grains is also associated with more successful weight loss in those individuals who are trying to achieve a healthy body weight. Refined grains and products high in added sugar are not as satiating and don't provide the same nutrients as whole grain products.

3. Monitor sodium, fat and added sugar intake. Individuals with high blood pressure (hypertension) may be sensitive to sodium. Fat consumption, in particular saturated and "trans fat" consumption, are associated with increased LDL cholesterol and increased risk for heart attack and stroke.

Saturated fat is found in high fat animal products such as full fat dairy, chicken with the skin, and the marbling in steaks. "Trans" fat is generally found in fast foods and shelf-stable baked products like cookies and muffins.

Look for items that are trans fat free and do not have "hydrogenate or partially hydrogenated oil" in the ingredients. Limit the amounts of saturated fat in your diet to less than 15 grams per day.

4. It is also important to limit the amounts of added sugar and refined carbohydrates in your diet. If you routinely consume sugar-sweetened beverages such as soda, sweetened tea, juice or sweetened coffee beverages, this is a good place to start.

If you cut just one 12 ounce can of soda from your diet, this can result in a weight loss of over 15 pounds in one year. What a relief for your heart. Refined carbohydrate consumption can also increase the triglycerides, or fat, in your blood, which is associated with increased risk for heart disease.

5. Maintain a healthy body weight: Being overweight or obese is associated with a significant increase in heart disease risk. Talk with your doctor about your BMI (Body Mass Index) and whether it puts you at increased risk for heart disease.

Even more important than your BMI is your body composition which is the amount of fat and muscle in your body. Extra weight carried as fat in your body is harmful for your health, whereas muscle is not.

Exercise is one of the best ways to manage your weight and improve your body composition.

Make sure that you get at least 30 minutes of physical activity per day. Try to include both aerobic (such as walking, running and swimming) and strength training (such as weight lifting or pushups and squats) for the most benefit.

If you would like more information about how to eat for heart health, please visit the American Heart Association at heart.org or learn about healthful eating at choosemyplate.gov.

If you have high blood pressure or high cholesterol and would like more information on nutrition, ask your doctor for a referral to Nutrition Care or call 486-7144 or 06371-86-7144 to enroll in our Heart Health Nutrition Class.

(Courtesy of Landstuhl Regional Medical Center Nutrition Care Division)

AF chief of staff releases 2013 reading list

WASHINGTON (AFNS) — The Air Force chief of staff published his professional reading list Feb. 1.

In a message on the website, Gen. Mark A. Welsh III said, "We are the world's greatest air force because of our Airmen...and we must continue to strengthen that team."

He asks Airmen to take a look at the list that highlights the Air Force's heritage and fighting spirit, and encourages innovation and forward thinking.

This year's list contains 14 books, seven films, seven TED talks, web-based resources, and for the first time, artwork, music and photography selections.

The books in this year's reading list are:

"Hat in the Ring: The Birth of American Air Power in the Great War" by Bert Frandsen

"West with the Night" by Beryl Markham

"The Dead Hand: The Untold Story of the Cold War Arms Race and Its Dangerous Legacy" by David Hoffman

"Flying Tigers: Claire Chennault and His American Volunteers, 1941-1942" by Daniel Ford

"Leading With Honor" by Lee Ellis

"Dressmaker of Khair Khana" by Gayle Lemmon

"The Sovereignty Solution" by Anna Simons, Joe McGraw, and Duane Lauchengco

"I Always Wanted to Fly: America's Cold War Airmen" by Col. Wolfgang Samuel

"Realizing Tomorrow: The Path to Private Spaceflight" by Chris Dubbs and Emeline Paat-Dahlstrom

"Counterstrike: The Untold Story of America's Secret Campaign Against Al Qaeda" by Eric Schmitt and Thom Shanker

"China Airborne" by James Fallows

"Outliers" by Malcolm Gladwell

"No One's World: The West, the Rising Rest, and the Coming Global Turn" by Charles Kupchan

"Need, Speed, and Greed" by Vijay Vaitheeswaran

More information on the 2013 reading list can be found at: http://www.af.mil/specials/csafreadinglist/index.html

Wrestling tournament

LEFT: Austin Horton works to score points on his Schweinfurt opponent during the 2013 U.S. Army Garrison Schweinfurt Child Youth Services wrestling tournament Jan. 26. Horton, who wrestles for the Kaiserslautern CYS wrestling team pinned all three of his opponents in the 7-8-year-old division.

RIGHT: Alex Horton looks for an escape during the 2013 U.S. Army Garrison Schweinfurt Child Youth Services wrestling tournament Jan. 26. Horton, who wrestles for the Kaiserslautern CYS wrestling team won two matches in the 6-7-year-old division.

Intro to karate

Take an introduction to karate at 5 p.m. Mondays and Wednesdays at SKIES Academy, Bldg. 8046 on Smith Barrack in Baumholder. Teach your children body balance, confidence, perseverance, patience, self-mastery sparring and forms. Classes are taught by certified instructors who are qualified, dedicated and imaginative in creating a valuable experience for your child. Cost is $50 fee, which includes eight classes. For more information, contact Parent Central Services at 485-7003 or 06783-6-7003, or the SKIES office at 485-6969 or 06783-6-6969.

Free lacrosse clinic

Kaiserslautern Lumberjacks Lacrosse hosts a free indoor lacrosse clinic from 9 a.m. to noon Saturday at TSG 1861 Kaiserslautern, Hermann-Löns-Straße 25, 67663. No experience or equipment necessary and is open to all boys and girls in grades K through 12. See "Kaiserslautern Lacrosse" on Facebook or email ktownlax@hotmail.com formore information.

Spring sports registration

CYS Services youth spring sports registration has begun! Register your child or youth for indoor rock climbing, golf, track and field, tennis, bowling, T-ball, baseball and softball. Do this at the Family and Morale, Welfare and Recreation One Stop Shop, Parent Central Services, or on WEBTRAC. For more information, contact Parent Central Services, Bldg. 2898 on Pulaski Barracks, at 493-4516 or 0631-3406-4516.

Free fitness classes on Sembach

The Sembach Fitness Center is offering free fitness classes during the month of February. Yoga will take place from noon to 12:45 p.m. Tuesdays, Total Body Conditioning from noon to 12:45 p.m. Wednesdays, and Pump Iron from noon to 12:45 p.m. Thursdays. The fitness center is located in Bldg. 105. Call 496-7530 or 06302-26-7530 for details.

Basketball championship

Show your support for the top six teams in the Army unit-level basketball league at the Unit-Level Basketball Championship Tournament at 6 p.m. Monday to Thursday at the Miesau Fitness Center, Bldg. 1220. Trophies will be awarded to first, second and third place and MVP. For more information, call 493-2087 or 0631-3406-2087.

Indoor winter soccer clinics

Sign your child or youth up for SKIESUnlimited Indoor Winter Soccer Clinics, taught by professional soccer coaches. Clinics are held until March at the Special Events Center, Bldg. 237 on Rhine Ordnance Barracks, for ages 3 to 17. To enroll or for more information, contact Family and Morale, Welfare and Recreation One Stop Shop, Bldg. 3810 on Landstuhl Post, or Parent Central Services, Bldg. 2898 on Pulaski Barracks, by calling 493-4516/4122 or 0631-3406-4516/4122.

ROB Fitness Center hours

The hours of operation for the Rhine Ordnance Barracks Fitness Center for the month of January are from 5 a.m. to 8 p.m. Mondays through Fridays, and 10 a.m. to 5 p.m. Saturdays and Sundays. For more information, call 493-2241 or 0631-3406-2241.

Dynamic Yoga

A yoga class to revitalize the body and awaken the mind and spirit will take place from 6:30 to 7:45 p.m. Wednesdays at the Landstuhl Fitness Center in Bldg. 3720 on Landstuhl. Challenging posture flow along with meditation and breathing exercises create not only a thorough workout, but also an energetic experience. For more information and prices, call 486-7172 or 06371-86-7172.

Pilates

Pilates classes take place from 9:30 to 10:30 a.m. Fridays in Bldg. 3720 on Landstuhl. For more information, call 486-7172 or 06371-86-7172.

Miesau Physical Fitness Center hours

The Miesau Physical Fitness Center in Bldg. 1220 has new hours of operation. Hours are from 6 a.m. to 8 p.m. Mondays through Fridays, 9 a.m. to 4 p.m. Saturdays and training days, and closed Sundays.

Gymnastics classes

Family and Morale, Welfare and Recreation's SKIESUnlimited offers gymnastics classes for toddlers and children. For more information, call Parent Central Services at 493-4156 or 0631-3406-4516.

NOW SHOWING

Gateway Cineplex (Ramstein)

TODAY -	**Warm Bodies (PG13)** 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 9 p.m.
	Bullet to the Head (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m., 9:15 p.m.
	Stand Up Guys (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m., 9:15 p.m.
	Hotel Transylvania (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 9 p.m.
SATURDAY -	**Warm Bodies (PG13)** 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 9 p.m.
	Bullet to the Head (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m., 9:15 p.m.
	Stand Up Guys (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m., 9:15 p.m.
	Hotel Transylvania (PG) 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m., 9 p.m.
SUNDAY -	**Warm Bodies (PG13)** 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.
	Bullet to the Head (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.
	Stand Up Guys (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m.
	Killing Them Softly (R) 6:15 p.m.
	Hotel Transylvania (PG) 11 a.m., 1:30 p.m., 4 p.m.
MONDAY -	**Warm Bodies (PG13)** 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.
	Bullet to the Head (R)11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.
	Stand Up Guys (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m.
	Killing Them Softly (R) 6:15 p.m.
	Hotel Transylvania (PG) 11 a.m., 1:30 p.m., 4 p.m.
TUESDAY -	**Warm Bodies (PG13)** 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.
	Bullet to the Head (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.
	Stand Up Guys (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m.
	Killing Them Softly (R) 6:15 p.m.
	Hotel Transylvania (PG) 11 a.m., 1:30 p.m., 4 p.m.
WEDNESDAY -	**Warm Bodies (PG13)** 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.
	Bullet to the Head (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.
	Stand Up Guys (R) 11:15 a.m., 1:45 p.m., 4:15 p.m., 6:45 p.m.
	Killing Them Softly (R) 6:15 p.m.
	Hotel Transylvania (PG) 11 a.m., 1:30 p.m., 4 p.m.
THURSDAY -	**Warm Bodies (PG13)** 11 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.
	Bullet to the Head (R) 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m.
	Stand Up Guys (R)1:45 p.m., 6:45 p.m.
	Hotel Transylvania (PG) 11 a.m., 4 p.m.

