KAISERSLAUTERN AMERICAN

OCTOBER 22, 2010 HAVE YOU READ YOUR KA TODAY? VOLUME 34, NUMBER 42

Red Ribbon Week comes to the KMC

by Senior Airman Scott Saldukas
86th Airlift Public Affairs

Many servicemembers might remember participating in the DARE program, or Drug Abuse Resistance Education, targeted towards school-aged children but may not have participated in a drug prevention cause since.

Red Ribbon Week offers the perfect opportunity to do just that — by taking a visible stand against substance abuse Oct. 23 to 30.

The Red Ribbon Campaign began after Drug Enforcement Administration Agent Enrique "Kiki" Camarena was kidnapped and murdered in 1985 when his efforts led to a tip that resulted in the discovery of a multimillion dollar narcotics manufacturing operation in Mexico. In his home town of Calexico, Calif., an enormous amount of public support arose in which citizens wore red ribbons and became the voice of prevention and drug reduction in America.

"Red Ribbon Week is the oldest and largest drug prevention campaign in the country," said Crystal Malloy, U.S. Army Garrison Kaiserslautern alcohol substance abuse prevention coordinator.

See DRUGS, Page 3

USAFE, Bulgarian medics forge successful partnerships

by Tech. Sgt. Michael Voss
86th Airlift Wing Public Affairs

PLOVDIV AIR BASE, Bulgaria — Airmen from the 86th Airlift Wing and 435th Air Ground Operations Wing at Ramstein Air Base, Germany, joined Airmen from throughout U.S. Air Forces in Europe in Plovdiv, Bulgaria, Oct. 18, to participate in Thracian Fall 2010.

The three-week, combined exercise is designed to provide both U.S. and Bulgarian airmen the opportunity to train together and strengthen relationships.

On Oct. 19, medical experts from both countries participated in a round-table discussion on the history and future of flight medicine at Graf Ignatievo Air Base, Bulgaria. "In April USAFE sent a team to Bulgaria to study what areas the U.S. and Bulgarian Air Forces could learn from each other," said Maj. Michael Sheldon, USAFE international affairs strategist. "From that meeting it was determined that our medical communities could benefit from further cooperation and learning." Although the Bulgarian Air Force's history dates back to 1912, the total force today numbers approximately 6,000, primarily officers with a very limited number of enlisted military servicemembers.

"We are really trying to show the Bulgarian's the amount of responsibility our noncommissioned officers handle on a daily basis." Major Sheldon said.

"Within the medical community in the U.S. Air Force, our NCOs carry a vast amount of responsibility," said Maj. Ryan Freeland, 480th Fighter Squadron flight surgeon from Spangdahlem Air Base, Germany.

One such enlisted careerfield within

See PARTNERSHIPS, Page 6

Photo by Senior Airman Caleb Pierce

Col. Halvorsen visits Ramstein

Staff Sgt. Joseph Klimaski, 435th Security Forces Squadron, speaks with retired Col. Gail Halvorsen during a tour of the 435th Contingency Readiness Group Oct. 15 on Ramstein. Colonel Halvorsen, also known as the Berlin Candy Bomber, flew C-54 Skymasters during the Berlin Airlift and parachuted candy to children from his airplane.

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Super Bowl champ speaks with athletes, Page 14

TEAM RAMSTEIN
WE ENABLE COMBAT POWER
TOTAL DEPLOYED FROM 86TH AW 612
TOTAL DEPLOYED FROM TEAM RAMSTEIN 975
As of Oct. 18

Holiday season at postal offices

by Master Sgt. Gregory Yancey
KMC Postal Operations

It is that time of year again when Air Force Postal facilities prepare to effectively serve Kaiserslautern Military Community customers with their holiday mailing needs. Beginning Nov. 1, the hours of the three postal facilities will be extended.

Ramstein Northside Post Office:

Finance windows: 9 a.m. to 5 p.m. Monday to Friday; parcel pick-up: 9 a.m. to 6 p.m. Monday to Friday, and 10 a.m. to 1 p.m. Saturday.

Ramstein Southside Postal Service Center:

No finance windows; parcel pick-up window: 9 a.m. to 6 p.m. Monday to Friday, and 10 a.m. to 1 p.m. Saturday.

Kapaun Air Station Post Office:

Finance windows: 9 a.m. to 4 p.m. Monday to Friday; parcel pick-up: 9 a.m. to 6 p.m. Monday to Friday, and 10 a.m. to 1 p.m. Saturday.

The finance windows at the Ramstein North Side and Kapaun post offices will be opened from 9 a.m. to 3 p.m. Dec. 11.

On Dec. 24, the parcel pick-up windows will be open 10 a.m. to 9 p.m. at the Ramstein Northside Post Office; 10 a.m. to 6 p.m. at the Ramstein Southside Postal Service Center; and 10 a.m. to 6 p.m. at the Kapaun AS Post Office.

Volunteers play a huge part during the holiday season. To help out at one of the three AF postal offices in the KMC, contact Staff Sgt. Helena Rodriguez, Ramstein Northside Post office, 480-4880; or Tech. Sgt. Muhammad Harrison, Ramstein Southside Postal Service Center, 480-2490; or Staff Sgt. Robert Quinones at the Kapaun AS Post Office, 489-6744.

The Air Force Postal facilities will be closed Dec. 25 Dec and Jan. 1. Customers should remember to pick up their packages as soon they receive the notice and maybe pick up some holiday stamps for mailing out their holiday cards.

The 2010 holiday mailing deadlines are as follows:

Space available mail: Nov. 26
Priority parcels: Dec. 10
First class letter and cards: Dec. 10
Express mail: Dec. 17

Suggestion program offers cash incentives for ideas that improve Army

by Sgt. Joel Salgado
U.S. Army Europe Public Affairs

HEIDELBERG, Germany — U.S. Army Europe Soldiers and civilian employees can be awarded up to $25,000 by submitting their ideas to improve the Army through the Army Suggestion Program.

Soldiers, U.S. federal employees and local national civilian employees who are paid from appropriated funds are eligible to take part in the program, said Joseph (J.D.) Jerdee, the Level 2 ASP actions coordinator for Installation Management Command Europe.

"The Army Suggestion Program is a program that encourages Soldiers, civilians and any concerned individual to submit ideas that will result in increased efficiencies and reduced costs," Mr. Jerdee said.

Although the Army established the program in 1943, this could be a good time to take advantage of the program because of the current emphasis on cost savings within the Department of Defense and the Army. For example, DOD finished accepting suggestions Sept. 24 from across the services – nearly 15,000 of them — that are eligible for cash awards under its INVEST cost-savings initiative.

According to the ASP Web site, all suggestions submitted through the program must benefit the Army or other U.S. government activities by identifying a problem and recommending a solution.

"Suggestions follow a review and approval process based on the level of the suggestion. In other words, if the suggestion is specific to the installation, it can be reviewed and approved or disapproved at that level," Mr. Jerdee said.

"Ideas that require higher-level review for approval are forwarded through the system to the appropriate level."

If a suggestion is approved and implemented by the Army, an assessment is made to determine how much the initiative saves the Army. Depending on the amount saved, "suggesters" can earn up to $25,000 for their ideas.

Individuals who are not eligible for cash awards may still be able to make suggestions and could receive a plaque or certificate for their ideas.

Army Regulation 5-17 (The Army Ideas for Excellence Program) outlines how that process works, who is eligible for cash awards for approved suggestions and how cash awards are determined.

According to that regulation, the money is paid after final approval is granted and comes from the appropriated funds of the individual's unit or organization. More information about determining cash awards can be found in AR 5-17, Table 5-1.

The program is ongoing, and suggestions can be made at any time.

For more information or to submit an idea, visit the ASP Web site at http://asp.hqda.pentagon.mil/public/ (available to Army Knowledge Online registered users only).

Suggesters unable to access AKO can submit a DA Form 1045 (Army Ideas for Excellence Program Proposal) to their installation ASP coordinator.

AdvantiPro

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Editorial content is based on news releases, features, editorials and reports prepared by Department of Defense, Air Force and Army agencies, KMC military units and geographically separated units.

AdvantiPro staff reserves the right to edit all submitted material.

Deadlines:

•News, feature, school articles and photos – noon Thursday for the following week's edition

•Sports articles and photos – noon Monday for that same week's edition

•Free (space available) Classifieds – noon Tuesday for that same week's KA

AdvantiPro staff encourages reader comments. Send questions, comments, article and photo submissions to: editor@kaiserslauternamerican.com or call AdvantiPro at 0631-3033-5547.

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DRUGS, from Page 1

"The Kaiserslautern Military Community has been celebrating Red Ribbon Week at least since 1990, if not earlier. More importantly, Red Ribbon Week commemorates the ultimate sacrifice made by DEA Special Agent Camarena." So by wearing a red ribbon during the last week in October, KMC members are not only paying tribute to Agent Camarena, but also helping to raise awareness about the negative impacts of substance abuse.

"It takes more than just saying 'No' to drugs," said Alex Tremble, Ramstein Drug Demand Reduction program manager. "As a community we must come out in force to take back our community from those who abuse drugs."

As part of the week, KMC members have the opportunity to show their support at 8:30 a.m. Oct. 30 at Rhine Ordinance Barracks during the Red Ribbon 5K run. The run is open to all ages, individuals or teams and is pet friendly while participants are encouraged to wear red. "This is more than a run. It brings people together for awareness and education on drug abuse," Mr. Tremble said. "Remember the old saying 'It takes a village to raise a child?,' as a community we need to fight for every child that may fall prey to anyone who would abuse them. We have to make a stand and say enough is enough; and take back our communities."

Though there is a multitude of drug prevention outlets in the area, this particular event allows family and friends to take a stand together for a drug free America.

"Red Ribbon Week serves as a vehicle for communities and individuals to take a stand for the hopes and dreams of our children through a commitment to drug prevention, education and a personal commitment to live drug free lives," Ms. Malloy said. "It is a time for families to get out and experience drug free fun and renew their commitment to a healthy lifestyle." While the focus of the week is geared towards drug prevention, the teams also have healthy living in mind.

"I think the event will remind families that a part of developing a healthy lifestyle involves playing together," Ms. Malloy said. "This is an excellent opportunity to play together. It can also serve as a way for families to have open-ended discussions with their family members, especially 5th grade to middle school about maintaining a drug free, alcohol responsible lifestyle."

Red Ribbon Week currently brings together millions of people to raise awareness on substance abuse and is the largest, most visible prevention awareness campaign observed annually in the United States. Those interested in volunteering for the event can contact Ms. Malloy at 0631-411-7901 for a list of volunteer opportunities.

Those who want to participate in the Red Ribbon Week 5K run can contact the Rhine Ordnance Barracks Fitness Center at 0631-3406-2088 or register at the following locations and times.

Oct. 23 from 11:00 a.m. to 1 p.m. at the Ramstein KMCC.

Oct. 25 from 11a.m. to 1 p.m. at the Meisau Army Depot Dinning Facility.

Oct. 26 from 11 a.m. to 1.p.m. at the Rhine Ordnance Barracks Dinning Facility.

Oct. 28 from 6:30 a.m. to 9 a.m. at the Rhine Ordnance Barracks Java Café and 11 a.m. to 1 p.m. at the Kleber Kaserne Dinning Facility.

Oct. 29 from 6:30 a.m. to 9 a.m. at the Landstuhl Regional Medical Center Java Café and 11 a.m. to 1 p.m. at the LRMC Dining Facility .

Navigating the MEB/PEB process

by R. Charles Collica II
MEB outreach counsel

Servicemembers new to the Medical Evaluation Board and Physical Evaluation Board process are most often confused and weighed down with questions concerning their legal rights.

MEB Outreach Counsel and Soldiers Counsel are licensed attorneys available to provide information, advice and representation to Soldiers throughout the MEB-PEB process.

The MEB Outreach Counsel is available to assist each individual Soldier from the moment he or she is referred to the MEB process. At the beginning, general advice and assistance is provided in developing a strategy to reach the Soldier's desired outcome.

As the Soldier progresses through the system, the MEB Outreach Counsel can provide more specific advice and representation. The Soldiers Counsel is available to represent the Soldier once the case progresses from the MEB to the PEB stage.

The MEB Outreach Counsel, which serves all Soldiers in U.S. Army Europe, is located at the Wiesbaden Legal Center. Soldiers Counsel offices are located in Landstuhl and Vilseck.

For those who reside in USAREUR and are undergoing an MEB-PEB, legal teams are available in Heidelberg (371-2091 or 06221-17-2091), Wiesbaden (337-4738 or 0611-705-4738), Landstuhl (486-8286 or 06371-86-8286) or Vilseck (476-3358 or 09662-83-3358).

Soldiers should not try to navigate this complex process on their own, but, instead, take advantage of the free legal advice and representation available to them.

U.S. Army photo

21st TSC supports German change of responsibility

Soldiers from the 21st Theater Sustainment Command's 5th Quartermaster Company stand in formation during the German Joint Support Command deputy commanding general's change of responsibility ceremony Sept. 23 in Cologne, Germany. The 21st TSC and the GJSC share a long history of partnership and support, which includes ceremonial events, partnership ranges, professional development exchanges and training exercises.

Juwelier Kraemer

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Compiled by the 569th USFPS

KMC BLOTTER

Oct. 12

6:43 a.m.: An Airman was involved in a minor traffic accident in Kaiserslautern.

7:36 a.m.: An Airman was involved in a minor traffic accident in Mackenbach.

10:57 a.m.: An Airman reported a larceny of private property in Vogelweh Family Housing.

8:27 p.m.: A family member reported she was assaulted by a Soldier.

Oct. 13

7:33 a.m.: A civilian reported a minor traffic accident in Amberg.

10:03 a.m.: A family member of a Soldier reported a minor traffic accident in Landstuhl.

11:44 a.m.: A Soldier reported a major traffic accident on Panzer Kaserne.

1:25 p.m.: A Soldier reported a major traffic accident on Panzer Kaserne.

Oct. 14

7:57 a.m.: A Soldier reported damage to private property on Rhine Ordnance Barracks.

8:07 a.m.: An Airman reported damage to private property on Sembach Kaserne.

9:47 a.m.: An Airman reported larceny in Rothselberg after a silver dollar and 70 liters of gasoline were stolen.

Oct. 15

3:02 a.m.: A civilian reported an assault in Queidersbach.

5:01 a.m.: A Soldier was apprehended for drunken driving on Merkurstrasse in Kaiserslautern.

8:10 a.m.: A Soldier reported damage to private property on Panzer Kaserne.

10:29 a.m.: A family member reported a minor traffic accident in Landstuhl.

Oct. 16

5:01 a.m.: An Airman was apprehended for drunken driving on Pariserstrasse in Kaiserslautern.

5:12 a.m.: An Airman was apprehended for drunken driving on L-369 direction Mackenbach.

10:15 a.m.: Polizei reported a major traffic accident involving a family member in Mackenbach.

Oct. 17

5:06 a.m.: A family member reported she was assaulted by an Airman.

6:15 a.m.: An Airman was apprehended for drunken driving in Kaiserslautern.

Conviction information

An 86th Services Squadron employee was terminated from work and barred for driving under the influence of a controlled substance and possession of a controlled substance.

Take Note

Closures

• The KMC Housing Office will be closed Nov. 1 for a German holiday. Normal hours will resume at 7:30 a.m. Nov. 2. The office will also be closed Nov. 11 for an American holiday. Normal hours will resume at 7:30 a.m. Nov. 12.

• The KMC Vehicle Registration office located on Kapaun Air Sation will be closed today for the 86th Airlift Wing Goal Day.

Baggers needed

The Vogelweh Commissary is now accepting applications for baggers. Applicants must be valid ID cardholders and at least 14 years old. Stop by the Vogelweh Commissary and see head bagger Angela Kubitschers or assistant head bagger Silvia Meade.

Blood drives

• The American Red Cross will be co-hosting a blood drive with Armed Services Blood Program from 9 a.m. to 2 p.m. Tuesday at the Ramstein Northside Gym. Kleber Kaserne will not be holding a blood drive this month so members are encouraged to participate in this joint blood drive.

• The 86th Airlift Wing Protocol Office and 86th Security Forces Squadron will sponsor a blood drive from 9 a.m. to 2 p.m. Nov. 1 in Bldg. 2402 (security forces training building).

Bank renovations

The Ramstein South Community Bank branch office will be closed today to transition from the center to trailers. The trailers are in the court yard just outside the current banking center location. The ATM will be down until noon today to transfer the data lines from the ATM at the center to the ATM that will be installed at the trailers. The banking center will resume normal duty hours Monday. The renovation is planned to be finished in March 2011.

Climate survey

The 2010 Air Force Climate survey providing feedback to leaders at all levels for the purpose of improving their organizations runs through Nov. 28. Each Air Force member will receive an e-mail invitation from the chief of staff of the Air Force asking for feedback.

Haunted Tent City cancelled

Within the context of the recently issued U.S. Department of State travel alert for U.S. citizens in Europe and the present increased security environment, the 435th Construction and Training Squadron's Haunted Tent City has been cancelled.

Traffic circle construction

Civil engineers will be altering the traffic circle between Vogelweh and Pulaski Barracks until Nov. 5. A part of the circle will be closed during business hours on weekdays only. Traffic entering the circle from the shoppette side will be re-routed through Pulaski during this period. All other directions into and out of the circle will be unaffected.

Dental clinic information

The Landstuhl Dental Clinic starts seeing family members on a space available basis starting today. Family with a sponsor assigned to the clinic, located at LRMC, will now be seen at that clinic. For more information, call the Pulaski Dental Clinic at 0631-3406-4443 or the Landstuhl Dental Clinic at 06371-86-8136.

Flu shots

Seasonal influenza vaccinations will be available from 7 a.m. to noon Saturday at the Kleber Gym. Vaccinations are open to military members, Department of Defense civilians, retirees and dependents. Influenza vaccinations will be available at schools.

Volunteers needed

Highly motivated volunteers are needed to form the Native American Heritage Committee to organize this year's Native American heritage celebration, which takes place Nov. 1 to 30. The committee is forming now to ensure ample time to prepare. If interested, contact Angela Banks at angela.banks@ramstein.af.mil or 480-2185 or 480-2488 or Matthew Hose at matthew.hose@ramstein.af.mil or 480-2088 or 480-2808.

Autobahn closure

Due to repair works, autobahn A6 will be closed between the interchange A6/A63 and Kaiserslautern-West direction Saarbrücken from 10 p.m. Saturday to 11 a.m. Sunday. Traffic will be rerouted through the center of Kaiserslautern. Also, traffic coming from direction Mainz on A63 will be rerouted onto U28 into the center.

Glass recycling

Weilerbach Union Community officials are asking American residents, with respect to fellow citizens, to drop recyclable glass in glass containers only from 8 a.m. to 1 p.m. and 3 to 7 p.m. Monday to Saturday (don't drop glass on Sundays and German holidays).

Gate closure

Gate 5 (Vogelweh/B270 main gate) will be closed 9 a.m. to 2 p.m. today. In-bound traffic from B270 will remain normal. Gate 11 (Pulaski) is also available for in and out-bound traffic during this time. Gate 6 (B40) is available for out-bound traffic only. Contact 569th U.S. Forces Police Squadron Operations at 489-7040 or 0631-536-7040 for any questions or concerns.