Galaxy Theater (Vogelweh)

TODAY -	**Hansel and Gretel: Witch Hunters (PG13)** 7 p.m.
SATURDAY -	**House at the End of the Street (PG13)** 4 p.m.
	Parker (R) 7 p.m.
SUNDAY -	**Wreck-It-Ralph (PG)** 4 p.m.

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In Digital 3D: Top Gun (PG13)- Fri & Sat 15:45, 18:00, 20:15, 22:30, Sun 15:30, 18:00, 20:15, Mon & Tue 16:00, 18:15, 20:30, Wed 16:00, 18:15

A Good Day To Die Hard (PG13)- Wed 20:30

Django Unchained (R)- Fri & Sat 19:00, 22:00, Sun 15:00, 19:30, Mon - Wed 20:00

Lincoln (PG13)- Fri - Mon 17:30, Tue & Wed 17:45

The Last Stand (R)- Sat 13:30

Warm Bodies (PG13)- Fri 17:30, Sat 13:30, 17:30, Sun 17:30, Mon - Wed 16:00, 19:00

Still showing:
The Hobbit: An Unexpected Journey (PG13), Life Of Pi (PG), James Bond 007: Skyfall (PG13), Twilight: Breaking Dawn Part 2, Zero Dark Thirty (R), Rise Of The Guardians (PG), Flight (R), Hansel & Gretel: Witch Hunter (R)

For Showtimes of Thur FEB 14 call 06371-937 037 or see www.broadwaykino.com/kmc

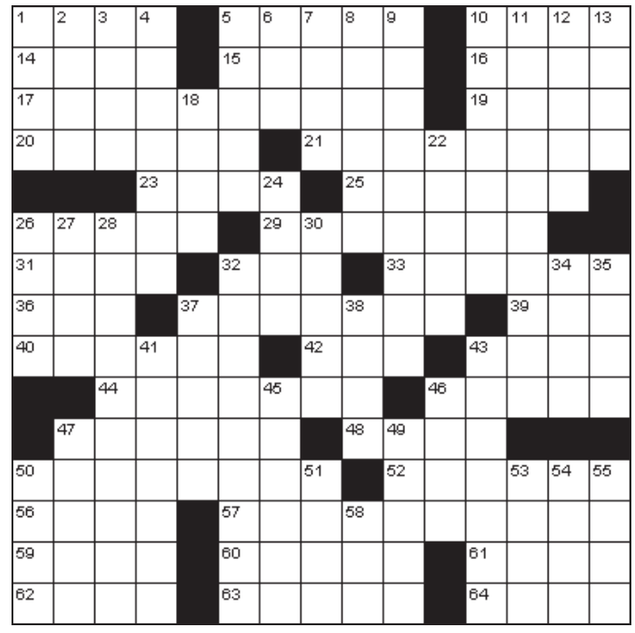
Editor's note: Schedules and synopses are provided by the Army and Air Force Exchange Service. Movie times and dates are subject to change by the individual theaters. Please check with the theater to ensure accuracy.

At The Movies

Visit www.kaiserslauternamerican.com/movies.php for details

Hotel Transylvania — A group of classic monsters including Frankenstein, the Mummy, Dracula and the Werewolf who are hiding out in a hotel on the outskirts of Transylvania now that 21st century technology has seemingly made them irrelevant. Simon Van Helsing, the youngest in a long line of monster hunters. The last thing Van Helsing wants to do is fall in love with Dracula's Daughter, Mavis.

Stand Up Guys — Al Pacino, Christopher Walken and Alan Arkin in a tough but touching action comedy as retired gangsters who reunite for one epic last night. VAL (Al Pacino) is released from prison after serving twenty-eight years for refusing to give up one of his close criminal associates. His best friend DOC (Christopher Walken) is there to pick him up, and the two soon reteam with another old pal, HIRSCH (Alan Arkin). Their bond is as strong as ever, and the three reflect on freedom lost and gained, loyalties ebbed and flowed, and days of glory gone by.



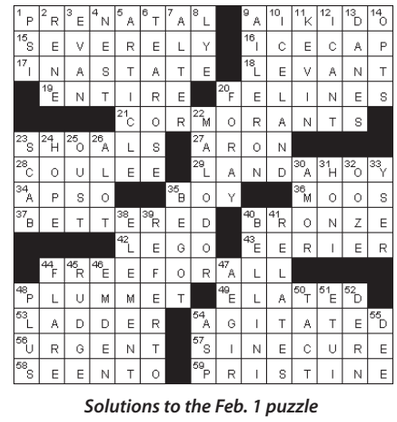
Puzzle courtesy of http://thinks.com/

ACROSS

1 Competent
5 "The Hobbit" character
10 Take note of
14 "Dracula" author Stoker
15 Deck
16 General's command
17 1970s Egptian president
19 Creole cooking staple
20 Clyde's partner
21 Heightened
23 In addition
25 Erase
26 Sudden outpouring
29 Uncouth
31 Easy gait
32 Atmosphere
33 Preoccupy
36 Cleopatra's killer
37 African spear
39 "Flying Down to __"
40 Grad student's work
42 Assistance
43 Email option
44 Nougat ingredient
46 Mythical sorceress
47 Homer's home
48 Donkey pin-on
50 Emperor after Caligula
52 Abstract
56 Period before Easter
57 Noble
59 Apiece
60 Aggregate
61 Ghana neighbor
62 Singles
63 Foe
64 Flat-bottomed boat

DOWN

1 Quatrain rhyme scheme
2 Chief city of Moravia
3 Croquet area
4 Flow forth
5 Army posts
6 Gilbert and Sullivan princess
7 Prospector's prospect
8 "Mutiny on the Bounty" star
9 Jack Kerouac title
10 Bring under control
11 10th century explorer
12 Game-show host
13 Changed hue
18 Exasperate
22 Legal get-out
24 Japanese sashes
26 Blind part
27 Swanky
28 Look
30 Mountain nymph
32 Colleague
34 Periodic function
35 Carbonated quaff
37 Prepared to fire
38 Main point
41 Detectives
43 Chooses
45 Nerve cell
46 Dali contemporary
47 Gather gradually
49 As is proper
50 Chanteuse Laine
51 Location
53 Swamp snapper
54 "Othello" villain
55 Put away
58 Symbolic Uncle



Solutions to the Feb. 1 puzzle

Advertisement

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Victor's Residenz-Hotel Schloss Berg, Perl-Nennig

Victor's RESIDENZ-HOTELS

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Victor's Residenz-Hotel Schloss Berg enthralls its guests with the highest level of comfort and a unique location amidst vineyards in the tri-border region of Germany, Luxembourg and France. 106 rooms and suites are available for guests to choose from ranging from Mediterranean elegance in the Villa to the noble style of the classical age in the Renaissance Schloss. The 5 Star superior Hotel boasts three restaurants, including 3 star chef Christian Bau's cuisine, Mediterranean cuisine at the Restaurant Bacchus as well as regional specialties at the country inn Die Scheune; an exclusive wellness area including pool, jacuzzi, steam and other saunas and a fitness suite; the Beauty-Farm; plus a multitude of leisure possibilities year-round. Amongst those are Mosel and Saar river cruises, bicycle excursions, golf and tennis as well as wine tastings at regional vineyards and shopping trips to Luxembourg or France.

The Victor's Seehotel Weingärtner, located on lake Bostal in the north of Saarland, is a cozy 4 star hotel steeped in tradition offering 99 rooms, all decorated in country style. The Weingärtner's Restaurant is known for its extraordinary cuisine well across the county borders. The restaurant caters for every liking - here you will find local specialties from Saarland, Mediterranean specialties, fantastic game and even Oriental delicacies – here, you are spoilt for choice.

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!!! Bright & sunny 2 Bdrm Apt tiled floors, garage, BIK, yard, Pets welcome in Weilerbach. Pls call after 16.00, 0179-6601752 or 06374-6823

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100sqm Apt Hütschenhausen liv 2BR BIK bath laundry balc 20sqm partly covered 06372-7073

1BR, 45sqm, fully furn, Internet TV, washer and dryer, BIK, bath, Landstuhl 5 min from hospital, €800 incl util, Call: 06371-64624 or www.sanders-apartments.de or sander-family4@web.de

6 km from RAB: nice ren. 1 BR-Apartment, Living-Room, BIK, 60 sqm, Laundry-R., park. lot, av. Feb. 1st, 480€ incl. ut., call 0176 32621459

65 sqm big Apt in Kindsbach, ideal for transitional - or short term. Warm and fully furn, with dishes supply. 06371-14124 or 0152 3848 2018, angela.egelhof@t-online.de

Apt in Mackenbach 90sqm quiet area & nice view next to golf course balcony 2BR liv rm bath BIK cellar Av now to quiet tenants €760 incl utl no pets 06374-2937 or 6324

Apt in Mackenbach quiet house in best area 120sqm 3 rms kitchen bathrm balcony cellar laundry great fittings avail now €763 +utl 06374-2937 or 6324

Attention - Mackenbach 3BR BIK 1.5bath liv/dinrm, lg hallway, 105sqm, balc, €610 +util Call: 0177-3458974

Bann 145sqm 3BR livrm dinrm BIK bath w/shower stor attic 2balc 2priv cpk €900 +utl 06371-946060 or 0162-1929405 or 0160-92176590

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Downtown Landstuhl, nice 3 bedrm, 1.5 Bath with built-in kitchen and covered balcony, avail. now, for 1-2 people, Rent 900€ plus util. Doris Drewlow Immobilien, Tel: 06371-5940059

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Kottweiler-Schwanden, 4BR, Apt, 1.5bath, 135sqm, liv/dinrm, BIK, built in closets, storagerm, balc, parking behind house, sm dogs ok. €950 + util, Call: 01604497965 or 016090203562

Landstuhl-Atzel: Apartment, 97sqm, 3BR/1,5BA, balcony € 550.- + util, only for single or couple, no pets, 06371/943315 www.GermaWild-Immobilien.de

Landstuhl-City nice 1flr Apt 2BR livrm nice new kitchen new bath 2min by car to McDonalds and german stores €780 incl util w/o elec 2mo dep avail immed no pets 06371-62103

Linden, nice furnished 100 sqm aptmt, open-fire-pl, floor-heat, carport, patio, wintergarten, E 700, Immo T. 016096096498

Mackenbach – Mid March, 2BR, LR/DR, BiK, bath, basement storage + Garage. Approx. €850 incl. util. Call Andreas at 0171-5410010 or 06374-805570.

Miesenbach: beautiful loft, 2 bedr., studio, living.-diningrm., built-in-kit., balcony, garage, 1.160,--€ + util www.agra-immobilien.de 06371-57656

Ramstein Apt in 3 FH, 2BR, liv/din area, bik, 100 sqm, garage possible, bath, balcony, laundryrm in basement Call 0172-6800432

Rodenbach Hohlstr. 3 comfy attic Apt 100sqm liv-space, new BIK w/everything, big bathrm 2BR 1livrm, lrg hallway, cpks, 06374-992533 or 0179-8585307

Small house, 70sqm, liv-dinrm, BIK, bath, 2 bedrm, parking lot, fast internet, 5min from Sembach-Heuberg, 10min. Kleber Kaserne, avail. now, ernstniederberge@t-online.de

Spesbach: 2 bedrm. apartment, living-diningrm., brand new built-in-kit., pantry, 1 bath, basement, 585,-- € + util www.agra-immobilien.de 06371/57656

Wonderful Apartment 160sqm., 4 bedrms., dining-livingrm., b.i.k., baths., garage 1.200 €uro + util Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

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10 min to Ramstein, nice house, 180 sqm, 5 BDR, 2,5 baths, rent € 1260, No finders fee, but full service until you move out, ZIAI DZ Immobilien 01726823232

1Fam House Imsbach, ca. 20min KL, 4BR, livrm, dinrm, kitchen, 1full bath + ¾ shwr bath, balc, lrg garden, dbl garage, 850€ depos one month rent. Ph. 089-528244 (until 10pm)

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5 Min to RAB, Freestanding house, 300sqm., 6 bedrms., 3 baths., b.i.k., open-fire-place, yard, garage, floor-heating 2.700 €uro +util Anne S. Neumann Immobilien4you Tel: 0173-8317162 or 06372-803641

5 min to ramstein, Hütschenhausen, FSH, 230 sqm, large LR, 3 BDR, 2,5 baths rent € 1700, No Finders fee, but service from my office, ZIAI DZ Immobilien 01726823232

Airbase: 5,5 miles luxurious, brand new house: Hauptstuhl: 340 sqm, 5 br, 3 bath, open floorpl. floorheat, firepl. yard, storage, E 2630,- ; Kaiserslautern: great house, 260 sqm, 4 br, 2 bath firepl, floorh. 2 gar, yard E 1980,-; Bruchmuehlbach: 6 br, 3 bath, floorh, 2 gar E 2700,-; Jettenbach; 330 sqm, 6 br, big yard E 2500,-; Weltersbach: house, 3 br, gar, basem, yard gar E1050,-; JR Realty - reduced fee- ph: 01703159692, jrrealtykmc@yahoo.com

Bann, nice 160 sqm duplex, build 1999, yard, E 239000, Immo T. 016096096498

Beautiful FSH 300 m² built in 2008 with a great view, 30 km to RAB, 5 BR, BIK, 2.5 Baths, Liv/Din-Room, Storage, Garage, Yard, Pets negotiable, Reduced Fee! Rent: 2050 Euro +util., Avail: Now. For more information please contact G.I. Bill Pay Service & Real Estate: 06371-465407 or 0160-1065196 or ramstein@gibillpay.com

KI-Einsiedlerhof, 230sqm duplex, gar, 5BR, 3bath, patio, €1700, Immo T. 016096096498

Beautiful low energy house built in 2011, 20 km to Landstuhl, 300 m², 4 BR, 3.5 Baths, BIK/Liv/Din-Room, Storage, Double-Garage, Yard, Pets negotiable, Rent: 2180 Euro + util, Avail: Feb. 15, 2013. For more information please contact G.I. Bill Pay Service & Real Estate: 06371-465407 or 0160-1065196 or ramstein@gibillpay.com

Beautiful modern FSH, built in 2003, wonderful view, quiet area, 10 km to RAB, Ramstein School, 220 sqm, 5 BR, 2 Baths, BIK, Yard, Double Garage, Avail. now. Rent-1600 € + util. Call IhrZuhause Immobilien 0157-87016817

Bruchmühlbach: freestanding 5 bedr., living-diningrm., 1 ½ bath, built-in-kit., basement, yard, garage, 1.400,-- € + util www.agra-immobilien.de 06371-57656

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Freestanding 1Family house in 67734 Katzweiler 150 sqm 3bed rm, 2bath, bik, liv/ din rm, balcony, terrace, lg yard, 3garage €1150+util Call: 0162-4320818

Freestanding home 5 mins to RAB, 4 bed, 2.5 bath, open living/ dining rm, studio w/ balcony, laundry rm, patio and garage. Rent 1215 plus util, Doris Drewlow Immobilien, Tel: 06371-5940059

Freestanding house, 300sqm., 5 bedrms., 3 baths., b.i.k., open-fire-place, garage 1.500 €uro + util Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

FSH 220 m² in Jettenbach, Ramstein school, 5 BR, 2.5 Baths, Bik, Liv/Din-Room w. fireplace, Garage, Yard, Gas heating, Pets negotiable, Rent: 1800 Euro + util., Avail: March 1, 2013. For more info please contact: GI Bill Pay Service & Real Estate, Tel.: 06371-465407 or 0160-1065196, E-mail: ramstein@gibillpay.com

Fst House 168sqm KL-Erfenbach, first occupancy after newly renovation. 7Rms, new BIK, 1 +3/4bath, laundry/storagerm in basem, parking, €1170 +util +dep Call: 06374-6814 or -6252

High standard new Duplex, 166sqm, 4 bedr. 1,5 bathr., garage, yard, €1160 info@udo-bernd.com

House 270sqm Geiselberg ca. 20km RAM / 15 Vogelw. 5BR 2BIK 1 3/4 bath sauna terr dbl garage w/elec door, partyrm, garden stor, basem/laundry, pets allowed, €1800 +util no fees Call: 0162-2568302

House in Gries w/2 Apts in great location for rent / sale 2x 150sqm, Call: 0172-2049444 or 06826-2302

Large Elegant house in Altenglan (Kusel), 330sqm, w/granny annex, and much more, €2,600+util for rent or sale obo, 06381-425307

Jettenbach: Great house, about 340 m² living sp, 5 bedroom and 5 bathrooms, large livingr, BIK, 2 Garages, very big yard, available end of Febr €2.500,-- RE/MAX Dreamhomes 4 U, Landstuhl, Kaiserstr. 4, 06371/6129262 or 0170 685 0060 Email wolf gang.wiedmann@remax.de

Landstuhl 3 min to hospital, new house 3 BDR, 1,5 baths, rent € 1007, No finders fee, but realtor service until you move out, ZIAI DZ Immobilien 01726823232

Landstuhl/Melkerei: exclusive house 6 bedr., 4 bath, living-diningm, built-in-kit., laundryrm., patio, yard, garage, basement, 2.500,-- + util www.agra-immobilien.de 06371/57656

Linden, 220 sqm house, open fireplace, 3 bm, patio, nice view, E1700, Immo. T 0160-96096498

Luxury big FSH, 20km to K-Town 180sqm, 4BR, 2bath, flr heating, BIK, terrace, balc, garden, quiet area, €1300 + util, Call Henry 0172-6634425

Luxury Waldmohr: in Ramstein school district, huge new freestanding home, 330sqm, 5 bed, 3.5 bath, open plan living, designer BIK, storage, sauna, radiant floor heating, garage, yard, € 2450+ut. Av. 10 feb, KKA Immobilien 0172/6855976, melindakka@aol.com

Mackenbach: attractive modern home, 4 bed, 2.5 bath, BIK, nice big yard with patio, carport, €1470 + ut. Av. end of Feb. KKA Immobilien, 0172/6855976 or melindakka@aol.com

Mackenbach: FSH, 6-7 bedr., 3 bath, sauna, pool, 2 car garage, € 1.580,-- + util., I.B.u.Immobilienservice Thomas Souriβeaux 06374 995 694 Thomas.sx@t-online.de