New speed limit

The speed limit for Vogelweh Housing is now 20 kph, down from the previous 25 kph limit. Security forces will be enforcing with stops and warnings. There are also signs posted about cell phone use while driving. This should not be new, and cops are expected to stringently enforce this.

Breast cancer 5K run

A 5K breast cancer awareness run is scheduled for 9 a.m. Saturday at the LRMC track near Gate 4 at Landstuhl Regional Medical Center. The run, held in recognition of Breast Cancer Awareness Month, is open to all military and DOD civilians. Registration will be held from 8 to 8:45 a.m. at the LRMC track. Volunteers should arrive at 7. T-shirts will be given away and medals will be presented. In addition, snacks will be served and a raffle will be held. For more information, call 486-7317 or 06371-86-7317.

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and much more....

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iPod and USB Adaptor Interface

ADDITIONAL PACKAGE VALUE: $1,800

Military Sales Price:	$32,000
USMSRP:	$36,700
Savings:	$ 4,700
Total Savings (inc Package)	**$ 7,495**

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PARTNERSHIPS, from Page 1

Photo by Tech. Sgt. Michael Voss

Bulgarian Air Force Officers attend a round-table discussion on the history and future of flight medicine, Oct. 19 at Graf Ignatievo Air Base, Bulgaria. Airmen from the 86th Airlift Wing and 435th Air Ground Operations Wing at Ramstein Air Base, Germany, joined airmen from throughout U.S. Air Forces in Europe in Plovdiv, Bulgaria, for Thracian Fall 2010, an on-site training designed to build the partnership between the U.S. and Bulgarian Air Force.

the U.S. Air Force medical community that USAFE leaders hope to encourage the Bulgarian military to adopt is the independent duty medical technician. An IDMT is a lone medical technician assigned to provide emergency medical care if required by a unit during a temporary duty assignment. "As an IDMT, I travel with the squadron and provide all emergency medical care if needed until the patient can be transported to a medical facility," said Tech. Sgt. Cheryl Schafer, 37th Airlift Squadron IDMT.

Another resource USAF medics shared with their Bulgarian counterparts was the Airman's Manual. "The Airman's Manual has enabled us to equip each Airman with basic life saving skills essential in the battlefield," said Major Freeland. "In essence this manual has enabled us to create a little army of medics."

While impressed with the USAF tactics, the Bulgarians also shared their way of operating. "We are not trying to say our way of operating is the only way, just a way," said 86th Medical Group Flight Surgeon Lt. Col. Robert Lehman. "What makes this opportunity special is we are taking the time to learn about and from each other." Throughout the exercise, USAFE Airmen will participate in 30 scheduled events, sharing experiences and paving new ways to complete the mission while working together to achieve interoperability for future success.

Don't 'bank' on Cost of Living Allowance

by Airman 1st Class Ciara M. Travis
86th Airlift Wing Public Affairs

Living overseas can be expensive. However, things like the Cost of Living Allowance, or COLA, are designed to help offset expenses occurred from the local economy.

But officials stress that Airmen should not view COLA as a reliable source of income and encourage them to save it where possible for times of spikes in the exchange rate or emergency needs.

"My advice is to plan everything on your base pay," said Staff Sgt. Heather Borland, 86th Airlift Wing Comptroller Squadron, non-commissioned officer in charge.

"You should use your Overseas Housing Allowance on your home, your Basic Allowance for Subsistence on food, and then COLA should just be extra."

The exchange rates are evaluated at least twice per month to ensure they are kept up to date with the local area currency.

COLA payments are based on the member's regular military compensation and their spendable income. This includes basic pay, BAS, and the results derived from a living pattern survey taken every three years.

The last living pattern survey in U.S. Air Forces in Europe was conducted last year.

When COLA is used as an amenity to the rest of the paycheck, it can be used for things like saving money or traveling.

"I've even heard of people saving their COLA, as if they aren't even receiving any, and then leaving with a substantially larger savings account," Sergeant Borland said.

For some, COLA is a necessary part of their paycheck, using every last bit of their check for things like traveling, shopping off-base or even monthly bills.

"Some people forget that COLA is extra," said Anna Bennett, Airman & Family Readiness Center Air Force Aid officer.

Ms. Bennett even suggests that when COLA is saved as an extra, it can be used for unexpected expenses.

"With the right budgeting, a lot of financial stress can be lifted," Ms. Bennet said.

The A&FRC offers individual counsel and a "Managing Your Money" class on the third Thursday of every month.

"We welcome anyone to call the Airman & Family Readiness Center to set up one-on-one budgeting assistance," Ms. Bennett said. "People look at budgets as a financial diet, but it is more of a road map."

Those seeking assistance in budgeting their finances should contact the A&FRC at 480-5900 or at 06371-47-5900.

THE BIG AK – ANTENNE KAISERSLAUTERN

Playing the blasts from the past on Tues and Thurs

ANTENNE K'LAUTERN 96.9 RADIO

from 7 to 9 pm with Tony Carrillo

Photo by Spc. Aislinn Amig

18th engineers earn German Armed Forces Badge

German army 1st Lt. Thomas Löwer, the second company commander of the 464th Special Engineer Battalion, awards the Schutzenschnur to Sgt. Rennato Lopez, the maintenance non-commissioned officer for Headquarters and Headquarters Company, 18th Engineer Brigade and a native of Houston, Oct. 7 in Speyer, Germany. Soldiers from the 21st Theater Sustainment Command's 18th Eng. Bde. participated in a shooting range Sept. 23 in Speyer with their Bundeswehr partner unit, the 464th Special Eng. Bn., earning the German Armed Forces Badge of Marksmanship for weapons proficiency for enlisted Soldiers.

Weather, road info available at your finger tips

by 86th Airlift Wing Public Affairs

The cold weather season has officially arrived. Temperatures are dropping drastically at night, soon forcing motorists to scrape ice off their windows each morning. Along with the change in temps, road conditions may change from day to day.

Color-coded road condition summaries provide vehicle operators awareness of general conditions of primary roads in the immediate vicinity of Kaiserslautern Military Community installations such as the B-40, B-270, and autobahns.

The summaries do not apply to the many smaller roads throughout the KMC such as those connecting Hütschenhausen with Miesau, Bann with Landstuhl, or Enkenbach with Sembach. Additionally, road conditions in higher elevation areas, such as south of Landstuhl and in the Sembach area, may be more hazardous than the road condition summaries indicate.

"We urge personnel and their family members to use caution when traveling during this period of frequently changing weather conditions," said Brig. Gen. Mark Dillon, 86th Airlift Wing commander.

"Though road conditions may be 'green' on the installations, we realize there may be more hazardous weather in outlying areas of our community. Be safe, and use your best judgment during these times of inclement weather."

This is also important for school bus routes, as buses often have difficulty transiting areas, or temps are often very brutal for children waiting at bus stops. "Just like we do with our servicemembers, we ask parents to make that call on whether it is safe for your students to travel or wait for the bus," General Dillon said.

Late-reporting or installation and school-closure decisions are normally made no later than 4:30 a.m. to allow adequate time to complete notifications, to include school systems and bus operators. For the same reason, any decisions made to release early are normally made by 10:30 a.m.

This allows non-mission-essential personnel to arrive home during daylight hours and permits parents to meet children returning home from school early. However, commanders may consider early release whenever weather conditions significantly deteriorate.

Though decisions about the schools and installations are often done together, due to the nature of the dynamic bus schedules, sometimes schools closures or early releases are done without a cancellation of the base. So parents of school-age children need to make sure to stay informed of weather conditions and contact the school if there are specific questions.

In order to stay informed about these changes, there are a variety of ways to get information on the current road condition before leaving the house.

The following phone lines are available to ensure 24-hour up-to-date information on road conditions: 480-COLD (2653) - 06371-47-2653 — and 480-TALK (8255). Dialing either number will lead callers to a voice-messaging service with three options. The first and second options inform the caller about the current road conditions and explain the different colors of road conditions.

The third option is for the KMC Straight Talk Line, which gives information about other important topics. Messages will normally consist of highly visible topics that affect the entire KMC.

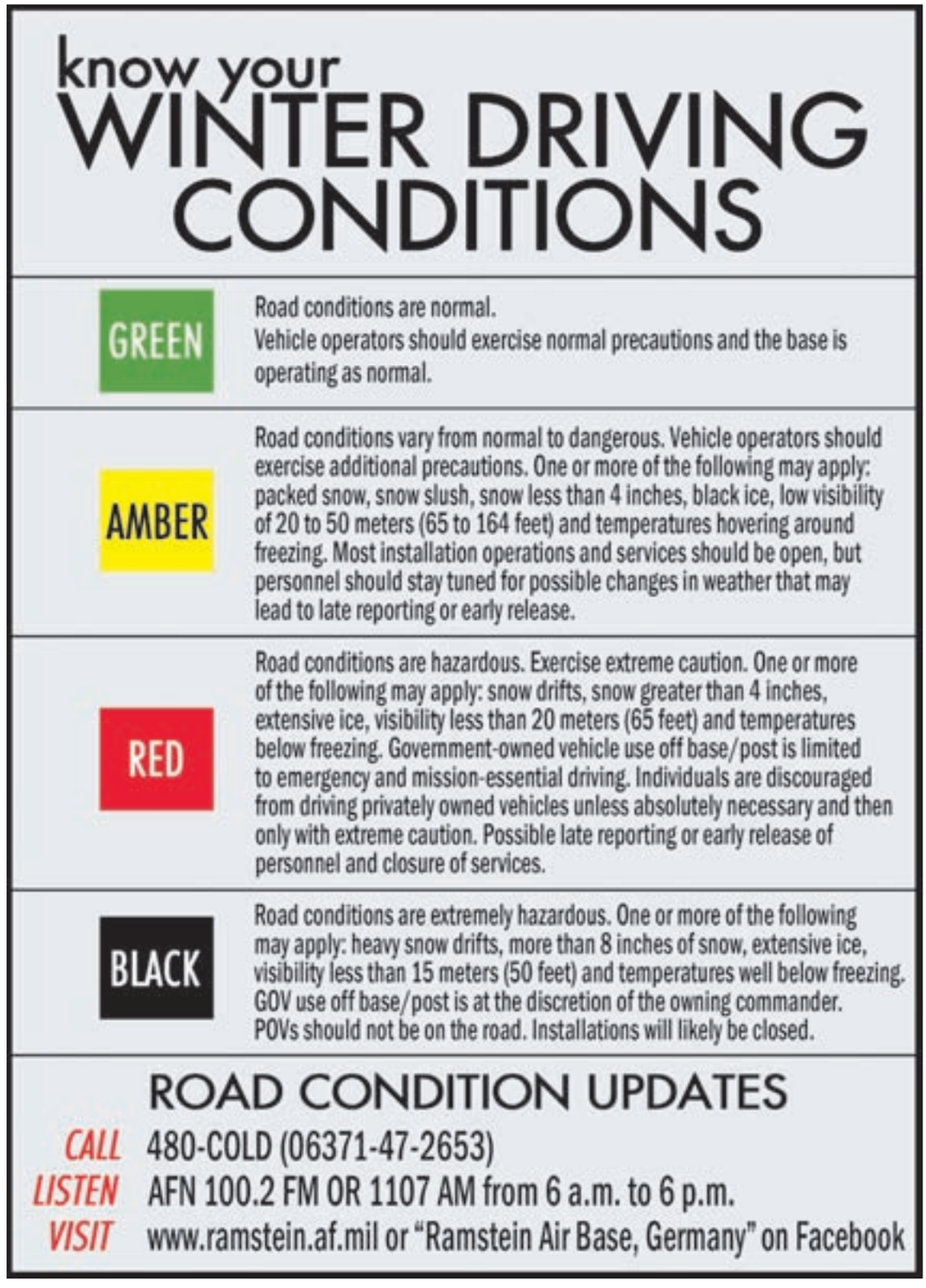
"This service is provided to members of the KMC to ensure that important information is made available when it's needed," the general said. "For this service to be valuable, we place top priority on ensuring that it is updated regularly."

Before leaving for work in the morning, or if there are questions on road conditions or other events check out the below resources for information.

If in doubt, all personnel are recommended to contact your chain of command as some villages may experience harsher weather and require units to make individual decisions on the safety of their personnel.

The 86th Airlift Wing Public Affairs office updates the system as needed with current road conditions, early release from schools and work, other weather-related information, and community information.

In addition to dialing 480-COLD and 480-TALK, KMC members also can listen to AFN live programming on Z-100.2 from 6 a.m. to 6 p.m. Monday through Friday. Disk jockeys update changes regularly on the air. In addition, the Ramstein Facebook page and public Web site will also have an update of road condition posted in the upper right hand corner, which can be accessed at www.ramstein.af.mil.



Photos by Airman 1st Class Desiree Esposito

Tops In Blue members perform Oct. 17 on Ramstein. Each year, Air Force personnel worldwide compete in base talent contests and the most talented move on to higher levels of competition. The result is an elite group composed of 35 of the most talented competitors. Their main purpose is to perform for military personnel and their families around the world.

TOPS IN BLUE

Stars Shine In The KMC

ABOVE: Tops In Blue members perform on Ramstein. TOP RIGHT: Airman 1st Class Jette Warnick, 27th Special Operations Wing Public Affairs apprentice, performs during a Tops In Blue performance Oct. 17 on Ramstein. BOTTOM RIGHT: Members of Tops In Blue perform Oct. 17.

CMSAF visits Botswana, shares view on deliberate development

by Master Sgt. Jim Fisher
17th Air Force Public Affairs

GABARONE, Botswana — Deliberate development is a topic the chief master sergeant of the Air Force discusses throughout the Air Force and in many corners of the world.

Chief Master Sgt. of the Air Force James A. Roy touched down in Botswana Oct. 11 to share his view on deliberate development with senior NCOs from the Botswana Defense Force.

"It's (been) a long time ... since (our NCO corps) was founded, and we have never been visited by a person of his rank," said Chief Roy's Botswana Defense Force counterpart, Air Arm Command Sgt. Maj. Mogakolodi Sebego. "It's a historic day for our air force, a memorable day. We are blessed, and we have learned a lot. Our friendship will grow bigger and bigger."

Chief Roy said he was impressed with the commitment from BDF officials on enlisted force development.

"They seem to be a very disciplined force and very professional," Chief Roy said. "They have a desire to continue to better themselves, and they are dedicated to expand education and training."

Master Sgt. Timothy Wilson, the U.S. Embassy's Air Attaché since 2009, said he has witnessed this dedication in the BDF.

Sergeant Wilson said he's seen the BDF stand up professional military education schools at the NCO and senior NCO levels.

"I've seen them make great strides in my time here," he said. "They've taken concrete steps to have a more capable enlisted corps."

Sergeant Wilson regularly serves as an instructor for the BDF senior NCO course, and he has led security cooperation efforts in the country, including a range of activities beyond the air domain.

"I try to be the example to the BDF," he said. "I can show them ... how the U.S. Air Force uses their SNCOs. We are training and doing jobs that would be done by officers in many (of the) other militaries around the world. When I can come in and do the job right and bring the BDF with me, showing them how we do things, it makes a big impact."

Chief Roy discussed the effective use of the enlisted Airmen and NCOs during meetings with Maj. Gen. T.M. Paledi, the BDF Air Arm commander, and assembled senior enlisted leaders.

Chief Roy broke down the three primary facets of deliberate development: experience, education and training.

He also repeatedly referenced two go-to documents for the U.S. Air Force enlisted force: Air Force Instruction 36-2618 on Enlisted Force Structure and the Air Force pamphlet on Core Values.

Though the chief emphasized his model could be adapted for different circumstances, he asserted that deliberate development should be comprehensive and a component of strategic planning.

"It's not just about how we function today, but about what we will be doing in 15 years," Chief Roy said. "To get there, you have to develop deliberately. Experience, education and training must happen together."

In turn, Chief Roy said he has heard about force structure and development within the BDF.

He said these types of engagements are opportunities for all participants to learn, and U.S. Airmen taking part in them must make this a priority.

"We don't come with all the answers," he said. "We have certain things that we do well, and we are willing to share them with them with our partners, but we also learn from them. I learned a lot from the visit and after learning about their efforts, I am even more convinced of our need for deliberate development."

Besides the exchange of expertise, the chief stressed the Air Force's support for the BDF.

"We are here to continue to provide assistance," Chief Roy said. "The BDF has a great relationship with the North Carolina Air National Guard through the state partnership program; and with 17th Air Force coordinating and synchronizing these activities, the partnership is working for the good of both countries."

Chief Roy traveled with a contingent from 17th Air Force, also known as Air Forces Africa.

AFAFRICA, the air component for U.S. Africa Command, conducts engagements with partner nations in Africa on subjects ranging from aircraft maintenance to airspace management.

Photo Master Sgt. Jim Fisher

Chief Master Sgt. of the Air Force James A. Roy discusses the enlisted force structure with Botswana Defense Force Air Arm Command Maj. Gen. T.M. Paledi Oct. 11, 2010, during a visit to Thebaphatshwa Air Base, Botswana. Chief Roy and a team from 17th Air Force spent the day discussing enlisted force development members of with the BDF.

Photo Master Sgt. Jim Fisher

Chief Master Sgt. of the Air Force James A. Roy addresses senior enlisted leaders from across the Botswana Defense Force Oct. 11, 2010, during a visit to Thebaphatshwa Air Base, Botswana. Chief Roy and a team from 17th Air Force spent the day discussing enlisted force development with members of the BDF.

KMC TRICARE beneficiaries

By now, many people have received a letter welcoming them as a Tricare Standard beneficiary. This letter was part of a mass mailing from Tricare Management Activity to announce the start of the new Tricare Overseas Program contract award to International SOS, which began Sept. 1.

This letter was erroneously sent to many Tricare Prime beneficiaries; receiving the letter does not, in any way, change these patients' Tricare health coverage.

Those members who are active duty or a command-sponsored dependent of an active-duty member are Tricare Prime and should disregard the letter.

Also, recent changes in the off-base referral process have overwhelmed the managed care processing system, causing delays in receiving patient referrals.

The Referral Management Center at Ramstein has been working diligently to eliminate all backlogged referrals.

For more information on this topic, visit www.tricare-overseas.com/Beneficiaries.htm.

To confirm Tricare enrollment status or for questions regarding an outstanding referral or other Tricare related questions, contact the Ramstein Tricare Service Center at 479-2616 or stop by the Tricare Service Desk in Bldg. 2114.

(Courtesy of 86th Medical Group)

Annual Fire Prevention campaign focuses on smoke alarms

by the 86th Civil Engineer Group

The Ramstein Fire Department recently teamed up with the National Fire Protection Association for National Fire Prevention Week Oct. 9 to 15 with the theme "Beep! Beep! Beep! Smoke Alarms: A sound you can live with."

Though the official campaign is designed for one particular week, fire officials continue to raise awareness on the importance of fire safety, specifically in regards to smoke alarms at home and work.

The reality is, smoke alarms save lives. Sixty-five percent of home fire deaths happen because of the lack of and inoperative smoke alarms. When there is a fire, smoke spreads very fast and a working smoke alarm provides advanced warning and, more importantly, the time to get out.

This year's campaign is designed to educate people about the importance of smoke alarms and encourages everyone to take the steps necessary to update and maintain their home smoke alarm protection.

The Ramstein Fire Department will be visiting schools, the commissary and the Kaiserslautern Military Community Center to provide tips and information on how to keep everyone safe at work and at home.

Additionally, KMC members are encouraged to attend an open house from 10 a.m. to 1 p.m. Oct. 30 in Bldg. 2303, Fire Station 1, located on the flightline. There will be activities for all ages, fire safety demonstrations and information about this year's fire prevention theme.

Officials offer a few key tips to help enhance home fire safety plans:

• Test alarms at least monthly by pushing the test button.

• If smoke alarms do not respond properly when tested, replace them immediately. On-base residents should contact housing maintenance at 06371-46-39510 for replacement. Off-base residents should notify their landlords to have the smoke detector replaced immediately.

• Replace batteries in all battery operated smoke alarms at least once a year. If the smoke alarm "chirps," it's warning you the battery is low and needs to be replaced right away.

• Never paint smoke alarms. Paint, stickers or other decorations could keep the alarms from working properly.

• Smoke alarms can be cleaned using a vacuum cleaner without removing the smoke alarm's cover.

The Ramstein Fire Department is always available to assist. For more information, call the Fire Prevention Office at 480-5940 or 06371-47-5940.

Photo by Senior Airman Caleb Pierce

Brig. Gen. Mark Dillon, 86th Airlift Wing commander, poses for a photo with Randall Marshall, 886th Civil Engineer Squadron fire chief, Chief Master Sgt. Vernon Butler, 86th Airlift Wing command chief, and Sparky the Fire Dog, after signing the Kaiserslautern Military Community Proclamation, Ramstein Air Base, Germany, Sept. 10, 2010. The signing of the proclamation was for National Fire Prevention Week, Oct 9 to 15, with the focus on, "Beep! Beep! Beep! Smoke Alarm; a sound you can live with".

Operation Provide Hope reaches out to Ukraine

by Tech. Sgt. Michael Voss
86th Airlift Wing Public Affairs

More than 18 years ago, former Secretary of State James A. Baker announced a massive humanitarian mission sending medical equipment and supplies to the former Soviet Union. The operation's name was Provide Hope.

The Humanitarian Assistance Program Division of the U.S. Army Medical Materiel Center Europe, located in Pirmasens, Germany, is the Department of Defense executive agent for planning, coordinating and executing such missions.

Each year since, military members, DOD contractors and the U.S. State Department work to provide supplies and training to increase the capabilities of a different European country.

This year's operation, supported by 14th U.S. Air Forces in Europe Airmen, wrapped up after several months of planning and execution as well as pulled resources to support Crimea, Ukraine.

"We shipped approximately 90 13-meter trucks of medical equipment, furniture and supplies to eight major medical facilities in Simferopol," said Luis De Andrade, Humanitarian Assistance Program chief.

"In addition, personnel from USAMMCE, 3rd Air Force and Landstuhl Regional Medical Center will deploy to deliver the material, install the equipment and train local medical personnel on the use of the equipment."

The standard of health care in the Ukraine suffers from a severe lack of medical facilities and medicines. Although health care is free and available to all citizens, some medical staff have only completed half of the training required.

In total, more than 3,000 individual pieces of equipment like medical tweezers and electro surgical units were set aside in a warehouse at Husterhöh Kaserne, Germany, for transfer to eight different medical facilities throughout the Ukraine.

To accomplish this feat, four Airmen traveled on temporary duty status for 120 days working to inspect, maintain and prepare each piece of donated equipment for shipment.

"We all knew it would be a lot of work, but we volunteered eagerly," said Staff Sgt. Micah Larsh, biomedical equipment team leader.

In addition, personnel traveled to the Ukraine to receive the incoming supplies, which started moving July 27, as well provide training to the Ukrainian medical technicians.

"This is a rather major accomplishment for the U.S. government foreign policy as it is the first major U.S. engagement in the Crimea. We have done other missions in other parts of the Ukraine but not the Crimea," Mr. De Andrade said.

Courtesy photo

Staff Sgt. Victor Storms, 86th Medical Group technician explains the operation of a manual external defibrillator to a Ukrainian nurse while supporting Operation Provide Hope. This year's operation, supported by 14 U.S. Air Forces in Europe airmen, wrapped up after several months of planning and execution as well as pulled resources to support Crimea, Ukraine.

October 22-October 28, 2010 • 06371-47-5757 • DSN 480-5757 • www.86thservices.com

Spotlight on 86th Services

Aquatic Center

Ramstein • *Bldg 422* • *06371-405-7665*

- Water Aerobics: Tuesday, Thursday 9-10 a.m., 5:30-6:30 p.m.
- Water Aerobics "Dance Edition Swimba" Wednesdays, 6:45-7:45 p.m.
- Fitness Lunch: Wednesday & Friday. 12 p.m.-1 p.m.

Arts & Crafts

Ramstein • *Bldg 552* • *06371-47-6534*

- 2010 Photography Contest Judging: 22 Oct. Winners Displayed: 23 Oct.
- Ceramics Halloween Treats: $10
- Kids Crafts: variety of projects: $5
- Scrapbooking, Cake Decorating & Pottery Classes: call for more details

Bowling Center

Ramstein • *Bldg 2139* • *06371-47-5547*

- Pin Decorating Contest: 1-30 Oct.

Vogelweh • *Bldg 2060* • *0631-536-6543*

- Halloween Costume Special and Dress -a Pin Contest: 31 Oct, Noon - 7 p.m., Kids Sign out a pin from 19-30 Oct, call for more details.
- 9 Pin Double Eliminator Tournament: 24 Oct,$40 per person, Sign up Noon, bowl 1 p.m.

Community Center

Ramstein • *Bldg 412* • *06371-47-6600*

- Flea Market: every 2nd and 4th Saturday, 10 a.m.-2 p.m.
- Late Night Bingo: 22 Oct, 8 p.m. Games start at 9 p.m.
- Family Haunted House: 25-26 Oct, 5:30 p.m.-7 p.m., RCC Connections, Bldg 411
- Need Tables or Benches for special occasion? Call Us!

Vogelweh • *Bldg 2059* • *0631-536-7626*

- Mother/Son Masquerade Ball: 23 Oct. Ramstein Officers' Club, 6 p.m.-8 p.m.

Enlisted Club

Ramstein • *Bldg 2140* • *06371-47-5421*

- Football Frenzy: Saturdays and Sundays
- Texas Hold'em: 23 Oct, Door open at 6 p.m. Game starts at 7 p.m.

Kaiserslautern Rod & Gun Club

Vogelweh • *Bldg 2960* • *0631-536-7274*

- Archery Course : Fridays, $50, 5 p.m.-7 p.m.

Officers' Club

Ramstein • *Bldg 302* • *06371-47-2824*

- Sunday Brunch: 10 a.m.-1 p.m.

Outdoor Recreation

KMC Center • *06371-47-5705*

- Indoor Skiing and Snowboard Trip: Snowhall Amneville France, 23 Oct, 7 a.m. $45, call for more details
- Fall Foliage Hike: 24 Oct,$45

RTT Travel

KMC Center • *06371-47-6330*

- Amsterdam & More: 23 Oct
- Traditions on the Marvelous Mosel: 23 Oct
- Rhine River Castles: 24 Oct

Youth Center

Ramstein • *Bldg 428* • *06371-47-6444*

- After Schol Clubs! Sign up NOW!

Vogelweh • *Bldg 1057* • *0631-536-6504*

- After Schol Clubs! Sign up NOW!

Teen Center

Ramstein • *Bldg 411* • *06371-47-3099*

- After School Clubs!

Vogelweh • *Bldg 1057* • *0631-536-6504*

- After School Clubs!
- Pool Tournament: 22 Oct, 6:30 p.m.-9:30 p.m.
- Pumkin Carving Contest: 28-30 Oct, Judging at Costume Party.
- Scary Movie Night: 28 Oct, 6 p.m.-10 p.m., Free
- Costume Party: 30 Oct, 5 p.m.-10 p.m., $15, prizes for most creative costume.

WWW.86THSERVICES.COM

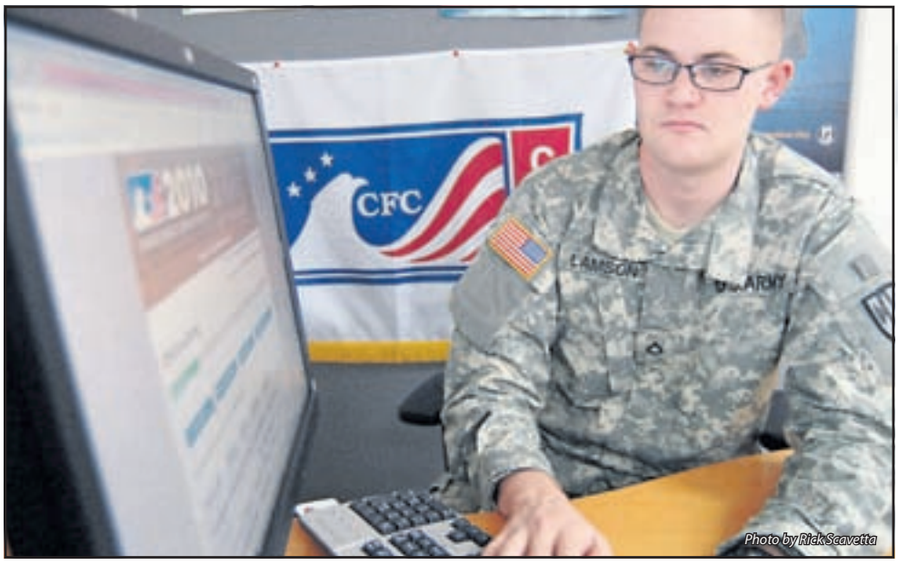


Photo by Rick Scavetta

AROUND THE KMC

Combined Federal Campaign-Overseas

Pfc. Brian Lamson, U.S. Army Garrison Kaiserslautern's Better Opportunities for Single Soldiers program president, checks out the 2010 Combined Federal Campaign-Overseas Web site, where this year federal employees can now pledge online through e-Giving. To learn more, visit www.cfcoverseas.org.

Photo by Staff Sgt. Sergio Esposito

21st TSC Motorcycle Safety Day

Walter Chemerka, the supply division chief at Supply Activity Europe, Theater Logistics Support Center-Europe, negotiates a motorcycle safety lane while a motorcycle safety rider-coach observes during the 21st Theater Sustainment Command's Motorcycle Safety Day held Oct. 7. The event was sponsored by the 21st TSC's safety office and was held at Kapaun Air Station in Kaiserslautern. More than 20 riders took part in the event.

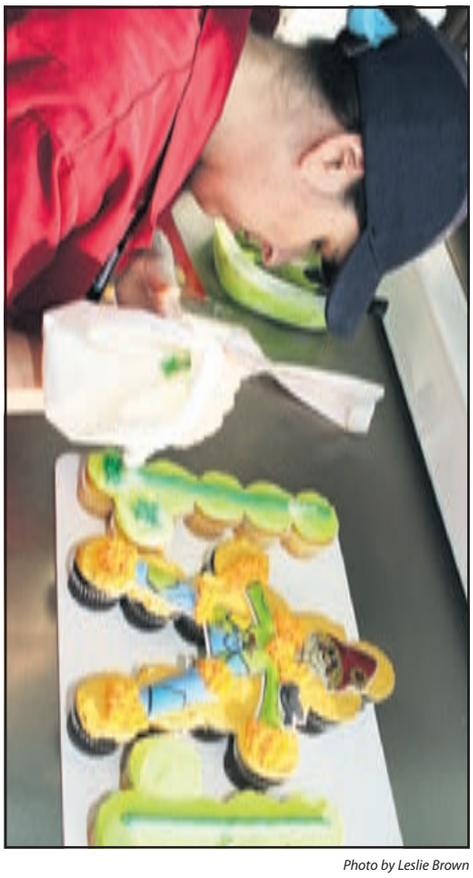


Photo by Leslie Brown

Special cakes

Britta Kozian, a cake decorator at the Vogelweh Commissary, adds decorative icing to a Halloween cupcake display as part of a special order that can now be taken at the bakery. The bakery accepts special orders again for cakes and cupcakes after it took a brief hiatus.

Photo courtesy of the Airman & Family Readiness Center

Family of the Week

Capt. Keith Abston, his wife Melissa, son Jacob, 5, and daughter Rachel, 21 months, recently arrived on Ramstein from Grand Forks Air Force Base, N.D. Captain Abston is a training and exercises officer at U.S. Air Forces in Europe Headquarters AC and is looking forward to traveling.

Photo by Sgt. Fay Conroy

Hispanic Heritage Month

Brianna and Kelsey DeJesus-Banos perform a flamenco during the Hispanic American Heritage Celebration at the Galaxy Theater. The event was presented by Kaiserslautern High School and the 21st Theater Sustainment Command and 7th Civil Support Command's Equal Opportunity offices.

Model trains chug through KMC Sunday

by Petra Lessoing
86th Airlift Wing Public Affairs

Ramstein-Miesenbach will not only lure visitors to its annual Wendelinus market this weekend, the Model Train Friends-Westpfalz will also sponsor its 37th Model Train Swap Meet Sunday and turn the local culture center, Haus des Bürgers, into a mecca for model train enthusiasts.

Exhibitors and clubs from around Germany and neighboring countries will present everything dealing with model trains and accessories. This swap meet is known as the biggest of its kind in Southwest Germany.

"More than 50 exhibitors and associations from all over display everything having to do with model trains," said organizer Manfred Küster.

Just like in recent years, not everyone who requested a display table received one, since there is only a limited space capacity.

"We organizers don't only want the event to be a swap meet, but we also want to make sure that unique items are on display," Mr. Küster said.

The Model Car Club Mannheim will once again set up a race track, where children can test their driving skills and determine who is the fastest driver.

"There will be a special test track, where the newly bought stuff can be tested right away," Mr. Küster said.

Besides new items, there will also be used locomotives, carriages, tracks, signals, houses, lamps, bridges and spare parts.

"New and long-time model train collectors can get good advice here and find some neat bargains," Mr. Küster said.

Some novelties and self-created models will be presented on a garden railroad track.

"Visitors will be taken back to 1875 when a fully loaded U.S. train with steam locomotive, a Shay, makes its rounds on tracks set up on stage," Mr. Küster said.

Dolls, tin toys and other hobby items will be on display as well.

Courtesy photos

Visitors of the model train swap meet will be able to admire various set-ups of train stations in the Haus des Bürgers Sunday.

The restaurant Grumbeer in the Haus des Bürgers will open a model train cafe, where visitors can take a break. The swap meet takes place from 11 a.m. to 5 p.m. Admission is €2.50 for adults and €1 for youth. Children are admitted free.

Wendelinus Fest celebrates 300th anniversary

by Petra Lessoing
86th Airlift Wing Public Affairs

Ramstein-Miesenbach will celebrate the 300th anniversary of its annual Wendelinus fest from 11 a.m. to 8 p.m. Saturday and Sunday in the center of town.

"We don't only celebrate 300 years of Wendelinus fest, but also 25 years of Wendelinus market," said Ramstein-Miesenbach's deputy mayor, Ludwig Linsmayer. "Ever since 1986, local store owners keep up the tradition of holding the market at the end of Ocotober and offer Sunday shopping."

The history of Wendelinusmarkt dates back to the beginning of the 18th century when most village residents were farmers, and an epidemic threatened Ramstein's cattle. People started praying to Saint Wendelinus, the saint of plague, who was asked for help in case of contagious diseases. They promised to celebrate the day of Saint Wendelinus each year if the epidemic would end.

The first celebration was on a Monday in 1710. People didn't want to work that day and schools were closed. Relatives living outside of Ramstein came to visit, went to confession and listened to the fest sermon conducted by several priests from three altars, for 12 hours, without interruption.

Afterward, people stopped at the chestnut carnival in front of the church, where rosaries, crucifixes, prayer books, candles and chestnuts were sold. Years ago, the 12-hour prayer was moved to Sunday, and the local Catholic holiday lost its importance.

The market wasted away throughout the years until the Ramstein shop owners and businesses revived it in the fall of 1986. The new Wendelinus market with Sunday shopping was born.

Wendelinus market features about 100 vendors, craftsmen and store owners who present their merchandise on the streets in the center of town, which will be closed to motorized traffic. The event will officially open at 11 a.m. Saturday in the fest tent on Prometheusplatz with a worship service and the blessing of animals.

"Visitors can bring their pets and get them blessed," said Stefan Layes, from the Ramstein-Miesenbach public information office. "This year's Wendelinus fest will include three additional highlights. We were able to include a French market, a Hamburg fish market and an arts and craftsmanship village."

The fish market, featuring vendors who present their merchandise just like the vendors on the original fish market in Hamburg, will start at 11 a.m. today. Shoppers can enjoy listening to the screaming of Eel-Ole, Wurst-Heini, Cheese-Karla and Flower-Jan praising their goods.

The international arts and craftsmen village with 14 stands will be set up on the SBK parking lot. Basket makers, weavers, rope makers and masons will demonstrate former craftsmanship.

The French market on Steinwendener Strasse will feature French music, French culinary specialties such as meat pies, terrines, tarte flambee and crepes, as well as French champagne.

Other delicacies offered during Wendelinus market are bratwurst, grilled ham, pork roast, as well as Asian and Italian dishes.

Together with the Ramstein Children's and Youth Choir, the Kolping Family will sell coffee and homemade cakes.

"Like every year, all net profits will go the children's cancer aid again," said Mr. Linsmayer, who also is the chief of the Ramstein Kolping Family.

Photo by Stefan Layes

Each year, visitors enjoy Wendelinus market with vendors, food and entertainment.

Customers will find a variety of merchandise in stands on the streets, and children can have fun in two rides. Stores will be open for Sunday shopping from 1 to 6 p.m.

Marching bands will provide musical entertainment Saturday and Sunday.

The local culture center, Haus des Bürgers, will celebrate its annual October fest today through Sunday in the big fest tent on Prometheusplatz. The party power band, Die Büddenbacher, will perform at 8 p.m. today and the Habachtaler, and a regionaly renowned band will present party hits Saturday night. Advance tickets at the Haus des Bürgers cost €7; tickets at the door are €9. Visitors arriving dressed in the traditional lederhosen or dirndl will receive a free drink.

On Sunday starting at 11 a.m., the band Die Fuchshecker will entertain the audience for free.

For details on the October fest, visit oktoberfest-ramstein.de.

"We hope to be able to welcome a lot of visitors to all this activities throughout the weekend," Mr. Linsmayer said. "Maybe some of our American neighbors even show up in lederhosen and dirndl."

Super Bowl champ speaks with athletes

by CJ Amponin
Ramstein High School

Being stationed in Europe, many high school student athletes may believe their chances of being recruited are diminished because they don't get visibility from college coaches. But that couldn't be further from the truth.

On Oct. 7, student athletes in the KMC and their parents were treated to seminar by former NFL Super Bowl champion Derrick Mayes at the Ramstein High School gymnasium. Approximately 250 people showed up for the National Collegiate Scouting Association seminar Mr. Mayes gave titled "College Recruiting Simplified."