Nanzdietschweiler: freestanding 3 bed., 2 ½ bath, living-diningrm, open-fire-place, built-in-kit., patio, balcony, yard, garage, 2.100,-- + util www.AGRA-Immobilien.de 06371/57656

Near Kusel (20min to RAB): Wonderful House like a castle with a fantastic view, big yard, 170sqm, 5BR/2BA, fire-place, 2garages + carport € 1.350.- + util 06371/943310 www.GermaWild-Immobilien.de

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Nice freestanding house in Kollweiler, 11 Kilometers to Ramstein. 4 bedrooms for 1.355,- Euros incl. Garage & Carport. Free to move in. For more details, please contact us at 06385-993870 or visit our website at www.petras-home company.de

Nice FSH 125 m² in Kusel, 3BR, 2Baths, BIK, Basement, Liv/Din-Room, 2 Garages, Yard, Pets negotiable, Rent: 835.00 Euro + util., Avail: Now. For more info please contact: GI Bill Pay Service & Real Estate, Tel.: 06371-465407 or 0160-1065196, E-mail: ramstein@gibillpay.com

No Fee House, 230 sqm., 5 bedrms., 3 baths., b.i.k., attic, yard, terrace, floor-heating, carport 1.625 €uro + util Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

St. Alban's Military Community
EPISCOPAL SERVICES
HOLY EUCHARIST
Sundays 10:30
Kapaun Chapel
For more information please call 480-6148 or 06372-3163

CHURCH FOR RENT!
AMERICAN CHURCH BUILDING
400sqm, Landstuhl best location, big parking lot, church permission, single standing!
Tel: 0176-24378965
Email: MTI1000@t-online.de

Kaiserslautern Evangelical
Lutheran Church
9:00 am Worship on 1st Sunday of the month
11:30 am Worship & Eucharist all other Sundays
Children's Church available
Meeting in Ev.-Luth. St. Michaelis Church, Karpfenstr. 7, 67655 Kaiserslautern
E-mail: kaiserslautern@selk.de or call 0631-64327 for directions.
Scott Morrison, Pastor www.KELC.eu

Heritage Baptist Church
Gary Craft, Pastor
"Welcome Home!"
Sundays at 10am, 11am and 6pm • Wednesdays at 7pm
6km north of the A6 on the B40 in Mehlingen
Phone: 0 63 03-33 37 • www.heritagebaptistramstein.org

Faith Baptist Church
Worship Services & Bible Studies
Sundays 9:30, 11:00
Wednesdays 18:30
Located halfway between Ramstein and Vogelweh
www.faithbaptistchurch.de 0631-318750

KAISERSLAUTERN CHURCH OF CHRIST
Mühlstrasse 34 • 67659 Kaiserslautern
Schedule of Services
Sundays Bible Classes (all ages) 10:00 a.m.
Worship 11:00 a.m. & 6:00 p.m.
Wednesdays Devo. & Bible Study 7:00 p.m.
Contact Information
Tel. 06 31 - 36 18 59 92
Web: www.ktowncoc.org • E-mail: info@ktowncoc.org
Herb Doyle 0 63 71 - 46 75 16 • John Phillis 01 60 - 6 42 79 95
"The churches of Christ salute you." - Romans 16:16

Rheinland Baptist Church
Bahnstrasse 124a
Landstuhl
Gib Wood, Pastor
Phone: 06371-16148 (Ofc.) • 06383-5597 (Home)
Schedule of Services
Sunday School 9:45am, Morning Worship 11:00am
Evening Worship 6:00pm, Wednesday Service 7:00pm
(Nursery & Children's Church available)
to Kindsbach Traffic Circle B 40 to Landstuhl
Autohaus Plocher
Rheinland Baptist Church
Infield Bus
Bahnstrasse
Railroad Tracks

Baumholder International Worship Center
Centro de Adoración Internacional Baumholder
Überm Weiher 2 (GPS-Am Rauhen Biehl 2)
55774 Baumholder
Tel. 06783-185-0980
Sunday Intl Worship: 11:00 hr
Wednesday Prayer/Bible Study: 19:00 hr
Pastors Harry & Cristina Rodriguez, Jr.
Tel: (Handy/Cell) 01577-9105550
E-mail: pastorharryrodriguez@hotmail.com

KMC Assembly of God Church
Reverend Chuck Kackley
Phone: 06333-9931838
Cell: 0171-6574322
Services are held at Kaiserstrasse 16 A, Einsiedlerhof
WORSHIP HOURS: Sunday 10 a.m., Wednesday 7 p.m. Family Night

frontline community
Keeping it real, relational and relevant
Sunday Worship Gatherings at 9 & 11 a.m.
August-Süssdorf Strasse 8
Ramstein-Miesenbach
06371-407 808
info@frontlinecommunity.org
www.frontlinecommunity.org

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66862 Kindsbach

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HUMBLING THE SINNER, EXALTING THE SAVIOR AND PROMOTING HOLINESS
Sunday School 9:30 AM – Nursery Available
Sundays: Corporate Worship 10:45 AM
Weekdays: Men's, Women's and Small Group Bible Studies / Prayer Meetings
www.trinityreformedpca.com
Kirchenstrasse 2a, 66849 Landstuhl, Tel: 0 63 71 - 61 81 38
(across the street from European Country Living)

Air Force and Army Chapel Schedule

Protestant Services

• ***Daenner Chapel***
Saturday Seventh-Day Adventist
Sabbath School 9:30 a.m.
Worship service 11 a.m.
Sunday Chapel Next Service 10:00 a.m.
POC USAG-K Chaplains Office 493-4098,
Civ. 0631-3406-4098, BLDG 3150

• ***Landstuhl Chapel***
Sunday Protestant Worship
and Kid's Church 11:00 a.m.
POC USAG-K Chaplains Office 493-4098,
Civ 0631-3406-4098

• ***Ramstein North Chapel*** (480-6148)
Contemporary Service, 11:00 a.m. Sunday

• ***Ramstein South Chapel*** (480-5753)
Liturgical Services, 9 a.m. Sunday
Liturgical Sunday School, 11:00 a.m. Sunday
Traditional Service, 11:00 a.m. Sunday

• ***Vogelweh Chapel*** (489-6859)
Gospel Service, 11:00 a.m. Sunday
Protestant Education Classes are available for all ages at Vogelweh, Ramstein, Landstuhl and Daenner, For more information, call 480-2499 or 489-6743.

Jewish Religious Services

• ***Ramstein South Chapel Synagogue*** (480-5753)
Shabbat Evening Service,
Friday, 7 p.m.

Catholic Services

• ***Ramstein North Chapel*** (480-6148)
Sunday Mass, 9:00 a.m. and 5 p.m.
Confessions, 4 to 4:45 p.m. Sunday
Daily Mass, 11:30 a.m. Mon through Fri

• ***Vogelweh Chapel*** (489-6859)
Confessions, 4 to 4:45 p.m.
Saturday Mass, 5 p.m. Saturday

• ***Daenner Chapel***
Sunday Confessions 11:45 a.m.
Sunday Mass 12:30 p.m.
Daily Mass 11:45 a.m. Tue – Fri
POC USAG-K Chaplains Office 493-4098,
Civ 0631-3406-4098

• ***Landstuhl Chapel***
Sunday Mass 9 a.m.
Daily Mass noon Mon – Fri
POC USAG-K Chaplains Office 493-4098,
Civ 0631-3406-4098

Islamic Services

• ***Ramstein South Chapel Mosque*** (480-5753),
Jumu'ah Prayer, 1:30 p.m.
For Religious Education and Daily Prayers
check Prayer Schedule

Orthodox Christian

Confession by appointment
Divine Liturgy
- Kapaun Chapel Sun, 9:00 a.m.
For more information call: 489-2496

Youth Group

Middle School Youth Group, "Plugged-In" for Landstuhl, Kaiserslautern and Sembach meets on Sundays from 2 to 4 p.m. at the Pulaski Religious Youth Center.

High School Youth Group, "The Rock" meets on Sundays from 6 to 8 p.m. at the Pulaski Religious Youth Center.

Dinner for Students and their Families, "Café" meets on Sundays from from 430 to 530 p.m. at the Pulaski Religious Youth Center.
For details and other events, call Anthony Amor at 0151-2411-2619 or visit www.kmcyouth.com.

Denominational Services

Episcopal (St. Albans)
Kapaun Chapel Sun, 10:30 a.m.

Korean Service
South Chapel Sun, 1 p.m.

Unitarian Universalist Service
Kapaun Chapel
2nd & 4th Sun, 1.30 p.m. (Sep through May)

Wiccan
Kapaun Annex 1st & 3rd Sat, 7 p.m.

Confessional Lutheran (WELS)
South Chapel 2nd & 4th Sun, 4 p.m.