The seminar focused on the five things every recruit needs to understand about the recruiting process and the five things student athletes need to do to ace the recruiting process.

Mr. Mayes started by telling the audience, "You're on the clock." The recruitment process does not begin during the athlete's junior or senior year. It can start as early as seventh or eighth grade. Athletes shouldn't wait for a college coach to contact them. They must initiate communication and convey an interest to be noticed. Mr. Mayes recommended contacting at least 30 to 50 schools to improve the chances.

Second, college coaches don't just discover talented athletes by visiting high schools and camps. They depend on verified information from reliable sources, including academic qualifications.

Third, Mr. Mayes reiterated that the recruiting process today is not like it was when he was recruited to Notre Dame University in the early 1990s. Every college staff is in a budget crunch these days and almost all of them evaluate prospects online. There won't be a section in the stands full of college coaches watching and trying to recruit students.

Many colleges may offer a scholarship to talented athletes they've never personally met. Creating a 30 second highlight video clip and posting it to an online profile makes it easier for college coaches to evaluate the athlete.

Fourth, most opportunities to play college athletics are not Division I programs. Student athletes and parents need to be realistic.

"Once they wrap their heads around the fact that there are over 1,700 U.S. colleges and universities that sponsor collegiate athletics and able to offer financial packages, and 80 percent of those opportunities fall outside of Division I, a whole new world opens up," Mr. Mayes said.

Less than 1 percent of student athletes get full rides to Division I schools, he said.

Finally, student athletes cannot rely on their high school coaches to connect them to college coaches. Most high school coaches do not have the time or resources to make sure their athletes are recruited, so it is up to the athlete and their families to reach out to the college coaches. Student athletes need to develop a game plan and get evaluated. Using a quote from his former Fighting Irish head coach, Lou Holtz, Mr. Mayes said a student's college career "is not a four-year decision, it's a 40 year decision."

Recruits need a step by step plan in order to successfully navigate through the recruiting process. To do it right, it takes hard work, perseverance and team effort between the athlete, parents and credible inside recruiting experts.

Photo by Holly Freeman

Derrick Mayes, a member of the 1996 Super Bowl championship team the Green Bay Packers and one of the University of Notre Dame's all-time leading receivers, watches Steven Groenheim receive instructions from Coach Carlos Amponin Oct. 7 at Ramstein High School. Mr. Mayes, who represents the National Collegiate Scouting Association, was at the school to speak with students and parents on dispelling the myths and misconceptions of the college recruiting process.

Courtesy photo

Athletes, students and parents take part in a presentation by former NFL champ Derrick Mayes.

Mr. Mayes retired from the NFL after six years playing for the Green Bay Packers, Seattle Seahawks and Kansas City Chiefs. He is currently the CEO and director of Executive Action Sports and Entertainment.

Additionally, he is an educational speaker for the National Collegiate Scouting Association, traveling around the world educating high school athletes and their parents on the college recruiting process.

During the first week in October, Mr. Mayes presented the "College Recruiting Simplified" seminar at six different locations in Germany, reaching student athletes in Heidelberg, Stuttgart, Bamberg, Wiesbaden, Baumholder, and the KMC area. Mr. Mayes intends on visiting four to five Department of Defense Dependents Schools in Italy in the Spring and then be back to Germany in November 2011.

EDUCATION NOTES

VES Rummage Sale

Vogelweh Elementary/School has changed the date of the Rummage Sale to Nov. 6 due to lack of involvement. If you are interested in a table, the reservation fee is $20. Direct any questions to ptsa.vogelweh@eu.dodea.edu.

LEMS Fall Flea Market

Landstuhl Elementary Middle School hosts its annual Fall Flea Market from 8 a.m. to 1 p.m. Saturday. Tables are still available for $20 to all ID cardholders. E-mail Angela Ferrer at lorraine_ferrer@hotmail.com for details.

The Original Works Program at RIS

This month, the Ramstein Intermediate School PTA will be running the Original Works Program at the school. Through the Original Works Program, each child will have the opportunity to have their own artwork reproduced onto a variety of high quality products, including magnets, mugs, mouse pads, ceramic tiles, T-shirts, note cards and nearly two dozen other products. Each child is eligible to participate in this program. Once the artwork is created, parents and children will have the opportunity to select which product or products that will feature their artwork. The program is designed to encourage creativity and student self-esteem. The resulting products make unique gifts that are practical for any season or occasion and will be back in time for those Christmas presents. For questions regarding the program, e-mail Sanja Abshire at sanja@susjedi.com.

RMS Dodgeball Night

The Ramstein Middle Schools PTSA will sponsor its second annual Dodgeball Night for staff, students and their families today. Dinner will start at 5:30 p.m. in the MPH or Armstrong Hall. Dodgeball will start in the gym around 6:15. The cost is free to PTSA members or $5 for non-members. RSVP to RAMS.PTSA@gmail.com with the ages of who will play as well as the number of family members who will be present for dinner.

RMS PTSA meeting

The Ramstein Middle School PTSA will host its November meeting at 3:30 p.m. Nov. 18 in the school's information center and library. Current and new members are welcome.

Girl Scouts team up for breast cancer

In an effort to raise awareness of the importance of mammograms in breast cancer detection, the 86th Medical Group teamed up with Ramstein Girl Scouts. The "Healthy Moms and Mentors" program kicked off Oct. 15 at the Breast Cancer Awareness Run, where Girl Scouts distributed handmade bracelets to women over the age of 40. The bracelets serve as a reminder to encourage women to sign up for annual mammograms.

SCHOOLS AROUND THE KMC

A 'Voice of Democracy'

Photo by Holly Freeman

Ramstein High School freshman Courtney Satchell records her Voice of Democracy presentation in the information center. Courtney, along with other students nationwide, has the opportunity to compete in the annual Voice of Democracy audio essay competition where there is a chance to not only win a trip to Washington, D.C., but also a $30,000 college scholarship. The Veterans of Foreign Wars sponsors the contest in an effort to increase student confidence, poise and communication skills, all while providing a venue for student self-expression.

Courtesy photo

Elmo visits VES

Vogelweh Elementary School kindergartner Aden Hatcher visits with Sesame Street's Elmo during a visit to the school. The United Service Organizations brought Elmo to the school to sing, laugh and talk with kindergarten and first-grade students.

Photo by Toni Buentello

Ramstein Girl Scouts help out at run

Trinatee Hall, Skye Colombari and Emily Ivy, members of Ramstein Girl Scout Daisy Troop 57, along with Bob Weigold and Jon Geren provide breast cancer awareness bracelets to women of 40 during the Breast Cancer Awareness Run Oct. 15.

Photo by Minyi Qian

Photos by Lori R. Glenn

Photos clockwise from above, left:

Fire trucks presented at SES

A fire truck and crew visit Sembach Elementary School to present a fire truck demonstration during National Fire Prevention Week. Students learned about the different parts of the firefighter's uniform and the main equipment on a fire truck.

RMS students go bowling

Ramstein Middle School "Rising Stars" Ty Murdock, Christopher Hawkins, Ronnie Diaz and Gabriel Balanda enjoy a bowling field trip Oct. 6 to the Ramstein Bowling Center. Students had the opportunity to test out their bowling skills with their teacher and other RMS staff members.

College sports, nutrition at RHS

First Lt. Lindzi Howder speaks with Shannon Berger (left) and Kayla Matthews during a college sports and nutrition presentation Oct. 7 at Ramstein High School. Lieutenant Howder is a former Lakenheath High School student who now works with the Ramstein Health and Wellness Center to provide information to student athletes.

Photo by Barbara Gonzales

October 2010

Mark Your Calendar

ESPN's flagship news program, Sportcenter, will broadcast live from the Grafenwöhr Parade Field from 3 to 9 p.m. (CET) Nov. 11. Sportcenter will honor veterans and highlight Soldiers, civilians and U.S. Army Europe families. ESPN anchors Hannah Storm and Josh Elliot will host the broadcast. The event is open to all ID cardholders and their guests. The event will include a Veterans Day ceremony, musical entertainment, and a static display and demonstrations of military vehicles and equipment. There will also be a tailgate party in the overflow parking lot of the Grafenwöhr Post Exchange. For details, visit the Facebook Page www.facebook.com/grafenwoehr100.

U.S. Army Garrison Kaiserslautern hosts the 5K Red Ribbon Run Oct. 30 to spread awareness about drug prevention. Walkers, runners and families are welcome. The race will begin at 10 a.m. and will be held at the Java Cafe on Rhine Ordnance Barracks. Registration will be held from 8:30 to 9:30 a.m. Awards will be given to first and second place. All participants will receive a free T-shirt. Sign up today by calling 493-2088 or 0631-3406-2088. For more information, visit www.mwrgermany.com.

Bring your resume and dress to impress for on-the-spot interviews and hiring from 10 a.m. to 2 p.m. Nov. 4 at the Kazabra Club, Bldg. 2057 on Vogelweh. Get information and apply for FMWR non-appropriated funds positions, featuring Child, Youth & School Services, and more. You will also have the chance to meet with education center and university representatives. For more information, call 493-4221 or 0631-3406-4221.

Let your daubers roll in this coverall bingo game. There are 10 guaranteed $1,000 "strikes" to be made and more than $13,500 waiting to be won at Strike It Rich Bingo from 3 to 6 p.m. Oct. 31 at the Kazabra Club, Bldg. 2057 on Vogelweh.

Shop until you drop with more than 100 European vendors and treasures, paintings, jewelry, wine and much more at the Holiday Bazaar at 10 a.m. Nov. 5 to 7 at the Special Events Center, Bldg. 237 on Rhine Ordnance Barracks. Call 493-4184 or 0631-3406-4184 for more information.

A 5K breast cancer awareness run is scheduled for 9 a.m. Saturday at the LRMC track near Gate 4 at Landstuhl Regional Medical Center. The run, held in recognition of Breast Cancer Awareness Month, is open to all military and DOD civilians. Registration will be held from 8 to 8:45 a.m. at the LRMC track. Volunteers should arrive at 7. T-shirts will be given away on a first-come, first-served basis and medals will be presented for first and second place finishers in the men's, women's and children's categories. In addition, snacks will be served and a raffle will be held. For more information, call 486-7317 or 06371-86-7317.

Meetings

The Kaiserslautern West Pfalz Ski Club hosts membership meetings at 6 p.m. the first and third Wednesday of the month at the Bistrorante Parodox Restaurant (Ramstein-Miesenbach, Bahnhofstraße 2). For details, visit the club's Web site at www.kwpskiclub.com.

The Association of the United States Army Mid Palatinate Chapter's next general membership meeting will take place at 5:30 p.m. today at the Vogelweh Rod and Gun Club. The meeting will include a free Bavarian buffet and cash bar. A guest speaker will also be present and the corporate members and warrior and warrior leaders of the quarter will be recognized.

Vogelweh's Mothers of Preschoolers, or MOPS, needs volunteers to help watch children up to 5 years old. MOPS also needs mentor moms to help guide newer moms. MOPS meets twice a month on Wednesday mornings. For more information, e-mail vogelwehmops@yahoo.com.

Rheinland Pfalz Quilt Guild meetings are held at 9:30 a.m. the third Thursday of the month in the Ramstein North Chapel. Night meetings are held the at 6 p.m. the fourth Thursday of each month in the Kaiserslautern Landstuhl Spouses Association building on Pulaski Barracks. Stitch 'n' Gab are held from 10 a.m. to 6 p.m. Fridays at the Kapaun Chapel Annex, Bldg. 2782.

The Knitting Club meets from 4 to 6 p.m. Tuesdays at the Kleber Library and from 5 to 7 p.m. Thursdays in the Kaiserslautern Main Library. All levels of knitters are welcome. For details, call 486-7322 or 06371-86-7322.

Halloween Events

Trick-or-treaters are invited to come out and enjoy Halloween Oct. 30 throughout the Ramstein, Vogelweh and Landstuhl Family Housing areas. Trick-or-treating has been authorized from 5 to 7 p.m. All personnel should limit vehicle traffic throughout the housing areas to promote safety for all participants. Children should wear appropriate reflective clothing. The PAX terminal will provide X-ray services for those wishing to have their candy examined as a safety precaution. All volunteers can make contact with the 86 Security Forces Squadron, Police Services via e-mail at 435SFS.SFOL@ramstein.af.mil and 569th U.S.Forces Police Squadron, Police Services via e-mail at alessia.miller@ramstein.af.mil to support this event.

The Sembach community sponsors Trunk-o-Treat from 4 to 6 p.m. Oct. 30 in the Sembach Commissary parking lot. To make a booth reservation by Oct. 20 or for more information, call Kimberly McClish at 06303-80-6209.

Armstrong's Club is kicking off Karaoke Night with a spooky Halloween party, live DJ and costume contest from 9 p.m. to 2 a.m. Oct. 29 in Bldg. 1036 on Vogelweh Housing. Prizes will be awarded to the top three best costumes. For more information, visit www.mwrgermany.com or call 489-6000 or 0631-354-9986.

"Evil Dead," a campy musical based on a mixture of '80s horror movies, will be held at 7:30 p.m. Oct. 29 and 30 and Nov. 5, 6, 12 and 13 at KMC Onstage, Bldg. 3232 on Kleber Kaserne. For tickets, call 483-6626 or 0631-411-6626.

Come dressed in your best costume for Kazabra Club's spooktacular costume contest. Enjoy great games, fun and prizes for the best costume from 10 p.m. to 4 a.m. Oct. 30 in Bldg. 2057 on Vogelweh. For more information, call 489-7261 or 0631-536-7261 or visit www.mwrgermany.com.

The Kaiserslautern Halloween City Parade takes place at 7 p.m. Oct. 31. Anybody interested in walking in the parade wearing Halloween costumes or driving a special Halloween-decorated vehicle can win prizes. Registration is required. Registration fee for vehicles is €50. Interested walking groups with more than 10 people must pay €10. For detailed registration information, call 0631-365-3426, check for flyers with registration coupons in local stores or visit the Web site www.werbegemeinschaft-kl.de.

Come celebrate Halloween with the Ramstein Officers' Spouses' Club at the Costume Casino Gala. The gala will be held at 6:30 p.m. today at the Ramstein Officers' Club. Come enjoy craps, cocktails, costumes and cards. There will be giveaway prizes, a buffet dinner, a cash bar and an auction. On-site child care is available and a meal will be provided for the children too. For details and to RSVP, visit www.ramsteinosc.org.

Classes And Training

Dr. Gary Chapman, author of "The Five Love Languages," will return to the KMC to give his "Toward a Growing Marriage" conference from 9 a.m. to 3:30 p.m. Oct. 30 at the Ramstein Officers' Club. Doors open at 8:30 a.m. Topics at the conference will include communication 101, understanding and expressing love, initiating positive change, making sex a mutual joy, and how to share the things that bug you. Tickets are $40 for couples and $20 for individuals and can be purchased from 1 to 3 p.m. Monday through Friday at the north chapel. Visit www.moodyconferences.com/con_mainpage.aspx?id=7184 for details.

The Ramstein Family Advocacy Program offers the following classes on Ramstein in October: ***Anger Management —*** from 5:30 to 7:30 p.m. Monday at the Ramstein Family Advocacy Program, Bldg. 2121, Room 115. ***Couples Communication —*** from 5:30 to 7:30 p.m. Wednesday at Ramstein Community Center, Bldg. 412. ***Magic 1, 2, 3 (parenting class) —*** from 5:30 to 7:30 p.m. Tuesday at the community center. To register or for more information, call the Family Advocacy Program at 479-2370.

The Army Family Action Plan conference will be held Wednesday to Oct. 29 at the Kaiserslautern Community Activity Center. This annual conference was initiated by the chief of staff of the Army to improve the quality of life for Soldiers, civilians, retirees and their family members. To submit issues or volunteer to work the conference, call 493-4357 or 0631-3406-4357.

Learn important skills and pick up vital information at Boot Camp for Dads, which takes place Monday in Bldg. 2917 on Pulaski Barracks. For more information, call 493-4058 or 0631-3406-4228.

The Ramstein Women, Infants and Children Overseas Office hosts a breastfeeding support group for enrolled WIC participants. The WIC Overseas Program is available to eligible participants living overseas, including civilian employees, DOD contractors, family members and members of the uniformed services. The class will be held in the WIC Overseas Building on the third floor in the conference room the third Tuesday of the month. The next class will be held from 4 to 5 p.m. Tuesday. For questions or concerns, call 480-4466 or 06371-47-4466, or stop by our office in Bldg. 2118 on Ramstein, or e-mail jodi.klabunde.ctr@ramstein.af.mil.

Anger management classes are offered at 11 a.m. every Monday in Bldg. 2917, Room 106. For detials, call 493-4332 or 0631-3406-4203.

Stress Management classes are offered at 4 p.m. Thursdays in Bldg. 2917 on Pulaski Barracks. For details, call 493-4332 or 0631-3406-4332.

Couples Communication Class meets at 5 p.m. Thursdays on Pulaski Barracks, Bldg. 2917. For details, call 493-4332 or 0631-3406-4332.

Due to the instructor leaving, all basic German classes will be canceled until further notice. Army Community Service is currently looking for a volunteer to teach Basic German. If you are interested, call 493-4141 or 0631-3406-4141.

English as a Second Language beginner classes are offered at 9:30 a.m. Mondays in Bldg. 2891 on Pulaski Barracks. Intermediate classes are offered at 9:30 a.m. Fridays in Bldg. 2891 on Pulaski Barracks. For more information, call 493-4064 or 0631-3406-4064.

Chapel News

Protestant Women of the Chapel Bible studies: *MONDAY —* "Having a Mary Heart in a Martha World," 6:30 p.m., Vogelweh Chapel. ***TUESDAY —*** Ongoing Bible study, 6 p.m., Ramstein Southside Chapel. Now covering book of "Philippians." "Experiencing the Heart of Jesus," 6 p.m., Landstuhl Chapel. ***THURSDAY —*** "Victory Over the Darkness: Realizing the Power of Your Identity in Christ," 6 p.m., Kapaun Chapel Annex. "Women After God's Own Heart," "Matthew by Warren Wiersbe" and "Loving Your Military Man," 9:30 a.m., Kapaun Chapel Annex, child care offered. ***POWER LUNCH —*** noon to 1 p.m. every Wednesday at the Ramstein Southside Chapel. This study will cover the book of "Philippians."

Christian comedian Carol Simpson will be at the Hercules Theater at 6:30 p.m. Oct. 29. Tickets are limited, so contact the chapel or PWOC at pwoc_kmc@yahoo.com.

The Ramstein Chapel is accepting bids for the contract position of Ramstein contemporary service parish facilitator, who works for the contemporary service chaplain and coordinates many service ministries, such as worship and praise, children's church, fellowship, ushers, prayer, outreach, and sound system support team. The facilitator will also assist the contemporary service chaplain manage programs, calendar development, announcements and communication. The chapel will be accepting bids until 4 p.m. today. The Statement of Work can be picked up Monday through Friday at the Ramstein North Chapel. For more information, call Petra Rausch at 480-5753 or 06371-47-5753.

The Catholic Women of the Chapel meet from 6 to 8 p.m. the first Monday of each month at the Ramstein North Chapel. Events to stay involved include Bible studies, retreat, and more. Child care is provided. For details, e-mail kmcgermanycwoc@gmail.com.

Landstuhl Chapel holds its second annual Harvest Festival at 2 p.m. Oct. 30 at the Landstuhl Regional Medical Center Chapel. There will be games, crafts, snacks and other fun activities for families.

Ramstein Chapel AWANA Club invites families with children to participate in events geared around faithfully following Jesus Christ. Cost is $40 for children or $100 for families. Hours are from 2 to 4 p.m. Sundays. Registration is Saturday. For details, contact James Hudnell at jaymeh1@yahoo.com or Russ and Amy Oster at oster_4@yahoo.com.

Proper nutrition, exercise is essential to mission success

by Senior Airman Scott Saldukas
86th Airlift Wing Public Affairs

Like an aircraft needs jet fuel, your body needs proper nutrition to replenish itself and function at peak performance.

In today's military environment with increased deployments and new physical testing requirements, it even more imperative that Airmen know the importance nutrition can play in overall health, and it's potential impact on mission success.

"You need adequate nutrition to sustain life, you need an appropriate nutrition life to sustain a healthy life and prevent the onset of aging diseases," said 1st Lt. Lindzi Howder, Ramstein Health and Wellness Center nutrition program manager. "You are what you eat. If you choose to eat unhealthy, most likely, you will subsequently be unhealthy. Ultimately, health begins from the inside out and this is accomplished through sound nutrition."

Making wise decisions when it comes to food is important so that a person consumes the needed vitamins and minerals to replenish the body.

"Food is the fuel for your body," Lieutenant Howder said. "Your body requires specific vitamins and nutrients. It is important to optimize the intake of necessary nutrients through wholesome and varied foods to optimize one's health."

Staying healthy also helps create a positive attitude, which is key in today's expeditionary Air Force.

"Your body is your ultimate weapon against the enemy," Lieutenant Howder said. "A properly fueled and conditioned Airman will be ready to fly, fight and win."

Lieutenant Howder also noted some simple tips to help get on track to a healthier lifestyle.

"Portion control," she said. "In order to gain weight you have to eat more calories than you expend. In order to lose weight you have to create a calorie deficit. By controlling portion sizes you are able to better control your calorie intake, to avoid overeating."

She explained that weight loss should not to be drastic. A person's goal should be no greater than one to two pounds per week. She also suggested keeping a food diary to track daily dietary intake and expressed the importance of eating breakfast.

"It is the most important meal of the day," she said. "You spend, on average five to eight hours fasting, so when you wake up you need to refuel your body. It is like driving a car without gas, it's eventually going to break down."

An although being proactive with one's health at an early age will help prevent the onset of aging diseases such as osteoporosis, arthritis, diabetes, hyperlipidemia and atherosclerosis, it's never too late to start a healthy eating lifestyle.

"As the body ages, certain bodily functions begin to deteriorate," said Lt. Col. Peggy Ann Cain, Ramstein HAWC flight commander. "With optimal nutrition and exercise you can prolong the onset of many age related diseases."

While nutrition is the key factor in weight loss and healthy living, physical activity should not be overlooked.

"Regular activity is pivotal to maintaining war fighter status and ultimately health," Colonel Cain said. "Exercise reduces the risk of cardiovascular events such as stroke, heart attack, as well as heart disease.

Physical activity can reduce stress and anxiety. With deployments, exercises, and a career in the military it is important to always be mentally and physically fit, to meet all obstacles."

For more information or tips on ways to maintain a healthy lifestyle, contact the Ramstein HAWC at 06371-47-4292.

Was ist Los?

KMC cultural highlights

Compiled by Petra Lessoing
86th Airlift Wing Public Affairs

The following is a list of performances and events happening in the KMC and nearby. Dates are subject to change.

Performing arts

Kammgarn Kaiserslautern:

• The band Fertig, Los! presents glamour pop, 8 p.m. today. Tickets cost €11.

• The band Die Happy presents rock and pop, 8 p.m. Saturday. Tickets cost €18.

• JazzToDay Part 3 features the bands EM and Rudder, 8 p.m. Thursday. Tickets cost €25.

• Mono Inc. present the darkest possible goth, rock and metal with bewildering lyrics, 8 p.m. Oct. 29. Tickets cost €12.

• Marie Boine & Band present world music and comedy, 8 p.m. Oct. 31. Tickets cost €22.

Visit www.kammgarn.de or call 0631-365-2607 for details.

• Classic Soul Night with the Midnight Mover family and friends, 8:30 p.m. Mondays in the Kammgarn Cotton Club. For details, visit www.midnightmover.de.

Pfalztheater Kaiserslautern:

• "Der Besuch der alten Dame," a play by Friedrich Dürrenmatt, in German, 7:30 p.m. today and Oct. 29.

• "La Bohème," an opera by Giacomo Puccini, 7:30 p.m. Saturday, Wednesday, Oct. 31, Nov. 2, 7, 10, 12 and 19.

• Vanden Plas in concert presents "Musicals and more," 7:30 p.m. Sunday.

• Chamber concert: "drei, vier, fünf!" – trio, quartet and quintet from the 18th, 19th and 20th century, 11 a.m. Oct. 31.

• Music cafe under the motto "Friendship" in foyer, 2:30 p.m. Oct. 31.

For details, call 0631-3675-209 or visit www.pfalztheater.de.

Fruchthalle Kaiserslautern:

• The German Radio Pilharmonics Saarbrücken Kaiserslautern presents "Wien, Wien, nur du allein" featuring arias by Franz Léhar, Emmerich Kálmán, Albert Lortzing and Rudolf Sieczynski, 5 p.m. Sunday. Tickets cost €10 to €21.

• Children and family concert: "Music for all senses," with ensembles of different music schools, 7 p.m. Thursday.

• Extra concert: "Gaudeamus igitur," the young orchestra of the Saar-Lor-Lux region presents works by Johnannes Brahms, Richard Strauss and Pjotr Tschaikowski, 8 p.m. Nov. 1. For details, call the Tourist Information office at 0631-265-2317.

Youth Center, Steinstrasse 48, Kaiserslautern:

• Salsa Jam with Clave, 8 p.m. today.

• Ja!zzveau presents Sebastian Sternal Trio, 8 p.m. Thursday. Tickets cost €6.50. For details, visit www.juz-kl.de.

Stadthalle, Landstuhl:

• Sahne Mixx with Hubby Scherhag imitating singer Udo Jürgens, 8 p.m. Oct. 30. Tickets cost €19.50 to €28.

• "The Beauty and The Beast," a musical in German, 8 p.m. Nov. 20. Tickets cost €19.50 to €28. For more information, call 06371-923444 or visit www.stadthalle-landstuhl.de.

Ramstein-Miesenbach, Haus des Bürgers:

• Mainz Chamber Orchestra performs Italian music from the 18th to 20th century, 5 p.m. Nov. 7. Tickets cost €12.

• Power! Percussion – percussionists present a drum show with various music styles, 8 p.m. Nov. 12. Tickets cost €22 to €28.

For details, call 06371-592-220 or visit www.hausdesbuergers.de.

Saarbrücken, Saarländisches Staatstheater, Schillerplatz 1:

• The American Drama Group Europe presents "Death of a Salesman," a play by Arthur Miller in English, 7:30 p.m. Nov. 5. For details, visit www.theater-saarbruecken.de or call 0681-3092-486.

Nationaltheater Mannheim, am Goetheplatz:

• "Poetic Play," a ballet night with four performances, 7:30 p.m. Saturday.

• "My Fair Lady," a musical, in German, 7 p.m. Sunday.

• "Carmen," an opera by Goerges Bizet, in French with German subtitles, 7 p.m. Thursday.

For details, visit www.nationaltheater-mannheim.de.

Miscellaneous

• Kaiserslautern, Gartenschau, open 10 a.m. to 7 p.m. daily through Oct. 31. ***Special events:*** Flower show "Memories of Autumn-2002," in flower hall, and pumpkin festival featuring animals from Noah's Ark, pumpkin food specialties and decorations. Through Sunday: Crafting and painting with children in kids' tent, 1 to 5 p.m. daily. Saturday: Night walk with exciting stories, creepy noises and surprises for children ages 5 to 10, in German, 6 p.m. To register, call 0631-71007-0. Sunday: Worship service, 11 a.m. in willow chapel. Young talents present classical music, 2:30 p.m. in flower hall. Oct. 31: Final event with Tuxedo Swing Bigband presenting ballroom atmosphere, 4 p.m. in event hall. Tickets cost €6 for adults and €3 for children. For details, visit gartenschau-kl.de.

• Kaiserslautern, Messeplatz fairgrounds, October carnival with rides and vendors, through Monday. Final fireworks display around 9 p.m. Monday.

• Ramstein-Miesenbach, Wendelinus market, Saturday and Sunday (see article on Page 14).

• Ramstein-Miesenbach, fest tent on Prometheusplatz, October fest, today through Sunday.

• Ramstein-Miesenbach, Haus des Bürgers, model train swap meet, 11 a.m. to 5 p.m. Sunday (see article on Page 14).

• Albersbach (part of Reichenbach-Steegen), village carnival, Saturday through Monday.

• Oberarnbach, village carnival, Saturday.

• Miesau, village carnival, today through Tuesday.

• Rockenhausen, Donnersberghalle, arts and crafts market with 25 exhibitors, noon to 6 p.m. Saturday and 10 a.m. to 6 p.m. Sunday.

• Bad Bergzabern, fall market, today through Oct. 31.

• Imsbach, Palatinate mining museum, special exhibition features gems, mineral stones, gold, silver, diamonds, through Oct. 31. Hours are 1 to 5 p.m. Saturdays, and 10 a.m. to 5 p.m. Sundays and German holidays. For details, visit www.bew-imsbach.de.

• "Light the Night With Christ," 4 to 8 p.m. Oct. 31, Skate Express, Vogelweh. There will be an iPod giveaway, food, games and more. Entry is $5 to $7.

Flea markets

• Kaiserslautern, Opel parking lot, 8 a.m. to 4 p.m. Saturday.

• Kaiserslautern, C+C Lautertal store, Flickertal (exit KL-Ost), 2 to 8 p.m. Saturdays.

• Kaiserslautern, Toom Baumarkt, Hohenecker Strasse, Thursdays.

• Bad Dürkheim, Saline (salt-works), Saturday.

• Ramstein, Autokino, Sunday.

Antique markets

• Saarbrücken, DB Hela-Center (Grosser Platz), Saturday.

• Dillingen (on A8, north of Saarlouis), Stadthalle, Sunday.

• Neu-Isenburg (A661, south of Frankfurt), Isenburg-Zentrum, Sunday. For more information, visit www.troedlerundsammeln.de.

Courtesy photo

Carnival ends Monday

Oktoberkerwe at Kaiserslautern's Messeplatz fairgrounds will continue through Monday. The carnival features more than 140 rides and vendors. Rides are open from 2 to 11 p.m. today, Sunday and Monday, and from 2 p.m. to midnight Saturday. Some food booths and vendors open at 11 a.m. A final fireworks display is scheduled for 9 p.m. Monday.

Kaiserslautern HAPPENINGS

FALL FUN IN THE KMC

ARMSTRONG'S CLUB
Vogelweh Housing, Bldg. 1036

Halloween Karaoke Party
Oct. 29, 9pm-2am
A "spooky" party with a live D.J. and costume contest. Prizes will be awarded to the top three best costumes.

Salsa Night
Oct. 30 8pm-1am
Learn to salsa with an hour of free salsa lessons, margarita bar and live D.J.

Bountiful Breakfast Buffet
Sundays, 9:30 a.m.-2 p.m.
An all-you-can-eat-breakfast buffet.

KAZABRA CLUB
Vogelweh, Bldg. 2057

Matthew JC and the All Stars
Oct. 22 8pm
Top of the line performers join two-time Emmy winning Matthew JC for this Runway Rock show featuring the JC models. Free CDs will be handed out to support Operation Rock the Troops. For more information contact 489-7261 or 0631-536-7261.

LANDSTUHL CLUB
Landstuhl Post, Bldg. 3780

Krazy Karaoke
Fridays, 9 p.m.-midnight.
Sing your favorite song or dare to let the crowd choose!

OUTDOOR RECREATION
Pulaski Barracks, Bldg. 2905

Halloween Trips
Oct. 31
Join Outdoor Recreation for one of two spooky Halloween trips on October 31. The two featured trips are the Haunted Europa Park, or the Family Halloween at Frankenstein Castle. Call ODR at 493-4117 or 0631-3406-4117 for more information.

ARMY COMMUNITY SERVICE
Pulaski Barracks, Bldg. 2891

Fright Night
Oct. 28, 5-8 p.m.
Celebrate Halloween with the family and Army Community Service at Vogelwh Skate Express. Sign up deadline is October 22. For more information or to sign up, call 493-4015 or 0631-3406-4015.

COMBINED FEDERAL CAMPAIGN
Improve the quality of life in the Kaiserslautern Military Community. Pledge to the Combined Federal Campaign by donating to charity code: FSYP. Go to the website www.cfcoverseas.org and click on "Representatives" for more information.

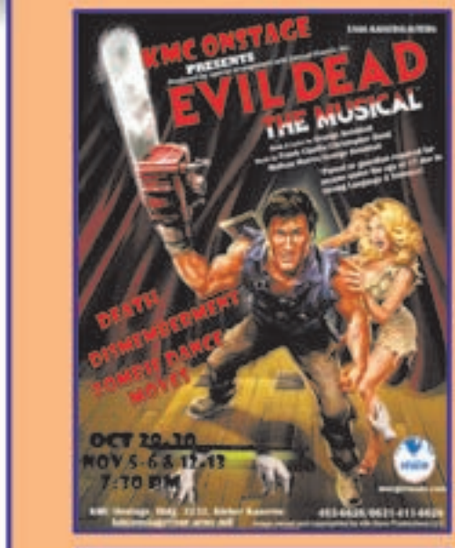
JAVA CAFÉ
Rhine Ordnance Barracks, Bldg. 273
Landstuhl Regional Medical Center

October's Monthly Special
Stop by either Java location to try a Harvest Chai Cider. Combine the sweet taste of freshly harvested apples with the spice of chai and a dash of caramel for a delicious fall treat. Check out the new Java Café located in the Landstuhl Regional Medical Center.

HOLIDAY BAZAAR
Special Events Center, Bldg. 237
Rhine Ordnance Barracks
November 5-7
The U.S. Army Garrison Kaiserslautern will host its annual Holiday Bazaar. Featuring handcrafts, wine, cheese, leather works, wood working and collectibles from around the world. Over 100 vendors will be there to help with your holiday shopping. For more information call 493-4184/4146 or 0631-3406-4184/4146.

ARMY COMMUNITY SERVICE
Pulaski Barracks, Bldg. 2891

Job Fair
Nov. 4 10am-2pm
Bring your resume and dress to impress for on-the-spot interviews and hiring at the Kazabra Club, Bldg. 2057, in Vogelweh. Get information and apply for Family and MWR job positions to include: Child, Youth & School Services, and more. You will also have the chance to meet with the education center and university representatives. For more information contact Arabella Quick at 493-4221, or 0631-3406-4221.



For questions regarding FMWR events and programs listed on this page, call Marketing at 493-4128 or 0631-3406-4128.

WWW.MWRGERMANY.COM

Send us your VACATION photos

Your submission must include the name of the photographer, the date of the photo, first and last names of those in the photo and location. Write "Destinations" in the e-mail subject line. E-mail to: editor@kaiserslauternamerican.com.

NOTE: Submission of your photos for publication in the Kaiserslautern American is also your authorization for the photos to be broadcast on American Forces Network.

Courtesy photo

From left, Staff Sgt. Jerry Gerler, Zachery Linscott, Jay Gerler, Lori Gerler, Nicola Linscott, Jerry Linscott and Tech. Sgt. Julian Garcia pose for a photo together Sept. 9 during a short trip to Bled, Slovenia. The group visited Slovenia during their trip to the Harley-Davidson European Bike Week at Faaker See in Austria.

Photo by Dave Doll

Ellen Doll takes in the view Sept. 7 while on vacation in Lucerne, Switzerland. Lucerne is the most populous city in Central Switzerland and boasts a beautiful view of the Swiss Alps.

Photo by Deric A. Newsome

Eric L. Newsome, his wife Aricia L., and his son Aerin J. take a family vacation at Euro Disney Aug. 31 in Paris, France. Euro Disney has been open since April 1992 and was the second Disney resort to open outside the U.S.

Photo by Travis Horstman

Airman 1st Class Kyle and Amber Meade pose together in front of the Ferris wheel Sept. 11 at the Dürkheimer Wurstmarkt in Bad Dürkheim.

Photo by Sean McCormick

Roxy McCormick enjoys her first family vacation Jan. 18, 2010, to the Porta Nigra in Trier, Germany.

Will you walk the Trail of Terror?

(Editor's Note: The following story is fictional and only serves to introduce the Trail of Terror)

Tragedy, pain, anguish and terror are some of the words used to describe the horrific events surrounding the history of the old asylum, now Bldg. 2078 on Vogelweh.

But the most horrific event was the violent escape of the mentally and criminally insane inmates housed there. Folklore has it the spirits of the inmates still wander the woods surrounding the old asylum.

Are spirits the personalities of people who died and refused to cross over to the other side? If so, why are they here? Do they have unfinished business?

The most violent of the committed was Sven the "Buzz-Saw," a lumberjack living in the German countryside known to be obsessed with the chainsaw and using it as a tool in his many violent crimes.

Notoriously well known were a pair of brothers, Dieter and Schmitz, who spent their entire lives together in the hills and were known to have a fondness for the consumption of live human flesh and brains.

Many of the other inmates were just as demented, perverse and socially challenged, and the locals believed these men deserved to be locked up.

Things went horribly wrong one foggy night in late October. The prisoners organized and escaped the asylum, killing nearly every guard in their path.

Courtesy photo

Breaking through the barbed wire fencing surrounding the asylum, the inmates fled into the nearby woods where they were chased by guards on horseback. Neither the inmates nor guards were ever seen alive again. Almost immediately, the institution was shut down and the true story covered up in the local newspapers.

The building is now being used for a much different purpose, but the bars on the windows and the barbed wire on the fence remain, a haunting reminder of the building's sinister past. Every October, strange things happen in the woods surrounding the old asylum. The escape happened exactly 50 years ago, and though there have been many reports of strange occurrences over the years, this October has the most dreadful reports.

One worker reported the sound of horses galloping and the flickering of tiny fires in the woods. Another reported the distant sound of a chainsaw and blood curling screams. School children have reported seeing strange people moving in the woods, quickly disappearing from view into the heavy underbrush.

It is said the woods are cursed and haunted. Are the spirits of the old asylum prisoners still out there looking for their next victim? And what happened to the asylum guards who chased after them? Do they still wander the woods as well? Many believe they are all cursed and will remain in those woods until the end of time.

Recently, many explorers have come to the woods to solve the mystery behind the madness and travel the "Trail of Terror" reported to be there. Do you have what it takes to be one of them? Will you enter the Trail of Terror?

Those who dare can enter the haunted woods from 6 to 11 p.m. Thursday and from 7 p.m. to midnight Oct. 29, 30 and 31. The cost is $7 per adult and $5 for children. Children 14 years and younger must be accompanied by an adult.