HOUSES FOR RENT

All ads & pics can be viewed @ www.class-world.eu

Nice FSH 250 m² built in 2011, 25 km to RAB, 5 BR, 2 Baths, BIK, Liv/Din-Room, In-Law-Suite, Double-Garage, Rent: 2015 Euro + util., Avail: Now, Pets negotiable. For more information please contact G.I. Bill Pay Service & Real Estate: 06371-465407 or 0160-1065196 or ramstein@gibillpay.com

No Fee House, Schwedelbach, freestanding house, 4 bedrms., 2 baths., b.i.k., yard, carport, 1.275 €uro + util Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

No fee! FSH 270 m² in Ramsen, 20 min to Sembach or KL, very excl, American Style, Pool, Aircond, 3 BR, 2 BIK, big Liv/Din-Room, 2 fireplace, Basement, 1000 m² Yard, Pets allowed, Rent: 1670 € + util, Available from now on 0174-2111176

Queidersbach, nice 3 bm duplex, studio, carport, E890, Immo. T 016096096498

RAB school freestanding house, 200sqm., 4 bedrms., 3 baths., b.i.k., modern style, garage 1.510 €uro + util Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

Rab school, brand new freestanding house, 330 sqm., 5 bedrms., + dress. rm., b.i.k., 3 baths., dining-living area, open-fire-place, garage, yard, 2.450 €uro + util Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

Ramstein: Freest, 3-4BR, 2,5BA, yard, balcony € 1.040,- + util 06371/943313 www.GermaWild-Immobilien.de

Rab school, brand new freestanding house, 300 sqm., 5 bedrms., 3 baths., b.i.k., garage yard, 2.300 €uro + util Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

Ramstein school district: FSH in Glan-Münchweiler, 4 bedrooms, 2 bathrooms, modern BIK, gas heating, terrace, nice yard, garage, basement. Av. now € 1200 + ut. KKA Immobilien. Tel. 0172-6855976 or melindakka@aol.com

Ramstein: duplex, 4 bedr., 3 bath, living-diningrm., build-in-kit., patio, yard, garage, 1.170,-- + util www.AGRA-Immobilien.de 06371/57656

Ramstein-Miesenbach: freestanding, 5 bedr. 2 ½ bath, living-diningrm., built-in-kit., basement, patio, yard, garage, 1.250,-- + util www.AGRA-Immobilien.de 06371/57656

Ramstein-Miesenbach: nice 5 bm house, garage, yard, E1180, Immo. T. 016096096498

Rodenbach: Rowend house, like duplex, 197sqm, 4BR, 2,5BA, terrace, small yard, carport € 1340.- + util; freest. House, 300sqm, 5BR, 2,5BA, carport, € 2220.- + util; Rowend house, 2 years old, 245sqm, 5BR, 2,5BA, carport, € 1875.- + util 06371/943315 www.GermaWild-Immobilien.de

Siegelbach, 4 bm house, E1075, Immo T. 016096096498

Townhouse 160 m², Ramstein school, 25 km to RAB, 5 BR, BIK, 2 Baths, LIV/DIN-Room, Garage, Pets allowed, Rent: 980 Euro + util., Avail: Feb. 15, 2013. For more info please contact: GI Bill Pay Service & Real Estate, Tel.: 06371-465407 or 0160-1065196, E-mail: ramstein@gibillpay.com

Various beautiful houses in different locations/school districts for rent. Rent varies from 830-2300 Euro. The houses are located in the following regions: Ramstein, Landstuhl, Kaiserslautern, Sembach, Baumholder and Kusel. Reduced finder's fee! For more information please contact G.I. Bill Pay Service & Real Estate: 06371-465407 or 0160-1065196 or ramstein@gibillpay.com

Weilerbach: freestanding house 200 spm., avail now, 6 big bdr., 1 big eat in kitchen, big lvr., 2 full bath. attic, best scenic. Vogelweh school district. Send more pictures by: bison@bisons.de call Hanns 06374 - 1576 €1200 06374-1576 e-mail: bison@bisons.de

Wonderful freestanding house, 10 Min. to RAB, 300 sqm., 5 bedrms., b.i.k., 3 baths., floor-heating, garage, yard, low energy house, 2.300 €uro + util Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

HOUSES / APTS FOR SALE

All ads & pics can be viewed @ www.class-world.eu

!!!Open House!!! Saturday 8.2.13 from 14:00-15:00, Erzenhausen, In der Klamm 20. Great Bungalow 200qm livingspace, fireplace 4BR, 2BA, garage. 850 sqm property. RE/MAX Dreamhomes 4 U ask for Sonja Gray 06371/6129262 or 0160/ 3807277 Sonjagray@ymail.com

20min to RAB or Ktown - Hefersweiler: great house, about 330 m² living space, 8-9 bedr, 3 bathr, Livingr, 2 BIK, balcony, all tiled and floorheating, garage, fantastic view, available now € 289.000,-- RE/MAX Dreamhomes 4 U, Landstuhl, Kaiserstr. 4 , 06371/6129262 or 01706850060, email wolfgang.wiedmann@remax.de

300sqm+ Finished basement, top floor can be rented out as a separate apartment, 2 car garage, 2 car carport, Nice yard with barbecue fire pit, grape vines, blueberry bushes and more. New Kitchen, new wallpaper in living room, lots of storage space. Between Ramstein, Kaiserslautern, and Baumholder. Save Money = No Realtors!!! 13 Glanblick Offenbach-Hundheim RP 67749 €270000 0171-999-1710 / thunder.diver@hotmail.com

Kindsbach: nice duplex with garage build 2006, 145sqm, 4bm, 2 baths, E200000, Immo T. 016096096498

2013 CFC-O COIN DESIGN CONTEST

WHO: All DoD employees and their family members (ID card required for verification).

WHAT: Participants will create a 2013 CFC-O coin design that embodies the spirit of the campaign. The chosen design will be distributed to select contributors during the 2013 CFC-O this fall.

WHEN: Submissions are due by 29 March 2013.

DETAILS
- Designs should depict the theme: "Serve to Honor Your Country. Give Because You Care." but the theme does not need to appear in text on the design.
- The year "2013" and the name "Combined Federal Campaign-Overseas" must appear in the design.
- The design must fit on a round coin 1 ¾" diameter.
- Use the following colors: red, white and blue as solid colors only, no gradients as they cannot be replicated accurately with enamel fill. Any negative space without a color will be background color of the coin.
- Submit designs as a .jpg or .pdf file to cfco@cfcoverseas.org.

2012 COIN DESIGN

SUBMIT YOUR DESIGN TODAY!

By submitting a design, the artist verifies that their design is original work and gives permission for its use by the CFC-O on the coins. Additionally, the submitter consents to the reproduction of the design and its use by the CFC-O in various applications, which include, but are not limited to: campaign materials, publicity releases and electronic reproduction on the CFC-O website and social media sites. There will be no monetary remuneration for use of the winning design.

CFC® Combined Federal Campaign Overseas

Hypocrisy is a stench in the nostrils of mankind and God!
Landstuhl Christian Bookstore
Kaiserstr. 66 • 06371-62988
Mon–Fri 10–6, **Sat 9–2 (new)**

RAMSTEIN
CHURCH OF CHRIST
Sunday 10 a.m. and 2:30 p.m.
Wednesday 7 p.m.
Landstuhler Straße 22 • Ramstein Village
Tel: 06374-945350 or 0151-57727850
www.ramst-churchofchrist.com

HOUSES / APTS FOR SALE

All ads & pics can be viewed @ www.class-world.eu

3floor Fam house, 358sqm, 8BR, 4bath, 4kitchen (no BIK), 4liv, 4dinrm, central oil heating, 1balc, lrg terrace, basement, storagerm, year 2000 new roof, 2004 new heating, garden, huge car park, 1470sqm property, (front & back yard build poss) Price neg. No Realtor fee. Call: 0176-22987498 or 0178-2327775

8 Min to RAB, Ramstein School Distr., about 400 m² living space, 7 bedr, huge family room, livingr, diningr, excl. kitchen, pantry, 3 bathr, Sauna, 2 Garages, very quiet living area, € 449.000,-- RE/MAX Dreamhomes 4 U, Landstuhl, Kaiserstr. 4 , 06371/6129262 or 01706850060, email wolfgang.wiedmann@remax.de

Einsiedlerhof - Dream House 209m² Liv Space, 1065m² lot (owned by the seller). 5 bedrms, liv/diningroom, built in kitchen, pantry, fam rm, 2 bath, sauna, laundry rm, cov balcony, cov patio, outside bbq, playground, garden house, plus more outside storage, own well, totally fenced, gas heating. Avail Mar/Apr this year 339000 Euro. Doris Drewlow Immobilien, Tel: 06371-5940059

Freest. Family home w/ attached annex, big stone paved courtyard, 2700m² property., 205sqm living space, 4BR., 2baths, lrg livrm w/ tiled firepl, dinrm., Big kitchen w/ storagerm, oil heating.m. Solar thermal heat, balc & Terrace, built in closets, big Photovoltaic system, gr. Garage 100m², €395,000 06361-994740

Kaiserslautern-Altstadt: very exclusive, modern apartment, more than 300 m² living and nanny aptm., floor heating, 4 garages € 460.000,-- RE/MAX Dreamhomes 4 U, Landstuhl, Kaiserstr. 4, 06371/6129262 or 0170 685 0060, email wolfgang.wiedmann@remax.de

Near Rab / Landstuhl freestanding house, 200sqm., livingspace, 4 bedrms., +studio, 2 baths., basement, balcony, 2 garages, fenced yard Price 130 000 €uro Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

Nice freestanding House in Reichenbach Steegen, For a big family, 8 km to Ramstein. €290.000,-- negotiable. 2 BIK, 10 bedroom , 3 bathroom with tub and shower, living/ dining room, fire place, Patio, Balcony, 450sqm living space, 2 Garages, RE/MAX Real Estate Center, Call Michaela 0631 41 40 888 0 or 01676 105 15807

Nice House in Niederstaufenbach: 490qm living space, 4000qm yard, very good shape. Bernd Klan REMAX Real Estate Center 0631- 41 40 888-0 or 0152- 29 28 70 28, Katrin Lindner REMAX Real Estate Center 0631-41 40 888-0 o. 0176- 80 22 69 40.

Oberstaufenbach - Great Investment - 10 yr old 513m² living space on 1000sqm property house completely rented out - basic rent per year 4560€ for 369000€. Doris Drewlow Immobilien, Tel: 06371-5940059

RAB school excl. condition freestanding house, 400 sqm., livingspace, 1200 sqm property, with outside pool, 2 garages, florida room, 5 bedrms., open fireplace, 3 baths., b.i.k., sepr. apartment Price 420 000 €uro Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

RAB school, brand new freestanding house, 280sqm., livingspace, 5 bedrms., 3 baths., b.i.k., floor-heating, garage, yard Price 330 000 €uro Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

Use your Housing Allowance to purchase your home - : buying in Germany is not complicated. We will inform you about all the details. We will help you - finding - financing - notarizing - moving in - step by step to get your own home, RE/MAX Dreamhomes 4 U, Landstuhl, Kaiserstr. 4, 06371/6129262 or 0170 685 0060, email wolfgang.wiedmann@remax.de

TLA / TDY

All ads & pics can be viewed @ www.class-world.eu

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´´´ 1-2BR apts. awesome furn/ equipped. Beautiful area near forest/lake. Close to RAB. lg livrm w/ open BIK, balc, bath, free WIFI, 84sqm or 60sqm, housing approved, 06371-598420

Ramstein large 3bed/2bath units 4 short term living. All included, PC, Wi-Fi, AFN. www.facebook.com/ramsteinlodging or temp_house@hotmail.com €100 01791456657

Temp apt Matzenbach 1 - 2 dbl BR, 1.5 bath, 2pers 65sqm carport 10min to RAB 06384-6710 / 06383-7219 hans-neu37@web.de

Weilerbach Corporate House, 2-3 bdrm, fully elegant furnished. 0162-4747120, or go: off-base.com

AUTOS

All ads & pics can be viewed @ www.class-world.eu

Caution: Some KA Classified ads have become a target for scams. Please be cautious if potential buyers offer you payment methods other than cash.

1990 Red Volkswagen Golf. 131km, Two Prior Owners, New Battery, Excellent Interior/Exterior, Great little car. $Best Offer sedleah@yahoo.com

1994 opel corsa, drives great needs some work, batteries always comes on have taken it regularly to maintenance $300 ob sakari02360@yahoo.com

1996 BMW 320i, stationwagon blue, automatic, power steering, winter tires & all-season tires, inspection good till January 2014 150000KM €3500 grandmamart@yahoo.com or 015224456565

1996 BMW touring stationwagon. Automatic transmission 130,000KM, reliable, good condition. New winter tires, and set of all-season tires €4000.00 grandmamart@yahoo.com

2001 Lexus IS-300 Sport Sedan Automatic, German Specs, 162,000 KM Plus 4 mounted summer tires Dealer maintained $8500.00 obo kenpcs-1@yahoo.com or 01707055585

2008 Kia Sorento LX, 40K miles, US specs, AT, PW, trailer hitch. Available 4 Mar 13. $11,500 Call John at 06371-598111

2008, VW Tourareg, US Specs, 69000 miles, fully loaded, dealer maintained $20,900 obo 0151-12115406

2001, Ford, 69ps, 30,000miles, 5speed, 5seater, 1 owner, silver, A/C, dbl airbags, fuel efficient, summer & winter tires, 0152-06786080 $2850 0152-06786080 - stefandsanya@gmail.com

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TLAs in Ramstein New apt for 1 bedroom for 2 people & also for families. Apts have: full furn Sat TV microw. phone comp w/DSL private parking pets OK wash/dryer also avail.
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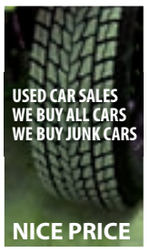

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Kaiserslautern - Siegelbach

AUTOS

All ads & pics can be viewed @ www.class-world.eu

2005 Peugeot 407 SW, wagon, dark blue w/black cloth interior, auto, diesel, moon roof, 40 mpg, 130K miles, excellent condition w/ receipts, looks new. $$7,300 smithbrink@aol.com

2006 Ford Freestar LE, 75K miles, US Specs, PW/PL/CC rear air, seats 7, privacy glass etc. needs tires, and a new windshield wiper motor $4750 sm77854@gmail.com

2006 Lincoln Zephyr (MKZ) V6, 95K. Luxurious car inside and out. White ext with tan heat/cooled seating. Fully loaded. $8000 Chris 01703272717 or natebully@gmail.com

2007 Dodge Charger R/T, Biege leather, heated power seats, 20" wheels, spoiler, crystal fire pearl metallic paint, 5.7l Hemi, 330 hp. Excellent condtn $14,000 0176-847-24746

2008 Silver Mercury Mariner Hybrid, outstanding condition, one owner, dealer serviced, loaded, 34/35 mpg, 4 cyl, leather interior, sunroof and more. $16000 obo 06301-7998157 after 6 pm.

2009 Ford Flex, ?V6, 3.5 Liter, 2WD, Automatic, 71,800 miles, Black Exterior, Black Leather Interior $16,500 obo Call Danyel 01719181144 / danyelandraven@yahoo.com

A set of Continental Winter tires with rims 5 lugs, 205/55R16H TS830, 017622987498, €500

Audi 100 model 1998, stick shift, w/ CD Stereo, AC, power doors, breaks, runs great, in good condition € 1.200 obo winter speical, New tires, new oil change, new inspec, 06306-1750 or 0176-24347031

Audi A6 2.4 V6 Sedan, Automatic Transmission, AC, ASR, radio, pwr. doors/windows/locks, keyless Entry, Year 1998, Service History, 95kmiles, Great Condition $5500 0152-556-24853

BMW 320i, S/W, autom. A/C, gear shift, 6cyl, adj. suspension, tinted windows, nice rims, M-Package etc. Inspection guaranteed. 0170-8128934 €2100 stger1976@gmx.de

New front nose cover Toyota Celica $50.00 +49 176 84658955

Chrysler Sebring 2.0 Touring Black Metalic, 10/2008, 1st owner, 48.000 km, 115 kW (156 PS), A/C, Speed Control, Winer/Summer Tires and more.. €8900 bj81@live.de

German spec Smart car, automatic, gas fuel. AC, power everything, heated seats, winter tires. 23500 KM. $9850.00 sellingstuttgart@googlemail.com

Mini Cooper Countryman '12, Surf blue, Cold Weather Prm Pkg, Pwr Glass Moonroof, 3 Rear seats, Bluetooth Mobile Prep, 6 spd man, 10.5K miles. Bought Nov 11 $23,500 obo 01719182409

Mitsubsi galant, 2002, automatic, automatic A/C, 5DR, red wine, power window, 87,000miles, winter/summer tires w/ alloy wheels, garage kept, super condition, €2600 Call: 0176-22858442

My Little Rover Mini Cooper is sold and now I got some carparts for sale Questions? Ask !!! offers, Chat13675@aol.com

Nissan 100 NX with T.-TOP, Ready to drive, germans Specs till Jan. 2013,66 kW (90 PS), 223.650 km €1300 Chat13675@aol.com

Oil filters from Hamp Synergy, set of 3 for $35, 017622987498

Porsche 911S Cabrio, 2006, 62K miles, 6 spd man, dark blue, htd seats, nav, black hardtop, windscreen, 19" wheels, plus snowtires / 18" wheels, US Spec $48,500 0160-3647172 / guribe2@me.com

Silver 2009 BMW 128i Coupe, black interior, Automatic, V6, American Spec, Boss speaker, Electronic keys, Bluetooth, Sunroof, Heated Seat, Navigation $24,000, 016097360136 / er nest.heinrich@ramstein.af.mil

Toda high power N2 Camshafts, K20a 295in12.5 and K20a 285ex12.0, asking for both $700. Call: 017622987498

Toda K20A Valve Spring Set. Original price $400. Toda racing parts. Never used Asking $275 Ph.017622987498 / isabell_1_98@yahoo.com

V8 Twin Turbo 407hp/442 torque – Very Fast. 8spd Sport Auto. 19,800 miles. Carbon Black w/ Black Leather. $51800 delvek71@gmail.com

VW Golf, 4DR, 75ps, 5speed, first owner, new inspec, central lock, glass moon roof, new winter tires, 0152-06786080 $1900

MOTORCYCLES

All ads & pics can be viewed @ www.class-world.eu

Caution: Some KA Classified ads have become a target for scams. Please be cautious if potential buyers offer you payment methods other than cash.

2005 Harley Davidson Black Cherry Road King Classic with 5k miles. Chrome upgrades with Screaming Eagle Stage 1 and II pipes. More extras. U.S. specs. $13,250 jkeaslerhd@yahoo.com

2004 Suzuki Marauder 800cc. Colour blue, 10862km, very good condition, never dropped. Includes windshield, saddle bags, and jacket (size XL) $4250 06313-1090454 or sergepalin2@hotmail.com

Harley Davison Road King Classic. One owner, black cherry, less than 5k miles. Chrome front end, Stage 1 upgrade, lowered, detachable backrest and gps. $15,000 jkeaslerhd@yahoo.com

HD 883XL Sportster Super Low, 2011, US spec, 4,000 miles, $6600. We sell US Spec Ducati Triumph Aprilia Honda Suzuki Yamaha Kawasaki. Used bikes wanted. www.montanamotorcycles.com $6600 0173 4748800

Lookin for a FLHTCU or Sportster in every condition and parts. Maybe you have something in the basement / garage you don't need any longer. Pay cash. $ WTB: Harley-Davidson or parts/gear 0162 6409 207 / gonzo1958@web.de

ANNOUNCEMENTS

All ads & pics can be viewed @ www.class-world.eu

All must go, call me for details or mail me, I can send you pics, curtains, dishes pots to much to fit into add. Moving sale 06331-1495135 or imagine_peace@t-online.de

Hochspeyer American Social Club meets once/month. Meet your neighbors from Hochspeyer & neighboring towns. Info on FB or: hasc2009@googlemail.com

If you love to dance, come to the 2.Salsa Tropical Night in Hochspeyer, Jan 12th. Social dancing @ 8pm. Info: https://www.facebook.com/groups/SalsaKL/

The Rheinland-Pfalz International Choir is getting set to begin its second half program, and we are seeking new members. If you love music and love to sing, please consider visiting to see if RPIC is a good fit for you! We meet Tuesday evenings in Kaiserslautern-Erzhuetten, and new members are welcome through February. Please visit our website at www.sing-rpic.de (available in both German and English). There you will find directions, performance samples, music repertoire, photos, and contact information. We look forward to meeting some new members from the Kaiserslautern area!