Parts of the proceeds from the Trail of Terror go toward the Combined Federal Campaign. If you dare, visit www.fearthe426.com for more information.

(Courtesy of 426th Network Warfare Squadron)

Kaiserslautern HAPPENINGS

ARMY COMMUNITY SERVICE

Army Family Action Plan Conference: (AFAP)
Oct. 27-29
Kaiserslautern Community Activity Center
Call 493-4357 or 0631-3406-4357 (to volunteer).

The AFAP conference is a grassroots process that allows members of the community the opportunity to raise issues that affect and impact their quality of life. AFAP issues from the field provide a snapshot of the well-being and concerns of Soldiers and their Families. AFAP intends to improve standards of living for Soldiers, Families, all military personnel and DoD employees. **To submit an issue statement, simply go to www.mwrgermany.com/kl/acs/afap.htm, and click on the "AFAP ONLINE Issue Submission" on the right hand side of the page.**

AFAP Conference Issues:
Issues raised during the conference that are outside the scope of the U.S. Army Garrison Kaiserslautern will be forwarded to the next Major Command, US Army Europe (USAREUR). USAREUR conducts an annual AFAP conference and all issues beyond the scope of USAREUR will be forwarded to the Department of the Army AFAP conference.

AFAP Delegates:
As a delegate, volunteers are assigned to participate in focus groups during the three-day conference, brainstorming and considering issues submitted by the community. Each focus group will prioritize three issues to be out-briefed to the Garrison Commander. **To become a delegate call 493-4357 or 0631-3406-4357.**

AFAP Community Members:
Civic and community members of the Kaiserslautern Military Community are strongly encouraged to volunteer to work/participate in the conference. If you are a member of a group in the community with a goal to advance or enhance the area, please call **493-4357 or 0631-3406-4357.** This conference is for members of the Kaiserslautern Military Community and the success of AFAP depends upon all community members.

Previous Issues/Outcomes
Some of the previous issues that have been affected by AFAP, nationally, the life insurance for all Soldiers. The Servicemen Group Life insurance was increased substantially to $250,000 and the GI Bill was also increased. On a local aspect, AFAP was instrumental in procuring and implementing the Kaiserslautern Military Community shuttle service.

Please allow your voice to be heard and join us for a proactive and productive conference.

For questions regarding FMWR events and programs listed on this page, call ACS Marketing at 493-4006 or 0631-3406-4006.

WWW.MWRGERMANY.COM

Think Pink: October is Breast Cancer Awareness Month

by Airman 1st Class
Ciara M. Travis
86th Airlift Wing Public Affairs

Photos by Airman 1st Class Ciara Travis

KMC members gather to celebrate Breast Cancer Awareness Month in October. The 5K run was held at the 435th Construction and Training Squadron site and featured guest speaker Col. Tamara Averett-Brauer, 86th Aeromedical Evacuation Squadron commander, who is now nine years cancer free.

"I like it on the dining room table," reads a friend's Facebook status.

Does this sound familiar? While at first glance this statement may sound inappropriate, it's actually part of a large campaign of women sharing where they place their purse.

An addition to the traditional pink ribbons recognized throughout the world as a symbol of Breast Cancer awareness, this social media campaign aims to grab people's attention in a unique way, all with the intent of raising awareness for this important cause. But it's certainly not the only way people can recognize their support during Breast Cancer Awareness month this October.

Along with simply wearing the color pink, donning a pink ribbon and posting messages to social media sites, organizations throughout the world acknowledge Breast Cancer Awareness Month by marketing special sales, products and events that allow donations charitable cancer causes.

Here at Ramstein, more than 300 Kaiserslautern Military Community members came together in a more active show of support, through a 5K fun run Oct. 15 sponsored by the 86th Medical Group.

"The run was a great success, and it was good to see the support that people are willing to give," said Capt. Julie Skinner, 86th MDG health care integrator. As the runners lined up, a clear and obvious color was observed — pink. From T-shirts to pink wigs, runners of all ages donned the color in some truly unique ways to show support of the cause. More specifically, runners of all genders came out to support what is often mistakenly considered just a female issue.

Although the majority of breast cancer awareness is marketed towards women, professionals stress that men should be equally concerned with breast cancer.

"Husbands should actively encourage their wives to get their annual mammogram to help maintain their health and their relationship," said Captain Skinner. "Breast cancer and the necessary treatments can interfere with the most intimate parts of a relationship." It has also been found that men can be diagnosed with breast cancer as well.

"It is a rarity, but many people are unaware that men can be affected by breast cancer as well," said Capt. Skinner. "Nearly two percent of all breast cancer cases are men."

Breast cancer can affect anybody, which is why everyone should be familiar with their body and what is normal for them.

This message was footstomped by cancer survivor and guest speaker for the event, Col. Tamara Averett-Brauer, 86th Aeromedical Evacuation Squadron commander, who's been cancer free for nine years.

"Take those mammograms seriously, because my mammogram saved my life," said Colonel Averett-Brauer. "Know your body, and know it well."

According to the National Cancer Institute, it is recommended that women 40 years and older should get a mammogram every one to two years. Also, women who have had breast cancer or other breast problems or a family history of breast cancer should consider getting a mammogram before the age of 40 at a more frequent rate.

"Active duty, dependents, retirees and their beneficiaries can receive mammograms at Landstuhl Regional Medical Center on a self-referral or walk-in basis, but it's preferred that a woman makes an appointment with their primary care manager after receiving a physical exam," said Lt. Col. (Dr.) Charles Tujo, former LRMC chief of women's imaging. "However, a woman over 40, or with first degree relative (mother or sister), with breast cancer may call for a self-referral examination."

The National Cancer Institute also highly recommends contacting a doctor if any usual changes in breasts are observed. For those looking for a way to actively show support as part of Breast Cancer Awareness month, you can donate to a number of organizations related to breast cancer through the Combined Federal Campaign-Overseas currently running through Dec. 4. Check out www.cfcoverseas.org for a listing of organizations and more information on how to donate.

Also, another 5K run is scheduled for 9 a.m. Oct. 23 at the track near Gate 4 at Landstuhl Regional Medical Center. The run is open to all military and DOD civilians. Registration will be held from 8 to 8:45 a.m. at the LRMC track. For more information, call DSN: 590-7317.

And if nothing else, just wear pink. What better time of year to don your best pink tie or go as bold as a full-pink outfit. Since the early 1990s the color itself has held significant meaning around the world and is a simple way anyone can show support for the cause.

2010 Fall Cross-Country Overall Standings

First place	603rd AOC
Second place	1st CBCS
Third place	86th AMDS
Fourth place	HQ USAFE A4/7
Fifth place	569th USFPS

National League

	W-L
1st CBCS	6-1
569th USFPS	6-1
786th CES	4-3
86th LRS	4-3
HQ USAFE	4-3
721st APS	2-5
DET 1 460	1-6
86th MXS	1-6
86th MSS	0-7

American League

	W-L
86th CS	7-1
86th MDG	7-1
86th VRS	6-2
86th SFS	5-3
21st OWS	4-4
86th AMXS	3-5
17th AF	2-6
690th NSS	1-7
435th SFS	1-7

Women's League

	W-L
86th MDG	4-0
1st CBCS	1-3
521st AMOW	1-3
21st OWS	2-1
86th MSS	0-7
786h CES	0-7
86th LRS	2-1

Photo by Holly Freeman

Lady Royals 'Dig Pink' during breast cancer awareness event

Varsity and junior varsity volleyball teams from Baumholder, Mannheim, Ramstein and Vilseck pose for a photo together at the Dig Pink Breast Cancer Awareness Event held Oct. 9 and Ramstein High School. The Ramstein Lady Royals volleyball team hosted the Dig Pink presentation in the gymnasium. Before the games started, volleyball players, coaches, parents and spectators were asked to add the names of loved ones to the white and pink checkerboard who have or are going through the steps to beat breast cancer. Donations were also collected for the Dig Pink event.

Wrestling referees needed

There is a serious shortage of high school wrestling referees, especially in the areas of Hohenfels, Vilseck, Bamburg and Ansbach. Other areas need referees include SHAPE, Brussels and AFNORTH in Brunssum. Referees in the KMC are also welcome to apply because referees working with the Kaiserslautern Officials Association also travel to other areas of Germany or the Benelux during the mid-December to mid-February season. Being a referee is a good chance for former wrestlers or coaches to earn extra money while giving back to the sport. Former wrestlers, stateside referees or coaches from any area near an American high school in Europe can get more information by e-mailing al.shaff@yahoo.com or calling 06371-946084 in Kaiserslautern. Pre-season clinics will teach the fundamentals of refereeing the sport as well as provide help with uniforms, equipment and rule books.

CFC basketball tourney

The Combined Federal Campaign hosts a three-on-three basketball tournament from 9 a.m. to 3 p.m. Saturday at the Ramstein Southside Annex Fitness Center. Cost is $20 per team (three to four players per team). Bring your game to support a worthy cause. All proceeds go to the CFC. For more information, contact Master Sgt. Michael Parker at 480-5643 or michael.parker@ramstein.af.mil.

Unit level basketball

If your unit has what it takes to own the courts, then sign up now. The battle for the courts takes place at 6 p.m. Nov. 22 in the Kleber Gym, Bldg. 3235 on Kleber Kaserne. Register with Quinton Floyd by Nov. 15 by calling 493-2087 or 0631-340-62087 or by e-mailing Quinton.floyd@eur.army.mil.

Sunday Night Football

Watch your favorite football team on our big screen TV from 7 to 10 p.m. every Sunday at Armstrong's Club, Bldg. 1036 on Vogelweh Housing. For more information, call 489-6000 or 0631-536-6000.

Combatives tournament

U.S. Army Garrison Kaiserslautern is looking for active-duty men and women to participate in the annual combatives tournament at 10 a.m. Nov. 6 at Miesau Army Depot, Bldg. 1220. Trophies will be awarded to first and second place and overall champion. For more information, call 481-3797 or 06372-842-3797.

Basketball season

Intramural and over 30 basketball season is fast approaching. Letters of intent are due Oct. 29 and the season starts Nov. 15. For more information, e-mail 86svs.kmcsports@ramstein.af.mil or call 480-0297.

Table Tennis Invitational

Kaiserslautern Sports and Fitness invites anyone ages 12 and up to participate in the Table Tennis Invitational at 10 a.m. Nov. 6 at the Landstuhl Physical Fitness Center, Bldg. 1220. Awards for first and second place will be given for all age divisions. Register online at www.mwrgermany.com/kl/sports_fitness/sports_fitness.htm. For more information, call 486-7172 or 06371-86-7172.

NOW SHOWING

Gateway Cineplex (Ramstein)

TODAY - **Red (PG-13)** 11:15 a.m., 2:15 p.m., 5:15 p.m.
Eat Pray Love (PG-13) 11 a.m., 2 p.m.
Scott Pilgrim vs. The World (PG-13) 5 p.m.
The Switch (PG-13) 11:30 a.m., 2:30 p.m., 5:30 p.m.
Jackass 3D (R) 8 p.m.

SATURDAY - **Red (PG-13)** 11:15 a.m., 2:15 p.m., 5:15 p.m., 9 p.m.
Eat Pray Love (PG-13) 11 a.m., 2 p.m.
Scott Pilgrim vs. The World (PG-13) 11:30 a.m., 3:15 p.m., 6 p.m., 8:45 p.m.
The Switch (PG-13) 5 p.m., 8:30 p.m.

SUNDAY - **Red (PG-13)** 11:15 a.m., 2:15 p.m., 5:15 p.m., 7:45 p.m.
Eat Pray Love (PG-13) 11 a.m., 2 p.m.
Scott Pilgrim vs. The World (PG-13) 5 p.m., 8 p.m.
The Switch (PG-13) 11:30 a.m., 2:30 p.m., 5:30 p.m., 8:15 p.m.

MONDAY - **Red (PG-13)** 11:15 a.m., 2 p.m., 4:45 p.m., 7:45 p.m.
Eat Pray Love (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:30 p.m.
Scott Pilgrim vs. The World (PG-13) 11:30 a.m., 2:10 p.m., 5:40 p.m., 8:10 p.m.
The Switch (PG-13) 11:45 a.m., 2:30 p.m., 5:45 p.m., 8 p.m.

TUESDAY - **Red (PG-13)** 11:15 a.m., 2 p.m., 4:45 p.m., 7:45 p.m.
Eat Pray Love (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:30 p.m.
Scott Pilgrim vs. The World (PG-13) 11:30 a.m., 2:10 p.m., 5:40 p.m., 8:10 p.m.
The Switch (PG-13) 11:45 a.m., 2:30 p.m., 5:45 p.m., 8 p.m.

WEDNESDAY - **Red (PG-13)** 11:15 a.m., 2 p.m., 4:45 p.m., 7:45 p.m.
Eat Pray Love (PG-13) 11 a.m., 1:45 p.m., 4:30 p.m., 7:30 p.m.
The Switch (PG-13) 11:45 a.m., 2:30 p.m., 5:45 p.m., 8 p.m.

THURSDAY - **Eat Pray Love (PG-13)** 11 a.m., 1:45 p.m., 4:30 p.m., 7:30 p.m.
Scott Pilgrim vs. The World (PG-13) 11:30 a.m., 2:10 p.m., 5:40 p.m., 8:10 p.m.
The Switch (PG-13) 11:45 a.m., 2:30 p.m., 5:45 p.m., 8 p.m.

Galaxy Theater (Vogelweh)

TODAY - **The Sorcerer's Apprentice (PG)** 4 p.m.
The Switch (PG-13) 7 p.m.

SATURDAY - **Secretariat (PG)** 4 p.m.
Eat Pray Love (PG-13) 7 p.m.

SUNDAY - **Secretariat (PG)** 4 p.m.
Scott Pilgrim vs. The World (PG-13) 7 p.m.

Galaxy Theater will be closed Monday, Tuesday, Wednesday and Thursday.

Editor's note: Schedules and synopses are provided by the Army and Air Force Exchange Service. Movie times and dates are subject to change by the individual theaters. Please check with the theater to ensure accuracy.

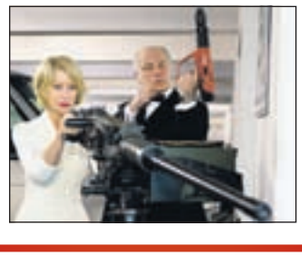
BROADWAY KINO MOVIE MAGIC
Digital 3D
LANDSTUHL/RAMSTEIN
www.broadwaykino.com
Info & Tickets: Tel. 0 63 71-937 007
Next to Autobahn A6, Exit 13 (Landstuhl)
Merkurstraße 9, 66877 Ramstein-Miesenbach
6 THEATRES, THX, EX and all Digital Sound Systems
FRI OCT 22 - WED OCT 27
In Digital 3D: Jackass 3 (R)- Fri & Sat 20:15, 22:30, Sun 20:15, Mon - Wed 19:00, 20:45
In Digital 3D Resident Evil Afterlife (R)- Fri 22:30
Eat, Pray, Love (PG13)-Sat & Sun 13:30
Inception (PG13)- Sat & Sun 15:45
Paranormal Activity 2 (R)- Fri 16:00, 18:00, 20:15, 22:30, Sat 13:30, 15:45, 18:15, 20:15, 22:30, Sun 15:45, 18:15, 20:15, Mon - Wed 18:30, 20:30
RED (PG13)- Fri & Sat 16:00, 18:00, 20:15, 22:30, Sun 16:00, 18:00, 20:15, Mon - Wed 18:00, 20:30
The Social Network (PG13)- Fri & Sat 18:00, Sun 13:30, Mon & Wed 18:00
The Town (R)- Sat & Sun 13:30
Wall Street 2 (PG13)- Fri 17:45, Sat & Sun 15:15, 17:45, Mon - Wed 18:00
Megamind 3D starts Fri NOV 05
For Showtimes of Thur OCT 28, call 06371-937 037 or see www.broadwaykino.com/kmc

At The Movies

Visit www.kaiserslauternamerican.com/movies.php for details

Eat, Pray, Love (PG-13) — Liz Gilbert had everything a modern woman is supposed to dream of having — a husband, a house, a successful career — yet like so many others, she finds herself lost, confused, and searching for what she really wants. Divorced and at a crossroads, she steps out of her comfort zone, risking everything to change her life, embarking on a journey around the world that becomes a quest for self-discovery. In her travels, she discovers true pleasure by eating in Italy, the power of prayer in India, and, finally and unexpectedly, the inner peace and balance of true love in Bali.

Starring Julia Roberts and James Franco.

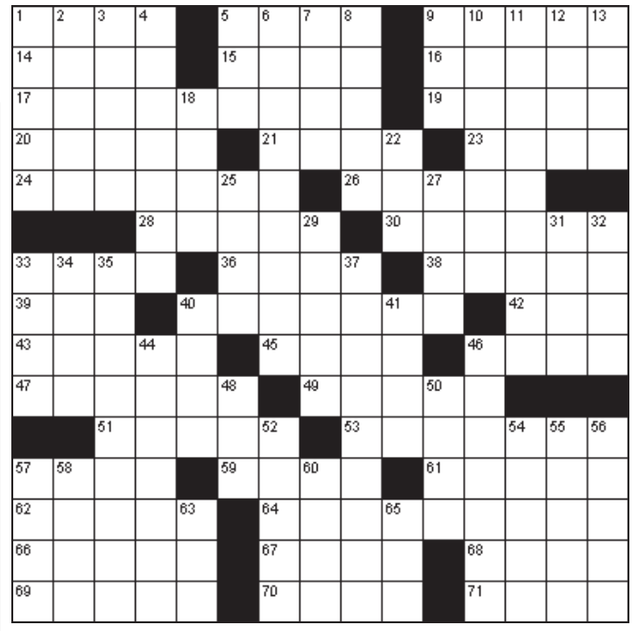


Red (PG-13) — Frank, Joe, Marvin and Victoria used to be the CIA's top agents — but the secrets they know just made them the agency's top targets.

Now framed for assassination, they must use all of their collective cunning, experience and teamwork to stay one step ahead of their deadly pursuers and stay alive.

To stop the operation, the team embarks on an impossible, cross-country mission to break into the top-secret CIA headquarters, where they will uncover one of the biggest conspiracies and cover-ups in government history.

Starring Bruce Willis and Morgan Freeman.



Puzzle courtesy of http://thinks.com/

ACROSS

1 Pennant
5 Sham
9 Sheikdom of song
14 Agitate
15 Calm interval
16 Casals's instrument
17 Annoyed
19 __ grabs
20 "You __ right!"
21 "David Copperfield" villain
23 Deficiency
24 Unsettled
26 Less experienced
28 Large African antelope
30 Enhanced
33 Twofold
36 Counterfoil
38 Arboreal primate
39 Sounds of surprise
40 Wage
42 Experimental rock pioneer
43 Riotous fight
45 San Remo salutation
46 Pig container?
47 Wet floor?
49 Friendly push
51 Sad sort
53 Crowd disperser
57 "Touched __ Angel"
59 Adriatic port
61 Mindless followers
62 1994 Peace Nobelist
64 German airline
66 Fuming
67 Extra benefit
68 Impoverished
69 Terminated
70 Avail
71 Suckers

DOWN

1 Tuck, e.g.
2 Moto portrayer
3 Buenos __
4 Sparkle
5 The Sunshine State, briefly
6 Genuine
7 Swiss abstractionist
8 Berry-bearing shrub
9 Prefix with puncture
10 Sated
11 Italian car
12 Voting group
13 Capital of Roman Britain
18 Peg away
22 Ballet step
25 Immense
27 Join metals
29 "The Purloined Letter" detective
31 Shrink from
32 Cleaving tool
33 Hanks and Cruise
34 Thrill ride cry
35 Capital of Pakistan
37 Gorgeous
40 Percolate
41 Focal point
44 Hard rubber
46 Possibly
48 Miss out?
50 Deep cut
52 Fiennes of "Schindler's List"
54 Columbus's home town
55 Fable fellow
56 Nautical poles
57 Soft French cheese
58 Tale
60 Act as arbiter
63 Homer's neighbor
65 Cookbook amt.