Vegan/Vegitarian Meetup Looking for other (Raw) Vegans/Vegitarians in the area. Want to share information, ideas, recipes etc! Email for more info. Free veganramstein@gmail.com

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CHILD CARE

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Advertisers living on base/post and offering child care services are on the approved list of Family Child Care (FCC) providers. Those living off base/post offering these services in the newspaper are not screened by FCC. Use good judgement when choosing off base/post child care services. Qualifications should be checked and references requested before placing any child in the custody of child care providers who have not been screened.*Anyone providing more than 10 hours of care per week, on a regular basis, MUST be licensed by the FCC office. If you do not have a license and provide care, you could possibly lose your base housing privileges.*****

Nice lady looking for a childcare position in KMCC area, 0176-76869130

CHECK OUT
THE FIND-IT GUIDE
www.finditguide.de

ELECTRONICS

All ads & pics can be viewed @ www.class-world.eu

I have a Sky satellite receiver with card and remote available 10 Jan. I can meet at Ramstein or Vogelweh. Only serious buyers please. $150 obo rebeccaflowers@ymail.com

Kenwood Stereo system, Compact Disc Player DP-1050, Stereo Receiver KR-A 5040, Douple Cassette Deck KX-W 6040, 2 big Pioneer Boxes CS-997, remote control RC-5040, Very good condition! €380 obo, Tel. 06385-415150

Laney speakers, Call: 017622987498

Moving sale, have only 2 weeks to sell, wascher, refrigerator both only 5 months old, many african masks from kenya, and oriental deco, curtains. Afican Masks beautiful, and large picture. 06331-1495135 or imagine_peace@t-online.de

Nokia Cell phone White N97 Mini $25.00 +4917684658955

Telephone Siemens Gigaset A265 Duo. Handsfree, Answering machine. $25.00, 017684658955

Usareur RMV NAF sale Dell Flat screen Monitors 15-24 inch, laptops key boards all items with accessories. Everything must go!!! $Good prices Gary Cooper DSN: 496-4645, E-mail: gary.k.cooper.naf@mail.mil

Waffle maker, 220 volt, $10, 017622987498

FOR SALE -- MISC

All ads & pics can be viewed @ www.class-world.eu

Caution: Some KA Classified ads have become a target for scams. Please be cautious if potential buyers offer you payment methods other than cash.

2 Twin sized football covers. Teams include Tennessee Titans and Denver Broncos. Covers are thick and good for the winter $10 alessio.johnson@yahoo.com

6 months old german front load Washer, moving must sell fast, was 250,00 euros, exellent condition, and so many other items, please call €170,00 06331-1495135 or imagine_peace@t-online.de

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FOR SALE -- MISC

All ads & pics can be viewed @ www.class-world.eu

A large variety of boys clothing. Pick out five either pants or shirt or both for only $20. Age 2 to 7, 017622987498

Baby boppy, $15, Call: 017622987498

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Antique Tin Pot - very old - passed down from my grandfather. $40. See pictures at www.class-world.eu E-mail s.vogl75@web.de

Art Nouveau furniture over 100 years old. A variety of items, grandfather clock (Harmonium), crystal glasses, Murano glasses, Meisner porcelain figurines, 200years old, coffee and Tea set. Call: 0177-5211480

Babyphat Boots, 8 1/2. Brand-new super cool $80.00 06331-1495135 or imagine_peace@t-online.de

Basketball hoop for children, black and red, approx 3feet tall, $10, Call: 017622987498

Beige brown satin shirt, size M/L, €10. 017622987498

Blue satin dress, perfect with black belt. Size M/L. €12. 017622987498

Boys winter boots, size 30, brand Bama bought at Marken Schuh, asking $15, 017622987498

Brand New / Never Used Spyder Snowboarding jacket $45 ales sio.johnson@yahoo.com

Childrens plastic table, blue with chair, $10, Call 017622987198

Dress shoes for boys, size 13, Perfect for church or special occassions. $10. 017622987498

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Designer Hand bag. George Gina and Lucy. Used twice. Paid 160 euros for the bag. €100 017622987498

Giant Valentine Antique Warehouse Sale, Sat, 9 Feb, Sun 10 Feb, 10am-3pm Schneeweiderhof 11, 67754 Essweiler Map: www.schoolhouse-antiques.com

Green Snowboarding / Skiing jacket $25 alessio.johnson@yahoo.com

Green suede handbag. With three compartments. Zipper top. $20 0176-22987498 please leave a message if I do not answer.

Green wedges, size 40, never worn. Paid €50, asking $40. 017622987498

I'm selling Black Ops, Madden 12 and COD MW3 for 30 Dollars, the other games will be sold for 10 dollars each. Games Included are NBA 07, Madden 11, F $30 alessio.johnson@yahoo.com

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Italian Women's brown leather jacket $25, alessio.johnson@yahoo.com

Kids Red Colombia skiing / Snowboarding jacket $10 ales sio.johnson@yahoo.com

Knee length satin dress, size 40 from Vero Moda, €20. 017622987498

Kookai dress, size 40, $30, chiffron material, purple, pink, and beige, worn once, 017622987498, see class world for pictures.

Lace dress, eggshell/offwhite, size 6, never worn. For wedding/prom/summer night out. $50; 017622987498 or isabell_1_98@yahoo.com Pic on www.class-world.eu does not do justice. Beautiful dress.

Ladies' sheep skin coat (designer model) in camel brown like new size 12 for $120. Call 06374-1277

Leather Coat, excellent Quality, size med. was 450.00 dollars from Macys in Chicago, never worn, moving, need to sell, call for details or more pic $150.00 06331-1495135 or imagine_peace@t-online.de

Like new black suede boots with inside zipper, knee high. US size: 10; European size: 40. Nothing wrong with the boots, too big for me. $40 gabriellas21@hotmail.com

Like New Chaffing Dish. Used once includes 3 pans for food. $30.00 017684658955 email spvendor@gmail.com

Lots of fashion jewerly for sale, earrings, bracelets, necklaces, from €1 to €5, see class world for pictures, 017622987498

Mens leather shoe, size 10 1/2, Worn twice. Call: 0176-22987498

Winter boots for boys, size 30, $20, Call: 017622987498

Nice Mantel Clock from the 1960 era. Measures 24 inch long x 9 inch Height. It is key wind and chimes on the 1/2 and full hour. $100.00, 017684658955

Old antiques Bench made from a 120 years old bed. €450 sammlerstuebchen20@yahoo.de

Old french cabinet, ca. 110 years old with marble €350 sammlerstuebchen20@yahoo.de

Old french Schrank, Hand-Made, ca. 90 years old €320 sammlerstuebchen20@yahoo.de

Outdoor Playhouse must be sold, near Ramstein €95 sammlerstuebchen20@yahoo.de

Pink and white snake skin purse, not real. pics on www.class-world.eu isabell_1_98@yahoo.com

Plenty of Unique curtains, can not take pictures of all, $50.00 for all the curtains I have , please call for details $50.00 06331-1495135 or imagine_peace@t-online.de

Porcelain dolls, over 100 to choose from, all dressed. Price Obo Call: 0176-90796039

Price reduced! HP Desktop Computer 4GB Mem, 500 GB HD, DVD Burner, Windows Vista, MS Office 03, Samsung 19" Flatscreen Monitor $375 0151 4664 5395 / stvvee@sbcglobal.net

Prom dress or for weddings, green pastel color, size 36/38. Back of dress is open with two strapes held by a gem. Call: 017622987498

Römer Super nice Römer "Visio" Buggy. Push and click system for Römer Baby Safe. Suitable for newborn onwards, reversible from baby seat into the laying position, rain protection, mosquito net with zipper, storage place, incl. winterfoot bag. Great condition!!! Non smoking household. Original price 300 Eur. 150 obo €, Tel. 06385 - 415150

Size 52-57. Multi color childrens bike helmet, for boys. $20 017622987498

Sunbeam Table Top BBQ portable Grill used once $10. Can deliver to RAB Call: 06332-41560

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FOR SALE -- MISC

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Swarovski Crystal - Attention collectors! All retired pieces reduced to half their value, All pieces over 20years old! Prices greatly reduced! Great gift for any special occasion! Private collection! Retired pieces. koala bear mother and baby, Panda mother & baby, whale, turtle. Call for info: 06332-41560 between 2pm to 9pm. Can deliver to RAB!

Swarovski SC Isadora & Antonio, from the trilogy (magic of dance) 2002 & 2003, w/crystal signs & displays) will sell separately, Price 299 € each obo Call: 0162-2762421

Swarovski, silver, crystal, trilogy masquerade, 1999-2001, w/crystal signs & displays, 899€ obo Call: 0162-2762421

The Swarovski Pierrot mesasures 8". This is the first edition of "Masquerade" series. Retired in 1999. Pics on www.class-world.eu isabell_1_98@yahoo.com

Documents for Sale! USA and CSA documents, coins of Germany and China, private collection, for sale piece by piece. Call between 4-7pm 0152-25194313 (David Frank)

Various Golf items Includes Shoes Size 11 worn 1 time, Nike Air Glove size XL, Towels and small carrying bag. 1 case of 30 each New Golf Balls $50,00 017684658955 email spvendor@gmail.com

When you PCS or Just Clean out and got Free Clothing/Toys to Give away-please don´t Junk them. Shoot me a Email. I wanna take them for my Kids. Chat13675@aol.com

Wine Rack/Holder, holds six bottles, attractive metal finish, fits perfectly in a small, narrow space. $10; 0163-330-5535 or john@advantipro.de

FURNITURE

All ads & pics can be viewed @ www.class-world.eu

Beautiful oriental Corner Cabinet, rattan and the doors are metal, 6 feet tall, two bottom drawers, must move, cant take $50.00 06331-1495135 or imagine_peace@t-online.de

Bed (140 x 200 cm) with bed side table (40x48x55cm), 1 year old and occasionally used, in perfect state. €160 (dollars accepted) 015152112197

Bureau, Mahogany inlay, brass handles and dress plate, self-collecting, Height: 97cm, Width : 87cm, Depth: 40cm, €120 +496302 981905

Canopy iron queen bed: includes head board, foot board and railings. Like new. For more details pls email me. Assembling is required. $250 gabriellas21@hotmail.com

Designer glass coffee table from Interia, $130, Very study Solid wood frame. Call: 06374-944828

Charming small asian cabinet, priced to sell asap, moving back home to the states, everything must go, many items, please call $30.00 06331-1495135 or imagine_peace@t-online.de

Cuckoo clock, wooden clock-face, made in Germany, cuckoos every half & full hour, plays music every hour €200 Ph: 0151-14784083 email: fridolin50@web.de

Designer Dining room Table with glass and 6 chairs, handmade €850 sammlerstuebchen20@yahoo.de

Dining room set kitchen, beech inlay, Table extendible, 2 chairs and corner seat / bench with cushion, L:110cm, extendible to 170cm, self-collecting €250 +496302 981905

Dining table w/ 2 benches, massiv wood - oak style, €250 0176-90796039

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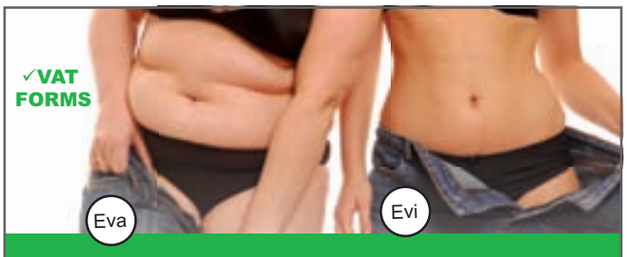

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FURNITURE

All ads & pics can be viewed @ www.class-world.eu

German Sideboard and Highboard for Sale. Oak-rustic color, massiv. Great condition! New €1200 each, now selling for €250 each! Call: 0176-907-96039

Looking for American couch, good condition, not to high in price, also looking for King size bed, KMCC location, 0176-76869130

Light blue leather alternative couch, U shaped 2 meter 87 wide, $275, black leather recliner with foot stool, $30, Call 0170-4019648 Sembach Area

Like New glass table. No cracks. Table also includes 6 black leather chairs. Table extends for a 6 person sitting $350 ales sio.johnson@yahoo.com

Original from Marocco €75 0152-06786080 - stefandsanya@gmail.com

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Pendulum clock, oak, folk-art Battery operated., Height: 57cm, Width : 26cm, self-collecting, €60 +496302 981905

Pick up in Kaiserslautern, New Upholstery $250 0152-06786080 - stefandsanya@gmail.com

Real leather couch, red, very comfortable, L shape, original price was €3000. Asking €1600 obo. Seats 6 - 7 people. Appr. 3 years old. 270x270cm, 0631/5208312 or alexander.fett@fm-kl.de

Round glass top dining table with wooden base and 4 wooden chairs. E-mail for pics. Carpenter_m86@yahoo.com $250, 015161214917

Sturdy bamboo stand, for plants or a lovely item to display, have also a lot of asian items, must sell asap, going home to the states $30.00 06331-1495135 or imagine_peace@t-online.de

Table lamps, leather lamp shade, self-collecting, Height lamp 1, : 67cm, Height lamp 2, : 47cm, €15€ each, set 25€ +496302 981905

Unique African Stand, and Masks must move please call make offer, so much more, $30.00 06331-1495135 or imagine_peace@t-online.de

Wicker chair / basket chair Nice handmade wicker chair with yellow cusion. Self-collecting €50 +496302 981905

JOBS

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Babysitting in the Kaiserslautern area, ages 6 months - 10 years CPR, first aid certified babysitter course, my3sons@t-online.de or 06303-9256230

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Seeking a Budget/Financial person with a strong knowledge of MS Excel. 0175-164-1336 / fleonard@csc.com

Very nice lady looking for a cleaning position or a babysitter job, in the Ramstein/Kaiserslautern area. Please call: 0176-76869130

PERSONAL

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Attractive 35yrs single black lady is seeking to find a happy relationship. bahaulinelinda@yahoo.com, bahaulineline@yahoo.com

Attractive, intelligent, sincere SWF in her 40's looking for SWM for a long term relationship. Miss ses.Me@gmail.com

German Lady, 47 looking for nice Americans (caucasian, F/M) my age who can speak German (my English is not so great.. For friendship. Please Text message! 0160/6737687

Warm-hearted, great humor 34yrs single black lady with a generous touch of friendship seeks to find a happy relationship. rosemaryadolf@yahoo.com

Women around 50 looking for an free American male the same age to build nice friendship Call: 0152/38792688

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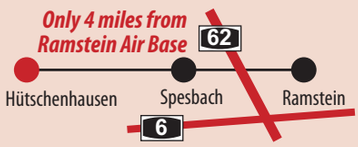

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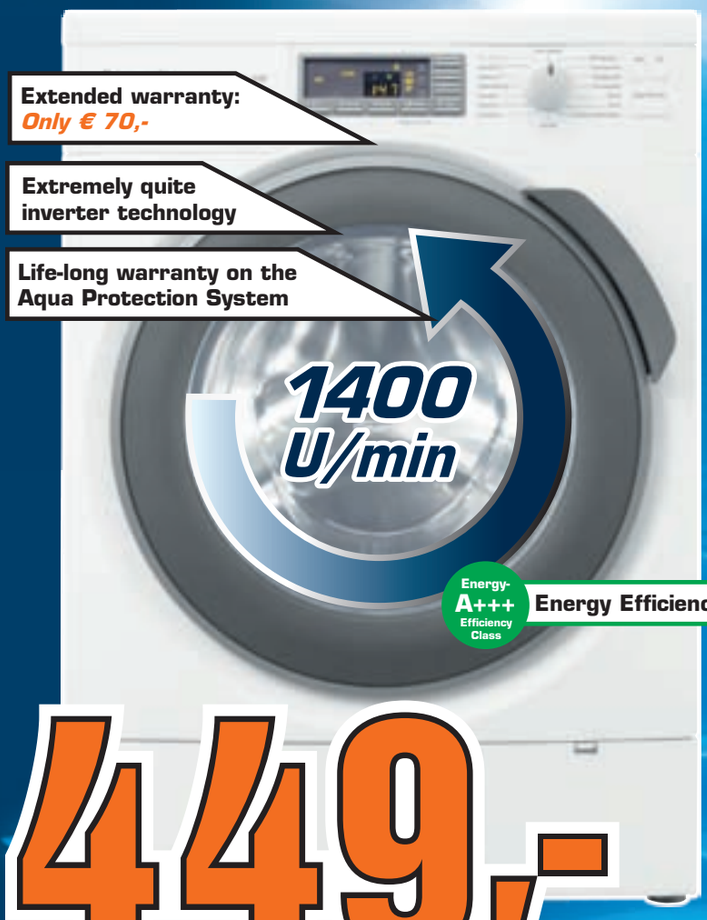

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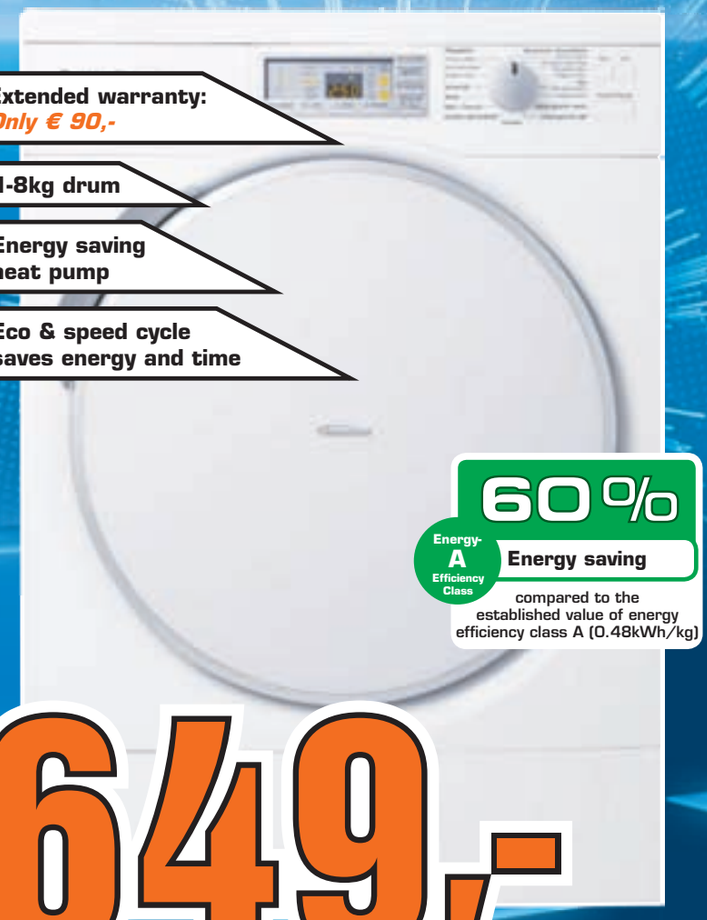

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