Solutions to the Oct. 8 puzzle

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APTS FOR RENT

All ads & pics can be viewed @ www.class-world.eu

! Big 3/4 Bdrm Apt in Hütschenhausen 168sqm, BIK, 2baths, stor, high speed internet, yard, sunroom, Pls call 06371-4942210 o. 0179-6601752

!!!Miesau!!! Great apt. 3 bedroom 100 qm living space. Rent € 700 Sonja Gray, RE/MAX Dreamhomes 4U, Kaiserstr. 4, Landstuhl. 06371 / 612 92 62 or 0160/3807277 Sonjagray@ymail.com

10 km to RAB Apt for rent. 2 bedrooms, terrace, garden usage, BIK, no pets. 770 Euros all inclusive except electrical power. Call AbacO Immo under 0170-9966359 or email to rodehorst@abaco-weinstrasse.de

Apt 95sqm Hohenecken quiet location part furn 2BR 1lrg liv/din area BIK bath balc priv park, €470 + util avail 1.Dec ☎ 0631-57426

Apt KL-Siegelbach 1BR livrm kitchen dinrm bath basem 60sqm €350 +utl 2m dep no pets 06301-8599

Apt in Mehlbach, Pferchstr. 9, 2 floors, bright, 160sqm liv space, 1st floor: 2br, BIK, lrg bath, corner bathtub, closet, lg balcony; 2nd floor: lrg liv rm 70sqm, fireplace, modern renovated, guest WC, storage, attic, garage or park spot €900 + €150 heat + €30 p. p. water + €15 trash (garage €40) 0173-6313-419

Apt new, Hermersberg 15 min RAB 70sqm, 1BR, BIK, liv, bath, balc, laundry, stor, €350+util 06333-5095/ 0173-6571102

Big Nice Aptm. in a quiet Area. Big Liv/Dinr. 3Bedrm. 1,5 Bath, BIK, Balcony, AFN, DSL, 550€ Rent, Tel 063847067 or 01638150865.

Cozy furn Apartment w/ bedroom loft 15 min to Ramstein. Tel 06371-60351 or 0176 234 04388

Erfenbach furn Apt 45sqm shower €230 +util +300€ dep, no dogs! Avail now 0174-5451848

KI Einsiedlerhof 1BR livrm BIK €430 all incl except electr Call 0170-8690373

Grnd-Flr Apt 100sqm for 600€ avail 1Nov, Reichenbach, Herrenbergstr. 7, 10min to RAB, 2BR, bath, office, storage, kitchen, liv/din rm. For more Info call Volker 0176-62435373

Kindsbach, 87 sqm 2 bedroom apartement, partly furnished, big livingroom, wooden floors, bath with bathtub, BIK, nice balcony, carport. Quiet location close to nature. Rent 800 @ all incl. ex electricity. Call 06371 16723 or 0173 8193325 or 0172 6660504.

Siegelbach, 1BR Apt, BIK, Bath, Garage, quiet area E350 incl util for sgl. Ph: 06301-33507

Landstuhl: 1 bedrm. apartment, livingrm., built-in-kit., 1 bath, basement, 350,-- € www.AGRA-Immobilien.de 06371/57656

Landstuhl-Melkerei: Apartment, 90sqm, 3BR/1,5BA, € 500,- + util 06371/943315-16 www.GermaWild-Immobilien.de

Linden: 3 bedrm. apartment, livingrm., built-in-kit., 2 bath, balcony, 720,-- € + utill www.AGRA-Immobilien.de 06371/57656

Mackenbach 3BR Apt 100sqm liv/din rm BIK bath basem no pets, incl. heat. & water €750 + elect. 0176-32160785

Mod Apt 10min RAB/LRMC BIK balcony SAT DSL 2BDR LR OFP 500 E+util offstr pkg 017639087393

Otterbach: 80 sqm liv. Space, 1 BR, 1 BA, 1 Liv. Room, BIK, washing machine and dryer incl., rent 370 € + util. Call Mike Münchschwander RE/MAX Real Estate Center Kaiserslautern 0631/4140888-0 or 0176/32367432.

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Ramstein-Miesenbach
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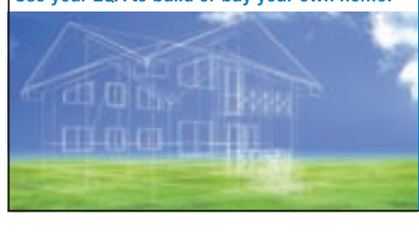

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Tel: 0160 - 96 99 74 61
jim@immobilien-gs.de

Michele Kirkpatrick
Tel: 0171 - 285 45 95
michele@immobilien-gs.de

Mike Fitzpatrick
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Near Ramstein, approx. 12 km, freestnd. home in quiet location with nice view, 4 bedrms., 2 baths, big liv/din rm, bik, garage, approx. 220/560 sqm, € 210.000,-

Sembach, nice duplex, built in 2000, 3 bedrms., 1.5 baths, big liv/din rm, hobby rm, bik, floor heating, approx. 163/450 sqm, € 229.000,-

Kindsbach, near train-station, nice 1 fam house, 4 bedrms., 2 baths, big liv/din rm with stove and wooden floors, big covered terrace, 3 garages, approx. 220/440 sqm, € 235.000,-

Waldfischbach, modern country style home, built in 2001, 5 bedrms., 2 baths, big liv/din rm with tiled stove, bik, double garage, approx. 171/750 sqm, € 249.000,-

Lambsborn, freestnd. home with wonderful view, 6 bedrms., 2 baths, bik, liv/din rm with open fireplace, double garage, approx. 210/810 sqm, € 260.000,-

Mackenbach, modern duplex, built in 05, 5 bedrms., bik, big liv/din rm with tiled stove, 3 baths, garage, 2 carparks, approx. 220/350 sqm, € 295.000,-

Near Landstuhl, wonderful country-style home with marvelous view, 4-5 bedrms., 3,5 baths, bik, big liv/din rm with open fire-place, family-room with tiled stove, sauna, nice summer-house, big double-garage, 4 car-places, approx. 250/1170 sqm, € 315.000,-

Waldmohr, modern freestnd. 1 fam-house, built in 2003, 4 bedrms, big liv/din rm, modern bik, approx. 200/520 sqm, € 320.000,-

Kaiserslautern, freestnd. home in best condition, in wonderful location, near the woods, 5-6 bedrms, 2 baths, big liv/din rm approx 50 sqm, sep. din rm, bik, 2 garages, approx. 210/720 sqm, € 320.000,-

Ramstein, new built 1 fam-house in quiet location, near the woods, 5 bedrms, big liv/din rm, 3 baths, garage, floor heating, solar-cells, approx. 200/580 sqm, € 330.000,-

Waldmohr, nice freestnd. home in wonderful location, built in 1988, 5 bedrms, 2.5 baths, big liv/din rm, sunroom, tiled stove, sauna, garage, approx. 180/780 sqm, € 350.000,-

Near Weilerbach, new built low-energy-house,5 bedrms., 3 baths, big liv/din rm approx. 60 sqm, floor heating, solar-cells, bik, garage, approx. 220/611 sqm, € 350.000,-

Near Altenglan, luxurious villa in best condition, 5-6 bedrms., huge liv/din rm approx. 82 sqm with open fireplace, sunroom approx. 30 sqm with fireplace, gallery, marvelous built-in-kitchen, inside-pool, luxurious bathroom, double garage, approx. 350 sqm living space, property 2.500 sqm, € 390.000,-

Homburg, great modern country-style home, built in 00, low-energy-house, 5 bedrms., spacious bik, repr. liv. room with open fireplace, sep. big din. rm, sauna, 2.5 baths, double garage, approx. 260/625 sqm, € 395.000,-

Near Landstuhl, great repr. home, county style, super location, built 1990, 6 bedrms, 3.5 baths, big liv/din rm with tiled stove, gallery, sep. building with swimming pool and sauna, big double garage, approx. 400/1900 sqm, € 495.000,-

Please call for more information
Tel. 06841-62091
Fax. 06841-12340
Eisenbahnstr. 42 • 66424 Homburg

APTS FOR RENT

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Schwedelbach furn comf Apt 2BR, office, 1.5bath terr w/garden use, 103sqm +basem, laundry, carpk €1010 incl util (+elec) 0170-6173410 or 0631-404202

Siegelbach, 2BM apartmt, garage, bik, E800 all incl exc electric, available 1.Nov., Immobilien T.016096096498

Your ad can be seen by readers in other key locations (Wiesbaden, Baumholder, Stuttgart, and Geilenkirchen).

HOUSES FOR RENT

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5 Min. to RAB, 180sqm., 4 bedrms., b.i.k., 2 baths., attic, garage, floor-heating, yard 1.330 €uro +util Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

Airbase: 3 mls: Mackenbach, brand new, freest. house 380 sqm, 5 br , 2 gar, av. 1. Dec. 3300,-E; Waldmohr: 300 sqm, renovated . 4 / 5 br apartm. 2,5 bath, yard, basem, 2 gar E 1600,-; Landstuhl: 135 sqm 3 br, 760,-E ; JR REALTY - reduced fee - ph: 01703159692 or jrrealtykmc@yahoo.com

Queidersbach, 7bm duplex, garage, E1770, Immobilien T.016096096498

Available with GP Residences: Absolute Luxury House, 18 min from Ramstein, RS school district, 6 BR, 3 baths, very nice bik, liv/din rm; fire place, Wintergarden, beautiful yard, double garage, €3,500, (negotiable). Beautiful Miesau/Sand House, 5 BR, 3 baths, nice bik w/lots of cabinets, liv/din rm, storage, yard, garage, €2,100. Vogelbach House, 4 BR, 2 baths, bik, liv/din rm, storage, patio, €990. Reduced fees on all houses, call 0631-22328 or 0177-5522-328 or 0162 -4131 878.

Bruchmühlbach, 6BR house, 3,5 bath, garden, BIK, children welcome, 2220,-€+util, www-immobilien-wuertz.de Erfenbach 100sqm, 2BR, 1,5 Bath, balcony, 615,-+util, call Susan 01713411339

Brücken, modern duplex, built in 2004, 4-5 rooms, bik, 2 bathrooms, floorheating, 1 garage, approx. 180/500 sqm, 1.350,-- € + util., Müller Immobilien-Service, 06841/62091

Duplex Dansenberg 135sqm, 3BR, BIK, 1.5bath, garage, 1parkspot, sm frnt yard, lg terr, 2balc, pets ok, €980 +util Call 0176-84007071

FSH in Clausen, 30 min. from KL/RAB; 230 m², 4 BR; lrg. LR/DR, double garage; balcony; 1 1/2 bath; lrg. tiled basement; BIK; no pets. Lrg. 195 m² apt. between Baumholder & RAB, pets allowed. For more info please call: GI Bill Pay Service, Real Estate & Consulting: Tel.: 06371-465407 or 0160-1065196

Geiselberg, new 4Bm duplex, patio, yard, E1000, Immobilien T. 016096096498

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Homburg, FSH, 140sqm, 4 bed, 2,5 bath, garage, terrace and garden, € 1100+ut. Av. 01. Nov. KKA Immobilien, Tel. 0172/ 6855976 Melinda

Luxury House for rent, Ramstein area, available mid of Nov 2010. www.stefan-clemens.com

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www.faithbaptistchurch.de 0631-318750

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Bahnstrasse 124a
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Gib Wood, Pastor
Phone: 06371-16148 (Ofc.) • 06383-5597 (Home)
Schedule of Services
Sunday School 9:45am, Morning Worship 11:00am
Evening Worship 6:00pm, Wednesday Service 7:00pm
(Nursery & Children's Church available)
to Kindsbach · Traffic Circle · B 40 · to Landstuhl
Autohaus Plocher · Infield · Bus · Bahnstrasse
Rheinland Baptist Church
Railroad Tracks

Air Force and Army Chapel Schedule

Protestant Services
• Daenner Chapel
Saturday Seventh-Day Adventist
Sabbath School 9:30 a.m.
Worship service 11 a.m.
Sunday Protestant Worship
and Kids' Church10:00 a.m.
POC USAG-K Chaplains Office 493-4098,
Civ. 0631-3406-4098, BLDG 3150
• Landstuhl Chapel
Sunday Protestant Worship
and Kids' Church 11:00 a.m.
POC USAG-K Chaplains Office 493-4098,
Civ 0631-3406-4098
• Miesau Chapel
Wednesday WOW (Worship on Wednesday)
7:00 p.m.
POC USAG-K Chaplains Office 493-4098,
Civ 0631-3406-4098
• Ramstein North Chapel (480-6148)
Contemporary Service, 10:30 a.m. Sunday
• Ramstein South Chapel (480-5753)
Liturgical, 9 a.m. Sunday
Traditional Service, 11:00 a.m. Sunday
• Vogelweh Chapel (489-6859)
Gospel Service, 10:45 a.m. Sunday
Protestant Education Classes are available for all ages at Vogelweh, Ramstein, Landstuhl and Daenner, For more information, call 480-2499 or 489-6743.

Jewish Religious Services
• Ramstein South Chapel Synagogue (480-5753),
Shabbat Evening Service,
Nov-Mar, Fridays, 6 p.m.
Apr-Oct, Fridays, 7 p.m.

Catholic Services
• Ramstein North Chapel (480-6148)
Sunday Mass, 8:30 a.m., 12:30 and 5 p.m.
Confessions, 4 to 4:45 p.m. Sunday
Daily Mass, 11:30 a.m. Mon through Fri
• Vogelweh Chapel (489-6859)
Confessions, 4 to 4:45 p.m.
Saturday mass, 5 p.m. Saturday
• Daenner Chapel
Sunday Confessions 10:45 a.m.
Sunday Mass 11:30 a.m.
Daily Mass 11:45 a.m. Tue – Fri
POC USAG-K Chaplains Office 493-4098,
Civ 0631-3406-4098
• Landstuhl Chapel
Sunday Mass 9 a.m. & 12:30 p.m.
Daily Mass noon Mon – Fri
POC USAG-K Chaplains Office 493-4098,
Civ 0631-3406-4098

Islamic Services
• Ramstein South Chapel Mosque (480-5753),
Jumu'ah Prayer, Apr – Oct, Fri: 1:30 p.m.
Nov – Mar, Fri: 12:30 p.m.
For Religious Education and Daily Prayers
check Prayer Schedule

Orthodox Christian Services
• Kapaun Chapel
Divine Liturgy, Sundays, 10:30 a.m.
Vespers, 1st Saturday, 5 p.m.
1st Saturday Confessions, 6 p.m.
For more information, call 480-5753

Pulaski Youth Center
Monday "Genesis" Dance Night (grades 6–12)
Tuesday Musician's Night (grades 6–12)
Saturday "The Rock" (grades 9–12)
Small Groups "Plugged-In" (grades 6–8)
For more info call USAG K – Chaplain's office at 493-4098, Civ 0631-3406-4098

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Reverend Chuck Kackley
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Cell: 0171-6574322
Fax: 06371-468933
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11:30 am Worship & Eucharist all other Sundays
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Wed Bible Study 7:00pm (Classes for all ages)
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Jason O'Pry 06371-977220

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HOUSES FOR RENT

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Hütschenhausen: Freestanding house, 4 bedrm., living-diningrm., built-in-kit., 2 bath, patio, yard, garage, basement 1.100,-- € + util www.AGRA-immobilien.de 06371-57656

Jettenbach, little house, 100qm, 2bedrooms, 1,5baths, kitchen, liv/dinrm, little garden, balcony, 600€. 06385345460,015150972662.

Kaiserslautern brand new FSH, 225sqm, 4 bed, 2.5 bath, garage, garden, € 1800 + ut., av. 05. Nov. KKA Immobilien, Tel 0172/6855976 Melinda

KL-Einsiedlerhof: duplex, 5bedr., living-diningrm., built-in-kit., 2 ½ bath, patio, garage, 1.300,-- € + util www.AGRA-Immobilien.de 06371/57656

Landstuhl-Melkerei: Freest. House, 234sqm, 4BR/2,5BA, fireplace, terrace, yard, double-garage, € .1800,- + util, no pets, singele person or couple preferred 06371/943315-16 www.GermaWild-Immobilien.de

Mackenbach, Single house-Villa, development area, border building direct to the golfcourse, over 300sqm, 1Liv., 1Din., 4Bedr., 2,75Bathr., 1big BIK, 1D-Garage, laundryr., storager., 2closets, fireplace, balcony, patio, mthl. rent 2.485.-€, available 01.11.2010, only by RM Immobilien 06374-915430 or RMImmobilien@t-online.de

Near Vogelway 5 Min. 150sqm., 4 bedrms., 2 baths., b.i.k., fenced yard, garden house, attic 950,00 €uro +util Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

Nanzdietschweiler, 14min to AB, freest, new 1FH, 5BR, 2baths, garden, 260sqm, 2garages, €1900.-+util; Schönenberg- Kübelberg 22min. to AB, modern 1FH, 3BR, 117sqm, garage, €870.- Immobilien Hauschild Tel: 06373-505600

Otterberg, FSH, 230sqm, 5 BDR, 2,5 baths, garage rent €1900 ZIAI Immobilien 06371 57888

Ramstein City, freestanding house, 295sqm., 6 bedrms., 3 baths., b.i.k., floor-heating, low energy house, garage 2.350 €uro +util Anne S. Neumann Immobilien4you Tel: 06372-803641 or 0173-8317162

Ramstein, 5 min., house 220 sqm, 4BDR, 3 baths, carport, nice yard, rent € 1645 ZIAI Immobilien 06371 57888

Ramstein: townhouse, 180sqm, 4bedr., livr., bik, 2.5bath, terrace, yard pets are welcome, €1260.-+util Roth Immobilien 06374-994776 or 0171-1950606

Rodenbach: Duplex, 196sqm, 4BR/2BA, terrace, yard, garage, € 1.350,- + util 06371/943315-16 www.GermaWild-Immobilien.de

Steinwenden, freestanding house, 253 sqm, garage, children and pets welcome, 1900,- €, Schicker Wohnen, 0177-1700206, m.schicker@t-online.de

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- Submit a cover letter – in English – which includes the applicant's name, current address, home address, e-mail address, current school, year expected to complete degree, and a brief outline of current course of study, as well as any pertinent cross-cultural experiences. Letter should be no more than one page.

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HOUSES FOR RENT

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Schönenberg-Kübelberg, great freest. home, 7 bedrms., big liv.-diningroom, 2.5 bathrms., kitchen, garage, nice view, approx. 315 sqm. livingspace, 1.800,-- € + util., Müller Immobilien-Service, 06841/62091

Too small for Brad Pitt, too cheap for Tom Cruise, too big for me, maybe right for you. In Schwedelbach 8min RAB spacious house 140sqm. 3BR 2livrms din rm w/BIK amazing bathrm guest WC attic tiled floors wood ceilings & doors, laundry, big garage terr small garden balc quiet area €920 +util avail Nov 06374-1489 or 0176-60824892

Vogelweh 20 min, FSH, 200sqm, 5BDR, 3 baths, yard rent € 1400, ZIAI Immobilien 06371 57888

Weilerbach, freest. home, built in 2006, 5 bedrms., 2 bathrms., double-carport, floor-heating, approx. 170 sqm liv.-space, 1440,-- € + util., Müller Immobilien-Service, 06841/62091

Weselberg, 3BM renovated house, new bik, E1000 all included except electric, Immobilien T.016096096498

HOUSES / APTS FOR SALE

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!!! Hüffler!!! Bright, open plan w/ view of fantastic garden and surrounding area!! custom built home, 130 qm living space 3 bedroom 2 bath, Granite fireplace, terrace marquise great kitchen RAB school district 5 km to Autobahn A62. Price € 210 000. Please call for a appointment. Sonja Gray, RE/MAX Dreamhomes 4U, Kaiserstr. 4, Landstuhl. 06371 / 612 92 62 or 0160/ 3807277Sonjagray@ymail.com

!!!! A beautiful view, german house, pieceful village, 5-10min Vog/ RAB, 4BR, 3bth, kitchen w/appl, LI/DI, strge & bsmt, prvt ent, lg yard in back 4BBQ & pkng. Priced to sell 119.900€ or rent priv 0151-52323202

330sqm Fam House Waldfischbach-Burgalben on top of the hill! built '97 on 770sqm lot. 3livrm, 3full baths, 2x 0.5baths w/shwr, 3BIK, 5BR, 1office, laundry, pantry, garden w/BBQ area, 50sqm garage, 150sqm cport, 5 parking spots, floor heat / oil-heat in sep rm, 435.000€ neg. from private! Call: 06333-60078 after 8pm

A Must See in Ramstein-Miesenbach! A Modern Single Family Home w/open floorplan & a gorgeous view over the farmland in the backyard. Built in 2000, 200sqm, 5BR, walk-in-closet, open din/livrm, nice BIK, 2.5bathrms, laundry & storage rm, paved patio around the house, one garage. This excellent Home is available for 289.000.-EUR. Call Michael (No Realtor Fee) 06371-3610 or 0172-6864860

Bann, 160sqm duplex, 4BM, garage, built 1998, E200000, ImmobilienT. 016096096498

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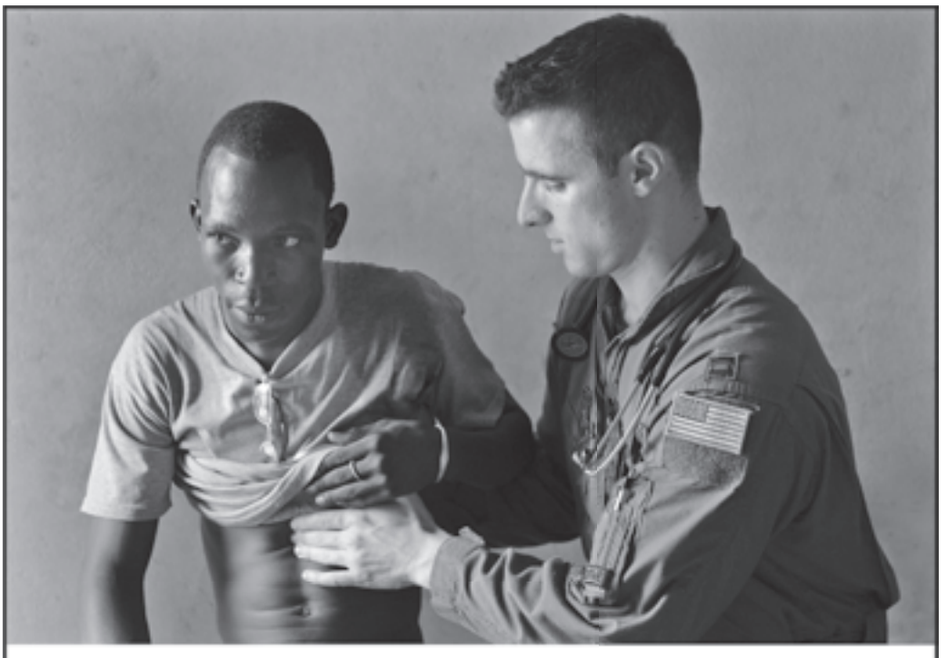

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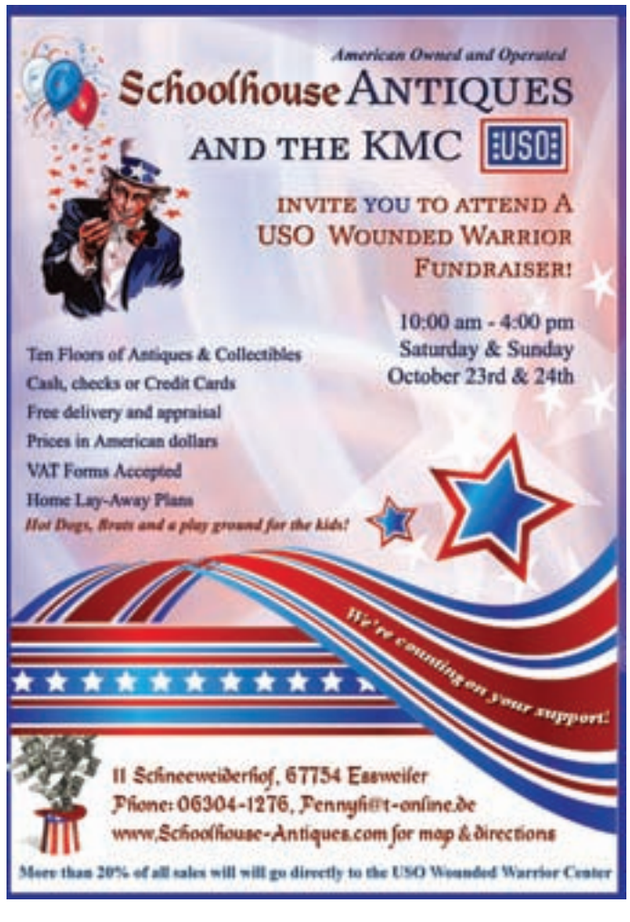

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Ramstein-City: Cosy House with 2BR, dreambathroom, little yard 125.000€ 06371/943311-16 www.GermaWild-Immobilien.de

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VW Golf, Model 94,5.Speed, 4.Drs, Runs Good, $ 2350.OBO, Phone: 015207694182

Winter Tires, $500/set. Fits 2008 or later Dodge Grand Caravan. Michelin Alpin Latitude, 225/R17 102T. Bought new 2009. 06371-979503 almesr@gmail.com

Year: 1999, Make: Honda, Model: Accord, VIN:1HGCG6651XA130020, Mileage: 76528 (crosekolly@yahoo.com)

MOTORCYCLES

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Caution: Some KA Classified ads have become a target for scams. Please be cautious if potential buyers offer you payment methods other than cash.

03 HD Night Train, Softail, low 6K mi, black, excellent condition, garage kept, lots of extras, cashnmoose@gmail.com/ 06333993814

1993 Honda Nighthawk 750cc. 10,750 miles. Garage kept, very clean. Registration/inspection current. Serious inquiries only. $3500.00 Call: 0160-220-3695

2003 Harley Night Train, 100th Anniv Ed, super low 6K mi, black, excellent condition, many extras, $12,500 06333993814, cashnmoose@gmail.com

ANNOUNCEMENTS

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Announcing a new blog dedicated to military spouses. Share your comments or initiate topics. Say what's on your mind. Please visit http://blog.spouseclubs.com/ . We look forward to getting to know you.

Estate Sale - All items must go! Grandfather Clock, schranks, kitchen appliances, furniture, etc. Oct30 @ 1000 - Raiffeisenring 23, 66903. 016094877235

Friday, 1stOct black BMW damaged my green transporter in Schwedelbach. Please contact me with insurance info 06374-995652 (we know your licence plate)

Halloween Lady is back! Ramstein BX north entrance. Costumes-Masks-Wigs-Make up Accessories. Serving the Military Community for over 30 years!

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CHILD CARE

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KA advertisers living on base/post and offering child care services are on the approved list of Family Child Care (FCC) providers. Those living off base/post offering these services in the KA are not screened by FCC. Use good judgement when choosing off base/post child care services. Qualifications should be checked and references requested before placing any child in the custody of child care providers who have not been screened.*Anyone providing more than 10 hours of care per week, on a regular basis, MUST be licensed by the FCC office. If you do not have a license and provide care, you could possibly lose your base housing privileges.*****

Daycare Mom is looking for 0-3yr old child. References 0630-1700. Full-time. Avail now in Miesenbach. Call Bianca 06371-50649 or 0171-3179707

FOR SALE -- MISC

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3seater designer sofa with matching Nepal carpet and glass table for sale. together or individually. 600 €. Tel. 06372-5332 E-Mail lumapesa@superkabel.de

4 Aluminium rims, 5bolt, fit all japanese cars (Mitsubishi, Mazda, Nissan, etc.) $140 Call: 0152-28233700

8 GB iPod Touch (2Gen) $160 OBO. Great condition! Kept in case since day 1. Incl Case and Sync cable. Email R.Henneman@yahoo.com

AB Lounge 2 Sport Work out Abdominal Exercise chair. $35.00 Phone 01606963592 or slthorne2000@yahoo.com

AFN / PowerVu Receiver - American forces Network HI - I am looking for a PowerVu receiver with valid subscription. (with valid authorization for afn tv) .....if you or someone else can help me then please let me know ptech@gmx.co.uk or icq 430974952

Babybed, light oak, solid wood $ 50. In very good shape. Call Tony at 0631-3104442 or 017655000654.

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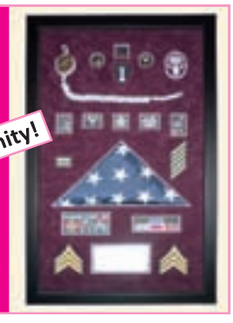

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FOR SALE -- MISC

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All these items for a nice piece of jewelry or $499 obo: Brand new wedding gifts - in original boxes: toaster, travel iron, egg cooker, jug kettle, blender, coffee maker, kitchen scale, citrus juicer, also polaroid camera, baby picture frame, slip cover, recliner, music stand, antique china Call: 06338-234 or 0176-25239289

Antique kitchen cupboard with beautiful pineapple ornaments - solid wood, large - also usable as livingroom cupboard $999 obo Call: 06338-234 or 0176-25239289

Baby items for Sale - Esprit stroller rose new cond €100, playpen Brevi brand new €30, Avent water boiler €15 girls clothes sizes 47-86 in baby pink Call: 06301-7997787 or 0176-68164703

Beautiful Chest of drawer, walnut, good condition Tel.: 06385-5008 email umlauff@alice.de

beautiful oak armoire 3 doors, very good condition 500 euros. Call (33)387042855

beautiful oak dresser, very good condition 350 euros call (33)387042855

Big Flowerpot $10. Hamster cage $10. Toy Box $ 15. Call Tony at 0631-3104442 or 017655000654.

Cabinet for TV, Bassett (Pine), 65" Ht, 30" Wd, 20" Dp, Exc Cond, TV also for sale (see Sony Trinitron 25"), $165 OBO, Call 0163-330-5535, Lv Msg

carillon, good condition, working. 75 euros call (33)387042855

Complete bedroom furniture of the 50th., handmade 120 Euro Telephone: 063855008 E-Mail: umlauff@alice.de

Diningroom table/six chairs dark cherry & almond Good condition $75.00 call George 06303/3276 geo2star@aol.com pictures available on request

Firewood, dry wood for fire place/oven, length 25-30 cm, incl. delivery, call: 01525-4646166

French wall clock, working good condition. 60 euros call (33)387042855

German Books $2 each. Kids Books (engl.), $2 each. Kids Winter Clothing, Boots &Halloween outfits. Call Tony at 0631-3104442 or 017655000654.

GPS, Navigon 1410 - $100. 1yr old, has AAFES locations. Call 0160-93870980.

Hi - I am looking for a PowerVu receiver with valid subscription. .....if you or someone else can help me then please let me know ptech@gmx. co. uk or icq430974952

High value Dining table w/ 4 chairs, fitting glass/wooden cabinet and sideboard, solid wood, alder, feed chromed, Sales Price 990,- EUR, call 01607147206

House flee market: lamps, furniture, sofa, armchairs, pictures, dishes etc. Tel. 06385-5008 email umlauff@alice.de

Kitchen table with 2 bench's and 4 bench covers as shown. You pick up. A steal for 100 Euro. 06372-507570

LG LV4745 (PAL) VHS/NTSC Playback, $15. VTech Talking Whiz Kid Laptop, $10. VTech Write & Learn Letter Pad $15. Call Tony at 017655000654 or 0631-3104442

Living room furniture Verona classic cherry tree, looks like new, exclusive: cupboard, table, chairs, cabinet Telephone: 06385-5008 umlauff@alice.de

Marble Table, Black w/white traces, 47" diameter, really nice, octagonal, comes w/ext leaf and 6 chairs, $600 OBO (paid €1,500), Call 0163-330-5535, Lv Msg

Mens DiamondBack Response 21 Speed, Mountain Bike. $100.00 Phone 01606963592 or slthorne2000@yahoo.com

Modern bedroom furniture, white:double, cupboard, chest of drawers Tel.06385-5008 email: umlauff@alice.de

Motorcycle jackets, leather black, M & L. Call: 0152-29505388 or 06371-613354

Moving Sale: 13A Sangerstr Henschtal; 10/23; 8-3; Antique Furniture and dishes, stain glass, oak mantle, 220 appliances. more; no junk majnrj@hotmail.com

New Elta combination AM/FM radio w/record player used once $10 Call: 06332-41560 between 2pm to 9pm. Can deliver to RAB!

Panasonic Digital Sat Rec.w / card slot, $20.LG DV7922N DVD Player, Multiformat/MP3/dTs, country code 1, $ 15. Call Tony at 0631/3104442 or 017655000654.

Playmobil Roman Arena, like new $ 25. Wintercover for Buggy $ 15. V Smile / PAL System $ 25. Call Tony at 0631-3104442 or 017655000654.

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Small Sony color multi-system TV, works fine, $35. Call: 0631-940213 or 0151-27019822

Round (oak) dining table with 4 chairs, very good condition $100 and Oak china cabinet $250...Contact # 01709647567 Email: merz78@hotmail.com

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Sofa, armchairs stylish, Lydia, green, heavy quality Tel.:06385-5008 email umlauff@alice.de

Sony Trinitron 25" TV, traditional (not flat screen), 7 yrs old, kept in spare office, barely used, $325 OBO, Call 0163-330-5535, Lv Msg

Stereo (Portable), Sony, exc condition, hardly used, play CDs, cassettes, AM/FM, $60 OBO, Call 0163-330-5535, Lv Msg

Stylish oak TV cabinet. Could also be used a storage only. About 33"L x 23"W x 51"H. $125 ratcliffe32224@yahoo.com or 0162-772-6581

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The „Halloween City Parade" consists of marching groups and floats. Everyone can participate* or just watch the spectacle.

11 a.m. – 6 p.m. for children: face painting, pumkin carving, arts and crafts and more | at various spots in the city centre: Stiftskirche (church), Schillerplatz, Fackelstraße, Altenhof

2 p.m. Award presentation for contest „fanciest Jack O'Lantern" – category children | Stiftskirche (church)

3 p.m. Halloween parade for children Start Stiftsplatz – End: Schillerplatz

4.30 p.m. Award presentation for contest „most original costume" – category children | Schillerplatz

7 p.m. Halloween Parade | Start: Barbarossa Straße/ Eisenbahnstraße – End: Stiftsplatz

approx. 10 p.m. Award presentation for contests: • "most original costume" – category adults • "most amazing float" | Stiftsplatz

Halloween contests:
for adults (registration required):
A) most amazing float (great prizes! 1st: 3.000€, 2nd: 1.500€, 3rd 750€)
B) most original costume (great prizes! 1st: 500€, 2nd: 350€, 3rd: 200€)
for children (participation in pumpkin carving/children-parade required)
A) fanciest Jack O'Lantern – pumpkin
(great prizes! savings account with 100€, 75€ or 50€)
B) most original costume (great prizes! savings account with 200€, 100€ or 75€)
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Transformer Bike $ 20. Kids Scott Bike $ 50. Car Seat in very good shape from Concord $ 50. Call Tony at 0631-3104442 or 017655000654.

Triple dresser with huge mirror. Solid oak, great condition. 70"L x 17"W x 32"H (excluding mirror). Ratcliffe32224@yahoo.com or 0162-772-6581.

very old french radio with turn table on top. Not working. 100 euros call (33)387042855

very rare "oeil de boeuf" French clock, good condition, working. 300 euros call (33)387042855

White Ikea Hensvik bookcase; size 2.5ft x 3ft x 1ft. Beautiful lacquered wood with scallop trim on top and front. $30/OBO amysmolinski@yahoo.com

Winter tires: 4x185/65R15 88T, MS Dunlop Winter Sport 3D, steel rims 6Jx15 H2, 5 mm, hole size 5x120, used on BMW 3-ser., 165$ OBO. Call 0170 5766 735

WWI german backpack cow's fur. Name of soldier on the back. Very good condition. 80 euros call (33)387042855

Winter tires: 4x205/55-R16 91H, M+S Sportiva Snow Win, steel rims 6JX16H2, hole size 5x112, new, used 3 weeks on Audi A6, 465$ OBO. Call 0170 5766735.

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Your ad can be seen by readers in other key locations (Wiesbaden, Baumholder, Stuttgart, and Geilenkirchen).

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Our pick-up and return service is free of charge for you. This applies to most of the clothing items which are issued by the CIF. You will find an exact list in our TCP /Quartermaster Laundry or in the internet under www.lhd-online.de/usarmy.
2 QUICK
You do not have to wait long. With our 72-hour service you have clean and fresh clothing for every assignment.
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67661 Kaiserslautern
TEL: 0631/3506027
FAX: 0631/3506195
Hours of business:
Monday – Friday
09:00 – 17:00
Service Personnel: Franziska McFarland, Swen Bell
WWW.LHD-ONLINE.DE/USARMY

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There have been reports of pets being sold from breeding facilities that are not managed at the highest professional standards. Please choose your pet carefully. Make sure you check the credentials of the people selling the pet, and get proper paperwork showing shots and/or other proof of healthy condition. For further advice, consult your Veterinarian.

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10 month old English Bulldog L/F a good home. Chipped, vax up to date For details call 0171-382-6767 or 0171-476-3009 E-mail: urworshipgal@yahoo.com

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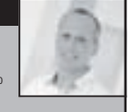

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WANTED

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